

Fox Valley Wave **Swim Team**

PO Box 221, Neenah, WI 54957 www.foxvallevwave.org



Important Dates

October 16 Parent Board Meeting 6:00 pm- Virtual

October 3, 17, 31 Script Order Due

October 10. 24 Script Pick Up

Fall Swim Meets

Oct. 14-16

Greater Milwaukee Open @ Walter Schroeder Aquatics Center - Experienced Swimmers ONLY

Oct. 15-16

Ashwaubenon Spooky Splash Spectacular @ Ashwaubenon Community Pool - Appropriate for ALL *swimmers*

Nov. 5-6

HSSB Fall Meet @ Lineville Intermediate School -Appropriate for ALL *swimmers*

Nov. 18-20 OSHY Champions Meet @ Oshkosh YMCA -Appropriate for ALL *swimmers*

Nov. 18-20

Western Great Lakes Open (WGLO) @ Walter Schroeder - Qualifying **Times REQUIRED**

Splashfest Swim Meet



As mentioned in previous correspondence the date of our Home Meet Splashfest has changed from January to December 17 and 18, 2022.

Volunteer Sign-up Opportunities are already available. Our Volunteer signup is LIVE! Don't wait! Sign-up quickly to help make our last meet of 2022 a success!

The Fox Valley Wave thrives due to the combined efforts of our coaches and parent volunteers to deliver on our team mission; therefore, it is essential that each family volunteers their time before and during home swim meets. Each family is expected to volunteer for a minimum of 2 slots at our home swim meet to be held in December 2022.

If you know you are unable to volunteer at the meet, opportunities to serve on the meet planning committee are available NOW. Please contact Angie Borchardt, at communications@foxvalleywave.org if you are interested in being on the Splashfest Committee. You will be required to track your time and have a board member verify your hours. If you cannot or will not volunteer, you will be charged a \$200 fee, invoiced to your account following the last meet volunteer opportunity.

Raffle Baskets We will be putting together raffle baskets for Splashfest to raffle off at the meet. This is not only a fundraiser for the club but a really fun part of the Meet for the kids. We will be collecting monetary donations via PayPal or Venmo **ONLY** again this year. More information to come.

Sponsorships We are looking for meet sponsors! If you or someone you know owns or runs a business and is interested in sponsoring our Splashfest swim meet please feel free to reach out to Mary Vande Slunt at maryvandeslunt@gmail.com or Angie Borchardt at communications@foxvalleywave.org with their contact information.

CLICK HERE to view our sponsorship levels.

SwimStrongDryland

We have expanded our Dryland program to our Gold and Silver swimmers, and it's been great! For families there is a lot of information on the *nutrition tab* of the swimstrongdryland.com website. *Use* password: EvezOnParis for valuable information for your athletes. Check it out!





October Birthdays

10/1 - Ava Weber

10/2 - Chloe Keideth

10/6 - Katelyn Lohse

10/9 - Saanvi Srinivas

10/11 – Ana Flanagan

10/14 – Julia Wenzel and Suzanna Munson

10/15 – Abigail Brandfon and Clara Farell

10/22 - Sophia Swanson

10/23 - Abigail LeMere

10/24 - Abbie Gremban

10/26 - Naomi Cortina



New Gold Coach



We are happy to announce that we have hired a GOLD coach!

Carolina Artacho (pronounced Carol-ena) started this week, and we are excited to have her on deck! Please find an introduction from Carolina below and **be sure to say Hello to her if you see her at the pool.**

Carolina Artacho, Gold Coach

Hello, my name is Carolina Artacho. I'm from Sao Paulo, Brazil. I started swimming when I was 4 years old and competing when I was 6 years old.

During my life as a swimmer, I was a championship medalist from the state of Sao Paulo, the southeastern region of Brazil, Nationals, and South America. My main events were 400 IM, 200 Butterfly, 200 Breastroke and 200 IM. I became a professional swimmer when I was 16 years old, and when I was 18, years old I received a scholarship to swim at Northern Michigan University, where I was on the team for 4 years.

During college, I coached for the Wildcat Aquatics Club, I was the Head Coach at the NMU Youth Clinic. I also taught swim lessons and private lessons.

Swimming has been part of my life since I can remember, and it makes me happy to keep this sport in my life as a coach. I'm thankful for the opportunity to be part of the WAVE team!

Education Corner

Welcome new and returning Wave families! Thank you to those of you who attended our **New Swim Parent Meeting**. If you were unable to attend, are a family completely new to the sport of swimming or you have questions about swim meets, swim apparel, equipment, anything swimming related you can reach out to our Education Coordinator Katie Loken katie.loken@gmail.com or Communications Coordinator Angie Borchardt communications@foxvalleywave.org to set up a time to meet.



Team Photos

Team photos will be on Monday, November 7, 2022, at **APPLETON NORTH HIGH SCHOOL Pool.** Photos will **begin at 6:00 pm**. Small group photos will be offered only to those who are willing to purchase them. Please wear a team suitor a solid black suit. Ordering information will be available that evening and posted on the team website once the photos are ready for viewing.



Facebook Parent Group





Have you joined the Wave Facebook Group yet? If you haven't, please check out *Fox Valley Wave Parents Group* and request to be added. This group is great for *receiving information*, *publishing information*, *asking questions to other Wave parents*, and *selling old WAVE items*! Yes, that's right, if you have any gently used WAVE apparel, or equipment, please feel free to post it for sale or donation in this Facebook group!

Fundraising Fee



Fees and money raised from our swim meets do not cover all our budgetary requirements. For this reason, we require all swimmers to participate in fundraising. *Fundraising requirements for Fall/Winter 2022-2023 will be \$75 per swimmer.* These fees will be billed to each swimmer's account on November 1, 2022. Participating in the Scrip program is a way to help offset the fundraising fee. Please CLICK HERE for instructions on how to participate in Scrip.

Check Out the New Website!

Check out our **NEW** website! Same Content. New Look!

Our Elsmore Team Store is now *LIVE* on our website. <u>Click Here</u> to view all the new apparel, equipment and so much more! All orders over \$69 ship free and *ALL* purchases made through the *Team Page* earn a *5% credit for the club*!

Coming Soon! An Eagle Graphics Order for Wave t-shirts, sweatshirts, etc. More to come soon!

Swim Meet Reminders

As the meet season begins, here are a few reminders for swimmers and parents:

Swimmers

- Don't forget your swimsuit, Wave cap and goggles
- Pool decks can be hot, cold, or anywhere in between. Bring a parka, bathrobe, or a warm-up in case you need it between events
- Bring a full water bottle!
- Eat healthy meals as you prepare. A good combination of carbs and protein with snacks of veggies, pretzels etc. will keep you ready to compete
- Long meets tend to have down time. Bring a blanket to set-up a home base in the gym/warming area with friends. Games and cards help pass the time (but don't lose track of the time and miss your event!)

MayFly Sponsors

Thank you to our 2022 Mayfly sponsors. We appreciate your continued support of the youth of the Fox Valley Wave Swim team!















