



August 2022 Transition

Optional for Gold and Senior Practice Groups
\$50 for the week

☐ **Aug 8th – 11th (\$50)**

Monday, Aug 8th: App North @ 8:30-10am
Wednesday, Aug 10th: App North @ 8:30-10am
Thursday, Aug 11th: App North @ 8:30-10am

☐ **Aug 15th – 18th (\$50)**

Monday, Aug 15th: App North @ 8:30-10am
Wednesday, Aug 17th: App North @ 8:30-10am
Thursday, Aug 18th: App North @ 8:30-10am

☐ **Aug 22nd – 25th (\$50)**

Monday, Aug 22nd: App North @ 8:30-10am
Wednesday, Aug 24th: App North @ 8:30-10am
Thursday, Aug 25th: App North @ 8:30-10am

☐ **Aug 29th – 31st (\$50)**

Monday, Aug 29th: App North @ 8:30 – 10am
Tuesday, Aug 30th: App North @ 8:30 – 10am
Wednesday, Aug 31st: App North @ 8:30 – 10am

Must pay in full week increments Swimmers may attend a single week, multiple weeks as your schedule allows, or all of the weeks
Attendance will be taken and you will be billed according to which weeks you attended.