



FALL/WINTER SESSION 2025/26



- This is a tentative schedule and may be subject to change. Tuesday will overlap with highschool swim meets and will move around.
- Group levels are determined on a number of attributes. Contact coaches with any questions.
- All swimmers are encouraged to attend as many practices as possible throughout the season.
- If you have any questions about the schedule please reach out to the head coach

Email: headcoach@foxvalleywave.org

FALL/WINTER TENTATIVE SCHEDULE

Fall/Winter	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TSUNAMIS	6:00pm - 8:00pm Neenah MS	6:00pm - 8:00pm Appleton North	6:00pm - 8:00pm Neenah MS	6:00pm - 8:00pm Appleton North	6:00pm - 8:00pm Appleton North	6:00am - 8:00am Appleton North
TIDALNAMIS	6:00pm - 7:45pm Neenah MS	6:00pm - 8:00pm Appleton North	6:00pm - 7:45pm Neenah MS	6:00pm - 8:00pm Appleton North	6:00pm - 7:45pm Appleton North	6:00am - 8:00am Appleton North
TIDALWAVES	6:00pm - 7:30pm Appleton North	6:00pm - 7:45pm Neenah MS	6:00pm - 7:30pm Appleton North	6:00pm - 7:45pm Neenah MS	6:00pm - 7:45pm Neenah MS	6:00am - 8:00am Appleton North
BREAKERS	6:00pm - 7:30pm Appleton North	6:00pm - 7:30pm Appleton West	6:00pm - 7:30pm Appleton West	-	6:00pm - 7:30pm Appleton West	10:00am - 11:30am Appleton North
SWELLS (A)	6:00pm - 6:45pm Neenah MS	-	6:00pm - 6:45pm Appleton West	6:00pm - 6:45pm Neenah MS	-	10:00am - 10:45am Appleton North
SWELLS (B)	6:45pm - 7:30pm Neenah MS	-	6:45pm - 7:30pm Appleton West	6:45pm - 7:30pm Neenah MS	-	10:45am - 11:30am Appleton North
DRYLAND TW	4:30pm - 5:30pm Weight Room	-	4:30pm - 5:30pm Weight Room	-	-	-
DRYLAND T & TN	-	4:30pm - 5:30pm Weight Room	-	4:30pm - 5:30pm Weight Room	-	8:30am - 9:30am Weight Room

POOL &/OR TIME CHANGES [FALL ONLY]			
TSUNAMIS & TIDALNAMIS	TIDALWAVES	BREAKERS	SWELLS
9/9	9/23	9/9	11/1
9/12	10/7	9/12	11/27
9/16	10/21	9/23	12/6
9/23	11/1	10/14	12/24 - 12/27
9/30	11/7	10/31	
10/21	11/27	11/1	
11/1	12/6	11/27	
11/27	12/24 - 12/27	12/6	
12/6		12/24 - 12/27	
12/24 - 12/27			