



PO Box 221, Neenah, WI 54957
www.foxvalleywave.org

NEWSLETTER

NOVEMBER 2025 ISSUE

Upcoming Meets

November 7-9

HSSB Fall Meet

Howard Suamico Community Pool

Registration deadline 10/26

November 21-23

Champions Meet Oshy

Oshkosh YMCA

Registration deadline 11/10

November 21-23

WGLO Fall Invite

Walter Schroeder Aquatic Center

Registration deadline 11/10

Qualifying Times

December 6-7

Fox Valley Wave Splashfest

Appleton North High School

Registration deadline 11/26

This is our home meet. All swimmers are strongly encouraged to attend!

December 13-14

Single Age Sprint Championships

Racine Aquatic Center

Registration deadline 12/03

Qualifying Times

For our full meet schedule, including January meets and state champs dates, see our website or view on the app.



SPLASHFEST 2025



It's time to start thinking about Splashfest! Our winter home meet will take place December 6-7, and all Wave swimmers should plan to attend! It's going to be a ton of fun, and a great chance for families to get to know each other better.

Volunteers & Sponsorships

As a reminder, all families are required to fulfill two volunteer spots, even if your swimmer can't participate in the meet. Jobs like bringing food and helping with set-up are great for those who would prefer not to work during the meet. If none of those work for your family, you can help on the meet sponsorship committee by contacting sponsorships@foxvalleywave.org.

We will send an email and post on our social media when jobs and meet entries open. For now, please save the date!

If you or your business are interested in becoming a meet sponsor, please contact Melanie at sponsorships@foxvalleywave.org.

Gear Sale

This year during Splashfest, we're hosting a used swim gear sale! This is a great chance to clear out those closets and donate all your swim stuff that isn't being used anymore. Then, come shop the sale in the commons at Splashfest and grab some new-to-you items.

When & Where to Donate:

Look for the donation bins on deck at all **Appleton North practices**. Coaches will collect the bins, so just drop in your items from now through November 26th.

What to Donate:

Swimsuits, tech suits, fins, bags, crocs/slides, caps, goggles, training gear, parkas, Wave apparel and other swim gear. *Please make sure all gear is clean and in good usable condition with no rips, holes or large stains. Unsold items will be donated directly after the sale.*



[Join the FV Wave Parent Group on Facebook!](#)



Coach's Notes

Hello team, what a great start to the 2025/26 season!

We have just finished our first swim meet of the season and coaches were really impressed with what we saw. We've gotten a lot of compliments from other teams and families about how good our team is doing so thank you all for being a part of that!

I will be doing these updates in the newsletters each month to provide information about the season and how the team is progressing. I'll include a summary and highlights from each group's lead coach, and we will have some fun with it.

For my first "Coach's Notes" entry, I just want to thank everyone—swimmers and parents—for being a part of this team. All the volunteering, the car pooling, the participation, and the sacrifices from our awesome parents allow our swimmers to be able to achieve the goals they have set for themselves. We have a fantastic pool of swimmers in all our groups that make us coaches want to go to work everyday. That is something really special and I look forward to what is to come in the future.

Personalized Caps: Personalized caps are here! If you ordered one, please ask your coaches for it.

Team Caps: Team caps are available from coach Ruthe, Coach Scott, or Coach Ryan on the pool deck. If interested in getting a team cap please reach out to coaches on the pool deck.

Senior Caps: Senior caps will be available at Saturday practice (Nov 1st) for \$15 each. We will limit it to one per swimmer until all swimmers have had an opportunity to get one, then we will open up to buying additional caps.

Please feel free to reach out to me with any questions or comments!

Thanks,
- Ryan :-)

Carpool Directory

New! If you would like to carpool with other swim families, please enter your information into the directory [HERE](#). You can then use the directory to connect with other families.

Social Corner

The Wave will once again be volunteering as a team for the Fox Cities Festival of Lights! This is a fun, festive opportunity for our families to get together and spread some holiday cheer.

Our volunteer dates are 11/16 and 12/26. Please watch your email for more info and a sign-up link. See you there!

SAVE THE DATE

Splashfest
December
6th and 7th





FV Wave Parent Board Elections

It's time to vote for three key board positions and we need one person per family to cast your ballot.

After a call for nominations, our board accepted the following candidates at the October meeting: Matt Barnes is seeking election for board president, Lori Klister is seeking re-election as treasurer and Meghan Gremban is running for secretary.

Matt is currently serving as board president and previously served as vice president and secretary. He has two daughters on the team.

Lori has been board treasurer for two years and has been part of the Wave team since 2021. She has three swimmers on the team.

Meghan has been team admin for the past two years. She has been a part of the Wave for many years and has three kids on the team.

Matt, Lori and Meghan are running unopposed and their nominations have been approved by the board. Please take a moment to vote for them, or select your own write-in candidate.

You should have received an email with a link to vote. If you did not, please email gold@foxvalleywave.org.

More Board News

Additionally, we'd like to announce that Kerry Brygger recently joined the Wave board as our education coordinator. In this role, she'll help new parents navigate our team. Welcome Kerry! And a huge thank-you to Kristen Brazzale, who served our team in this role for the last year.

We are also seeking a fundraising coordinator to arrange our annual team raffle, fundraising nights at restaurants and spearhead new fundraising initiatives. We're also looking to form a small team of parents to split up these tasks. If interested in either the coordinator or a team member role, contact president@foxvalleywave.org. And thank you so much to Eric Hanson for all his great work in this role.

Team Apparel

You can order directly through our team website on Elsmore and have your orders shipped directly to your house any time of year!

[Shop the WAVE team store now!](#)

Raise Right

Join our Raise Right program now and earn money for your Wave account AND our team. Go to raiseright.com "join an existing program" and enter our team code: **L2L64A4D224L8** then follow the on-screen directions. Done!

This super simple app helps you earn money that can be used towards swim fees just by buying gift cards to places you already shop.

Help Wanted

We are in need of a concessions lead to run the concessions at our home meets (MayFly and Splashfest). This is a very important role and we'd love to have someone start as soon as possible! No experience necessary! Please contact Scott if you're interested in this volunteer opportunity admin@foxvalleywave.org.

We are also in need of a coordinator for our Raise Right program. The time commitment is around 2-5 hours per month and training will be provided. This is a very important money-saving program for our families! Contact sponsorships@foxvalleywave.org for more info.





Team Birthdays

11/02

Ella Bonnet

11/02

Ethan Balensiefen

11/05

William Klister

11/06

Luisa Wich

11/09

Evan Gabbey

11/13

Aeryn Weber

11/17

Madeline Loken

11/30

Kira Thomas



Connect With Us



Safe Sport Requirements for Parents & Athletes



We're on our way to becoming a SafeSport certified team!! We need parents and teen athletes to complete the training ASAP.

Parents

34%

Athletes (13-17)

35%

Parents and athletes should click on the links below to complete this task on or before November 1st. It takes approx. 20-25 minutes and works best on a computer (not phone).

[Instructions for Youth Athletes](#) (ages 13-17)

[Instructions for Parents](#)



Officials Needed

In order to run our meets, we need officials and YOU can help! The Wave will cover your certification fees and provide volunteer credit for the hours you work at meets. Please reach out to president@foxvalleywave.org for more info. You can also read more about becoming an official [here](#).

Reminders

- [Check the website WEEKLY](#) for updates on practice schedules. This is especially important during high school swim seasons.
- We need to exit the pool areas quickly after practice due to rental agreement times. Please take conversations with other parents and coaches to common areas or outside. You can also email your child's coach with any questions or issues.

Sign Up for Text Messages

The fastest way to hear about cancelled practices, location changes or other announcements is to sign up to receive texts.

[CLICK HERE.](#)