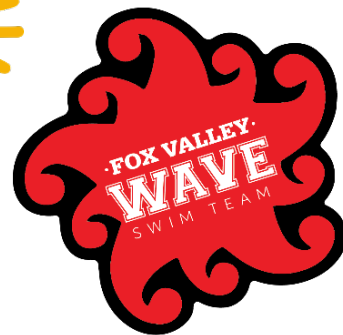


# Fox Valley Wave Swim Team

PO Box 221, Neenah, WI 54957  
[www.foxvalleywave.org](http://www.foxvalleywave.org)



## Important Dates



**May 21**  
Parent Board Meeting 6:00  
to 7:15pm- Virtual

## May Swim Meets

**May 5-6** - Fox Valley Wave  
Mayfly Swim Meet @  
Appleton North; *good for*  
*ALL swimmers*

**May 13-14** – Schroeder  
Sprint/Distance @ Walter  
Schroeder Aquatic Center;  
*qualifying times required*

**May 19-20** – ASC Spring  
Meet @ Ashwaubenon  
Community Pool; *good for*  
*ALL swimmers*

## Mayfly Reminders

Reminder, our Home Swim Meet the Mayfly is  
being held **THIS Friday, May 5, and Saturday,  
May 6, 2023.**

The volunteer sign-up is **CLOSED** if you have a  
conflict or haven't signed up already, please reach  
out to **Angie Borchardt** at  
[communications@foxvalleywave.org](mailto:communications@foxvalleywave.org)



The Wave thrives due to the combined efforts of our coaches and parent  
volunteers to deliver on our team mission: therefore, it is essential that each  
family volunteers their time before and during home swim meets. ***Each  
family is expected to volunteer for a minimum of 2 slots at our home  
swim meets.***

If you cannot volunteer, you will be charged a \$200 fee, invoiced to your  
account following the meet.

### Heat Sheets

We will send out an email when the Heat Sheets are available via the  
website later this week. Watch your email for lots of Mayfly updates!



### Swim Caps

Fox Valley Wave swim caps **MUST** be worn by all members of the team  
when representing the Wave at swim meets. Coaches will carry spare caps  
to Meets. Swimmers not comfortable in caps do not have to wear them.  
***Please no other swim team caps at Meets and/or practices.***

## Spring Fundraising



The required Spring fundraising amount is \$25 per swimmer. This was  
billed to each swimmer's account on May 1, 2023. Wave families can help  
offset these fees through Scrip, if you chose.



## May Birthdays

5/1 – Ben Frase

5/2 – Chloe Allen

5/5 – Natalie Marske

5/6 – Sydney Josephson

5/7 – Marilyn  
Zimmerman

5/12 – Ritu Sundvor

5/16 – Daniel Lewis

5/19 – Briggs Bjork

5/23 – Carl Nichols

5/26 – Annika Gonzalez  
and Alaina Williams

5/27 – Molly Scherer

# New Swimmer Information



**Welcome new swimmers!** We are so very excited to have you and your families as part of our team. Here is some general information, if you ever have any questions, please reach out to any board members or team parents, we are all happy to help you, and it is a great way to get to know other swim parents.

- Parents are welcome to stay during practice; however, please stay on the bleachers or in the entrance area. **Parents are not allowed on deck.**
- Swimmers should be ready to go at the start of practice. Please remember all equipment and bring a water bottle to each practice. Our equipment list(s) are located on our website under the **Practice Info** tab.
- Please pick up your swimmers from practice **no more than 10 minutes after** the end of practice. This should give your swimmer plenty of time to get changed and ready to go home.
- If you have any questions about practice or your swimmer's performance, please wait until after practice to talk to the coach or set up a time to meet.

Follow our Facebook page, and Instagram account, and join our private Facebook group called **Fox Valley Wave Parents Group**.

## Where to get your news?



**The team website** should always be your first stop to locate information.

Other ways to find out what is happening at the Wave are listed below:

- ✓ **Newsletters** – The newsletter comes out around the first of every month and is emailed and posted to the website and Facebook parent page.
- ✓ **Emails** – We try to limit the number of emails we send out but **please read** what is sent out as it is usually very important information.
- ✓ **Facebook** – We have a team Facebook page as well as a **“Fox Valley Wave Parents Group”**. The parent page is a closed group; simply ask to join and you will be approved.
- ✓ **Text Messages** – The fastest way to hear about cancelled practices is to sign up to receive text messages from the team. For instructions on how to sign up, check out the [CLICK HERE](#)



## Education Corner

Thank you to everyone who attended the Swim Meet 101 meeting(s) held in April. If you missed them or have further questions please reach out to **Katie Loken, Education Coordinator**, [education@foxvalleywave.org](mailto:education@foxvalleywave.org)



## Thank you, Mayfly Sponsors!



## SAFE SPORT Parent Course Instructions

If you have not had the chance to complete the Safe Sport Online Course, please try to **complete the course ASAP**. USA Swimming is requiring **ALL** swim families to take the Safe Sport Online Course called **"Parents Guide to Misconduct in Sport"** through the USA Swimming Website.

[CLICK HERE](#) for instructions on how to find the course on the website. Please note, this online course takes about an hour, so give yourself some time. Again, it is **Mandatory** per USA Swimming.

Thank you so much for your help with this!



## Deck Coaches NEEDED!

If you know anyone or are interested in coaching swim yourself, please reach out to Coach Ryan at [headcoach@foxvalleywave.org](mailto:headcoach@foxvalleywave.org) for more information.



## Summer Season

Thank you everyone for what is shaping up to be a great Spring Season. Now to look ahead to the Summer Season, [CLICK HERE](#) to see the Summer Schedule. [CLICK HERE](#) to see the Summer Fee schedule.

The first day of practice will be **Monday, June 5, 2023** and the season will go to **Thursday, July 20, 2023** for Wavelets (Bronze 1), Swells (Bronze 2), and Breakers (Silver) groups and **Wednesday, July 26, 2023** for Tidal waves (Gold) and Tsunamis. And Tropical Storms (Senior) will be determined based on Junior National Qualifiers.

**Registration Opens Tuesday, May 9, 2023**

**May 9, 2023, to May 14, 2023** – All current Spring Active swimmers

**May 15, 2023**, registration opens to all Previous Active swimmers

**May 22, 2023**, registration opens to waitlisted swimmers

**\*\*Please note, we are getting very close to capacity, if your swimmer does not swim Summer season, they will not have first chance at registration in the Fall/Winter season.**

