

SPRING SESSION 2023

Practice Schedule: April 10th - June 2nd, 2023

- This is a general schedule; Please check the calendar for each specific group each week for any changes that may occur.
- We may make changes to times due to school days off, changing highschool practice times, ect.
- Practices scheduled at "Appleton East or West" are dependent on pool availability. We will make the specific pool known before the start of the session.
- Dryland practices will be updated as these are organized.

* Any questions; please reach out to the head coach or lead age group coach [\[CONTACT US\]](#)

SPRING 2023	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIDAL WAVES (SENIOR GROUP)	4:15pm - 6:15pm Neenah	4:15pm - 6:15pm Appleton North	4:15pm - 6:15pm Appleton North	4:15pm - 6:15pm Appleton North	4:15pm - 5:45pm Appleton North	8:00am - 10:00am Neenah
TSUNAMIS (GOLD GROUP)	5:30pm - 7:00pm Appleton West or East	6:00pm - 7:30pm Appleton North	6:00pm - 7:30pm Appleton North	6:00-7:30pm Appleton North	5:30pm - 7:00pm Neenah	8:00am - 10:00am Neenah
BREAKERS (SILVER GROUP)	5:30pm - 7:00pm Appleton North	No Practice	5:30pm - 7:00pm Neenah	5:30pm - 7:00pm Appleton West or East	5:45pm - 7:15pm Appleton North	No Practice
WAVELETS (BRONZE 1)	5:30pm - 6:15pm Neenah	5:30pm - 6:15pm Neenah	No Practice	5:30pm - 6:15pm Neenah	No Practice	No Practice
SWELLS (BRONZE 2)	6:15pm - 7:15pm Neenah	5:30pm - 6:45pm Neenah	No Practice	5:30pm - 6:45pm Neenah	No Practice	No Practice

