

Changes to the Wavelets and Swells groups for Fall 2025

We have changed the roster group structure going forward. All current Wavelets are ready for Swells and going forward we will not have a Wavelets roster group.



All current Wavelets swimmers will be Swells starting with the Fall/Winter 2025 season. If you are receiving this information your swimmer will be in Swells. If you feel like this is a mistake and they should be in a different roster group please contact Coach Ryan at headcoach@foxvalleywave.org.

What are the benefits for my swimmer:

- The Swells group is limited to 24 swimmers total. More one on one instruction for your swimmer!
- Swells practice locations will rotate, this will allow them to see all the different coaches and if siblings are also on the team there may be overlap depending on the practices you choose.
- There will be a total of EIGHT (8) 45 minute practices each week to choose from. More flexibility!
- Decreasing the number of practice groups for our team will allow for easier scheduling.

What practices will my swimmer attend?

On the master schedule you will notice Swells A and Swells B. As a Swells swimmer your swimmer can attend a combination of A and B practices. "A" means first practice of that day and "B" means it is the second practice for the Swells group offered that day.

How do I sign my swimmer up for practices:

- Each swimmer will be allowed to attend up to a maximum of FOUR (4) practices per week.
- A Google Form sign up will be sent out each week.
- Each "A" and "B" practice will be capped at 12 swimmers.
- The sign up will be handled as a first come first serve basis.
- If you know you are unable to make a practice you signed up for then please "un-sign up" to open a spot for another swimmer.
- After you fill out the Google Form you should receive an email copy of your commitment.

The Fox Valley Wave Parent Board and Coaches have worked together to make this change. As with any new process we may make changes during the season to improve the process. There will be a learning curve for everyone so please be patient!

Thank you!

Coach Ryan and Fox Valley Wave Coaches