



WELCOME TO THE WAVE!

Welcome to Fox Valley WAVE Swim Team! This document is intended to help you learn how to navigate through our website, help you know who to ask when questions arise and teach you about what it means to be a part of the Wave family.

WHAT'S DIFFERENT ABOUT WAVE?

Fox Valley Wave Swim Team is a competitive swimming program that is affiliated with USA Swimming.

We are focusing on promoting lifelong fitness and safety while also developing the skills of competitive swimming allowing each athlete the best chance to reach their full potential in and out of the water.

When a swimmer becomes a member of the Fox Valley Wave Swim Team, They will learn the values of sportsmanship and teamwork while developing their leadership skills. Swimming with Fox Valley Wave provides physical, emotional and intellectual skills which will last a lifetime.

Our mission is to establish a culture of excellence, which provides each swimmer the opportunity to achieve their highest personal goals in swimming and life.

ATHLETE ATTENDANCE & PARTICIPATION:

- Attendance and participation is the base ingredient for success. In order for our athletes to benefit from all that we have to offer, we have recommended attendance for each of our groups. These can be found [HERE](#).
- Competitions are a great way to build confidence, comradery, and help coaches evaluate the level of ability of athletes. At a minimum, all athletes are expected to swim at our home meets (MayFly in May and Splashfest in February).

PARENT VOLUNTEERING & PARTICIPATION:

- Parent volunteers are a crucial part of a team's success. We offer many different opportunities for volunteering.
- We host two swim meets (MayFly in May & Splashfest in February). All families are required to volunteer whether their swimmer participates, either by helping during the meet or by bringing supplies for the meet. These home events are very important to the Wave's operating budget. They are the biggest source of team revenue besides member fees.

IMPORTANT COMPETITIVE INFORMATION

SWIM SEASON:

The Wave's swim year has two swim seasons which mirror the Wisconsin USA Swimming schedule.

- 1) Fall & Winter: This is our short course season which runs from September to the end of March. Meets in this season are held in a 25 yard pool (similar to our practice pools).
- 2) Spring/Summer: This is our long course season which runs from April through to the end of August. Meets in this season are held in 50 meter pools (Olympic size, like Appleton's Erb pool).

LOCAL MEETS & CHAMPIONSHIP MEETS:

- Swim meets are available all through the year. Each swim meet will have a different level of ability based on the time of the year. Meets posted on our website will have a description of the level of ability needed in order to enter. These can be from beginner swimmers to qualifying championships meets.
 - 1) Most meets within an hour of the Fox Valley area are labeled as "developmental meets", meaning any swimmer can swim, regardless of ability. These meets are a great way for your swimmer to try out swim meets.
 - 2) As your child progresses in the sport of swimming, there are other "qualification" meets, which only allow swimmers with a specific time to swim at the meet.
- Emails will be sent out telling you about deadlines and information for signing up for meets. You must click "attend/decline" to sign up for a meet.

COST & PAYMENT:

The fees for being a part of the Wave are listed on our website under “Practice Information”. Fees are made per group based on expenses to run the session, such as coaches, pooltime and equipment usage.

Swimmers and their families are billed monthly for any swim meets or apparel purchased through the WAVE. You will receive an invoice and will be directed to pay using our website. All payments must be made by credit or debit card.

WAYS TO HELP THE CLUB:

- 1) Utilize our corporate sponsors: Speedo, Elsmore Swimming and Amazon smile to purchase equipment.
- 2) Purchase Scrip cards from the Wave. 50% of all of your proceeds go toward your WAVE fees and 50% go to our team. Scrip cards can be used to purchase nearly everything, from hotels to groceries. Information about Scrip cards can be found [HERE](#).
- 3) Fox Valley WAVE Swim Team is currently accepting corporate donations. Some local employers offer monetary donations when their employees volunteer a certain number of hours. Other local employers might be interested in sponsoring the WAVE or its swim meets. Please contact any Board member for more information about sponsorships and corporate donations.

QUESTIONS & SUGGESTION:

If you have any questions or suggestions or concerns, please feel free to contact us.

The “*Contact Us*” is a direct line to the WAVE president, head coach and lead age group coach. Our coaches and board members are professional and quick to respond with any questions. You can find our “*Contact Us*” page [HERE](#).