



Locker Room Policy

1. Prohibition of Recording Devices

- Signs must be posted at all locker room and changing area entrances stating that the use of recording devices, including cell phones, is strictly prohibited.
- Any violation of this rule will result in disciplinary action consistent with USA Swimming rules.

2. Safe Use of Facilities

- Swimmers should not spend extended periods of time in locker rooms before, during, or after practice.
- Coaches must monitor swimmer use of locker rooms and investigate unusual absences without neglecting their responsibilities to swimmers in the pool.
- If locker room monitoring is not feasible, swimmers should be instructed to arrive dressed to swim and depart without changing into street clothes. Parents must be informed of this procedure.

3. Limiting Access

- Locker room access should be restricted to swimmers whenever possible.
- Parents needing to assist their children should be directed to family locker rooms or other bathrooms, if available.
- If no alternate facilities exist, parents uncomfortable with unsupervised locker room use should ensure their children arrive dressed to swim.
- Clubs must make appropriate accommodations for swimmers with documented medical or physical disabilities, ensuring both their safety and the privacy of other swimmers.
- If locker rooms are shared with the public or facility members during practice, coaches and clubs must coordinate with facility management to establish monitoring procedures.
- When locker rooms serve as the only bathroom facilities, they must be monitored more frequently to prevent loitering or inappropriate behavior.

4. Monitoring Procedures

- Adult monitors should not be stationed inside locker rooms while swimmers are present.
- Instead, periodic walk-throughs or sweeps must be conducted to:
 - Ensure no inappropriate or unsafe behavior is occurring.
 - Confirm only authorized individuals are present.
 - Check for prohibited use of cameras or recording devices.
 - Discourage swimmers from “hanging out” in locker rooms.
- Coaches must not neglect poolside responsibilities to monitor locker rooms. Clubs and facility staff should share monitoring duties.
- Daily walk-throughs before, after, and between practices are strongly recommended.
- When swimmers are present, sweeps should be conducted by **two same-gender adults**. These adults must be:
 - USA Swimming members, or
 - At least one USA Swimming member with the second affiliated with the team or facility (preferably subject to background checks), or
 - If only one adult of each gender is available, that adult must be a USA Swimming member (e.g., meet directors, chaperones, coaches, officials).

5. Enforcement

- Violations of this policy will result in disciplinary action, which may include warnings, suspension of locker room privileges, or further measures as determined by club management and USA Swimming guidelines.