

Green Bay Swim Club SubZERO 2026
January 9-11, 2026 Green Bay Southwest High School 25 yds
Session Report

Session: 1 Friday PM Session

Day of Meet: 1 Starts at 06:35 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	1 Girls 400 Freestyle Relay	06:35 PM	_____
Finals	2 Boys 400 Freestyle Relay	06:42 PM	_____
Finals	3 Girls 12 & Under 400 Freestyle Relay	06:42 PM	_____
Finals	4 Boys 12 & Under 400 Freestyle Relay	06:48 PM	_____
Finals	5 Girls 8 & Under 100 IM	06:54 PM	_____
Finals	6 Boys 8 & Under 100 IM	06:56 PM	_____
Finals	7 Girls 12 & Under 200 IM	06:58 PM	_____
Finals	8 Boys 12 & Under 200 IM	07:08 PM	_____
Finals	9 Girls 400 IM	07:16 PM	_____
Finals	10 Boys 400 IM	07:36 PM	_____
Finals	11 Girls 8 & Under 100 Freestyle	07:36 PM	_____
Finals	12 Boys 8 & Under 100 Freestyle	07:39 PM	_____
Finals	13 Girls 12 & Under 200 Freestyle	07:41 PM	_____
Finals	14 Boys 12 & Under 200 Freestyle	07:50 PM	_____
	Break: 10 Minutes: 10 Minute in Water Break		
Finals	15 Girls 500 Freestyle	08:07 PM	_____
Finals	16 Boys 500 Freestyle	08:37 PM	_____
	Swimmers Counts for Warm-ups: 78		
	Finish Time	08:51 PM	_____

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Session Report

Session: 2 Saturday AM Session

Day of Meet: 2 Starts at 08:05 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	17 Girls 200 Medley Relay	08:05 AM	_____
Finals	18 Boys 200 Medley Relay	08:14 AM	_____
Finals	19 Girls 8 & Under 100 Medley Relay	08:18 AM	_____
Finals	20 Boys 8 & Under 100 Medley Relay	08:21 AM	_____
Finals	21 Girls 100 Freestyle	08:23 AM	_____
Finals	22 Boys 100 Freestyle	08:39 AM	_____
Finals	23 Girls 8 & Under 50 Freestyle	08:47 AM	_____
Finals	24 Boys 8 & Under 50 Freestyle	08:52 AM	_____
Finals	25 Girls 200 Backstroke	08:56 AM	_____
Finals	26 Boys 200 Backstroke	09:07 AM	_____
Finals	27 Girls 8 & Under 25 Backstroke	09:14 AM	_____
Finals	28 Boys 8 & Under 25 Backstroke	09:18 AM	_____
Finals	29 Girls 100 Breaststroke	09:21 AM	_____
Finals	30 Boys 100 Breaststroke	09:36 AM	_____
Finals	31 Girls 8 & Under 50 Breaststroke	09:47 AM	_____
Finals	32 Boys 8 & Under 50 Breaststroke	09:48 AM	_____
Finals	33 Girls 200 Butterfly	09:50 AM	_____
Finals	34 Boys 200 Butterfly	09:57 AM	_____
Finals	35 Girls 8 & Under 25 Butterfly	10:00 AM	_____
Finals	36 Boys 8 & Under 25 Butterfly	10:02 AM	_____
Finals	37 Girls 50 Freestyle	10:03 AM	_____
Finals	38 Boys 50 Freestyle	10:13 AM	_____
	Break: 15 Minutes: 15 Minute in Water Break		
Finals	39 Girls 1000 Freestyle	10:34 AM	_____
Finals	40 Boys 1000 Freestyle	11:15 AM	_____
	Swimmers Counts for Warm-ups: 142		
	Finish Time	11:31 AM	_____

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Session: 3 Saturday PM Session

Day of Meet: 2 Starts at 12:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	41 Girls 11-12 200 Medley Relay	12:45 PM	_____
Finals	42 Boys 11-12 200 Medley Relay	12:50 PM	_____
Finals	43 Girls 10 & Under 200 Medley Relay	12:53 PM	_____
Finals	44 Boys 10 & Under 200 Medley Relay	12:58 PM	_____
Finals	45 Girls 11-12 100 Freestyle	01:01 PM	_____
Finals	46 Boys 11-12 100 Freestyle	01:08 PM	_____
Finals	47 Girls 10 & Under 100 Freestyle	01:14 PM	_____
Finals	48 Boys 10 & Under 100 Freestyle	01:20 PM	_____
Finals	49 Girls 11-12 200 Backstroke	01:25 PM	_____
Finals	50 Boys 11-12 200 Backstroke	01:28 PM	_____
Finals	51 Girls 10 & Under 50 Backstroke	01:32 PM	_____
Finals	52 Boys 10 & Under 50 Backstroke	01:40 PM	_____
Finals	53 Girls 11-12 100 Breaststroke	01:45 PM	_____
Finals	54 Boys 11-12 100 Breaststroke	01:50 PM	_____
Finals	55 Girls 10 & Under 100 Breaststroke	01:54 PM	_____
Finals	56 Boys 10 & Under 100 Breaststroke	02:00 PM	_____
Finals	57 Girls 11-12 100 Butterfly	02:02 PM	_____
Finals	58 Boys 11-12 100 Butterfly	02:04 PM	_____
Finals	59 Girls 10 & Under 50 Butterfly	02:07 PM	_____
Finals	60 Boys 10 & Under 50 Butterfly	02:10 PM	_____
Finals	61 Girls 11-12 100 IM	02:13 PM	_____
Finals	62 Boys 11-12 100 IM	02:19 PM	_____
Finals	63 Girls 10 & Under 100 IM	02:23 PM	_____
Finals	64 Boys 10 & Under 100 IM	02:28 PM	_____
Finals	65 Girls 11-12 50 Backstroke	02:33 PM	_____
Finals	66 Boys 11-12 50 Backstroke	02:38 PM	_____
	Swimmers Counts for Warm-ups: 88		
	Finish Time	02:41 PM	_____

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Session: 4 Sunday AM Session

Day of Meet: 3 Starts at 08:05 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	67 Girls 200 Freestyle Relay	08:05 AM	_____
Finals	68 Boys 200 Freestyle Relay	08:11 AM	_____
Finals	69 Girls 8 & Under 100 Freestyle Relay	08:13 AM	_____
Finals	70 Boys 8 & Under 100 Freestyle Relay	08:15 AM	_____
Finals	71 Girls 200 Freestyle	08:15 AM	_____
Finals	72 Boys 200 Freestyle	08:34 AM	_____
Finals	73 Girls 8 & Under 25 Freestyle	08:42 AM	_____
Finals	74 Boys 8 & Under 25 Freestyle	08:45 AM	_____
Finals	75 Girls 100 Backstroke	08:46 AM	_____
Finals	76 Boys 100 Backstroke	08:57 AM	_____
Finals	77 Girls 8 & Under 50 Backstroke	09:06 AM	_____
Finals	78 Boys 8 & Under 50 Backstroke	09:11 AM	_____
Finals	79 Girls 100 Butterfly	09:13 AM	_____
Finals	80 Boys 100 Butterfly	09:21 AM	_____
Finals	81 Girls 8 & Under 50 Butterfly	09:27 AM	_____
Finals	82 Boys 8 & Under 50 Butterfly	09:28 AM	_____
Finals	83 Girls 200 Breaststroke	09:28 AM	_____
Finals	84 Boys 200 Breaststroke	09:44 AM	_____
Finals	85 Girls 8 & Under 25 Breaststroke	09:56 AM	_____
Finals	86 Boys 8 & Under 25 Breaststroke	10:00 AM	_____
Finals	87 Girls 100 IM	10:01 AM	_____
Finals	88 Boys 100 IM	10:17 AM	_____
	Swimmers Counts for Warm-ups: 119		
	Finish Time	10:24 AM	_____

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Session: 5 Sunday PM Session

Day of Meet: 3 Starts at 11:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	89 Girls 11-12 200 Freestyle Relay	11:30 AM	_____
Finals	90 Boys 11-12 200 Freestyle Relay	11:34 AM	_____
Finals	91 Girls 10 & Under 200 Freestyle Relay	11:37 AM	_____
Finals	92 Boys 10 & Under 200 Freestyle Relay	11:40 AM	_____
Finals	93 Girls 11-12 50 Freestyle	11:43 AM	_____
Finals	94 Boys 11-12 50 Freestyle	11:49 AM	_____
Finals	95 Girls 10 & Under 50 Freestyle	11:54 AM	_____
Finals	96 Boys 10 & Under 50 Freestyle	11:59 AM	_____
Finals	97 Girls 11-12 100 Backstroke	12:03 PM	_____
Finals	98 Boys 11-12 100 Backstroke	12:05 PM	_____
Finals	99 Girls 10 & Under 100 Backstroke	12:11 PM	_____
Finals	100 Boys 10 & Under 100 Backstroke	12:19 PM	_____
Finals	101 Girls 11-12 200 Breaststroke	12:24 PM	_____
Finals	102 Boys 11-12 200 Breaststroke	12:28 PM	_____
Finals	103 Girls 10 & Under 50 Breaststroke	12:32 PM	_____
Finals	104 Boys 10 & Under 50 Breaststroke	12:38 PM	_____
Finals	105 Girls 11-12 50 Butterfly	12:44 PM	_____
Finals	106 Boys 11-12 50 Butterfly	12:49 PM	_____
Finals	107 Girls 10 & Under 100 Butterfly	12:52 PM	_____
Finals	108 Boys 10 & Under 100 Butterfly	12:54 PM	_____
Finals	109 Girls 11-12 50 Breaststroke	12:55 PM	_____
Finals	110 Boys 11-12 50 Breaststroke	01:01 PM	_____
	Swimmers Counts for Warm-ups: 91		
	Finish Time	01:05 PM	_____