



2024 GREEN BAY YMCA “Tittletown Freeze”

Date:	Friday, Saturday & Sunday, January 19 - 21, 2024
Sponsored By:	The Green Bay YMCA
Location:	Ashwaubenon Community Pool 2391 S. Ridge Road Green Bay, WI 54304
Team Unify web site	www.teamunify.com/wigbymca See site for all info for meet. Under GBY Hosted Meets Tab
Eligibility & Rules:	Closed YMCA Meet - YMCA teams only/USA Technical Rules. Age as of January 19, 2024.
Meet Referee(s):	TBA
Age Division:	8&under, 9-10, 10&under, 11-12, 12&under, 13-14, 14&under and Open. Distance events on Friday night. Split Session Saturday and Sunday.
Entry Information:	A swimmer may enter as many individual and relays events for the meet as they like. Individual Entry fees are \$7.00 each. Relays are \$14.00 each. All swimmer s entered in the meet will pay a \$8.00 facility surcharge. Checks should be made payable to <u>THE GREEN BAY YMCA</u>. Please hand entry fee & waiver to Kayla Wiltzius at coaches meeting Friday PM. E-mail entry file. E-mail an entry file and entry list of your entries to kayla.wiltzius@greenbayymca.org Entries are due Monday, Noon, January 15, 2024; updates through Wednesday Noon, January 17, 2024. THE MEET WILL BE LIMITED TO THE FIRST (600) SWIMMERS. Deck entries are at the discretion of the Meet Director. Late entries will be at the cost of \$10.00 per Individual event; \$15.00 for relays. All newly entered swimmers will also pay the \$8.00 facility surcharge.
Scratches:	This meet will be pre-seeded. Swimmers report directly to blocks. Do not show up if you wish to be scratched.
Facility:	Eight (8) lanes, 25 yd., back stroke flags, non-turbulence lane dividers, Paragon starting platforms (30' above water level). Diving into 12 feet of water; shallow end is 4 feet deep. Colorado System 6 Electronic timing, full matrix full color LED scoreboard. Two Dolphin Wireless back-up watches per lane. Separate 3 lane warm-down area (warm-water pool).
Meet Director:	Kayla Wiltzius (920) 436-9624

Schedule:	Friday: Warm-ups 4:30-5:25pm (no warm-up assignments) Coaches Meeting 5:25pm Meet starts at 5:30pm Saturday:& Sunday AM Warm-ups 7:00-7:50am Meet starts at 7:55am PM Warm-ups TBA Meet Starts at TBA
Warm-up Procedure:	Warm-ups and meet time-line will be issued on Wednesday, January 17. Absolutely no diving (Sit and Slide/3 Point entries only) during warm-up; except during sprints when supervised by a coach. Coach must supervise their team warm-up at all times.
Awards:	Individual & Relay Awards 1st-16 th place. Medals 1-3 place. Special multi-layer ribbons 4th-8 th Place. Heat winner awards will be given. Awards will be bagged and given to coaches at the conclusion of the meet. No awards will be mailed.
Admission:	Free. No Charge (if you print your own heat sheet)! Heat sheets will be posted on our website for all teams to print their own. We will have a very limited amount of heat sheets available for sale at \$5.00.
Final Results:	Final results, MM back-up, and results file will be posted on our website following the conclusion of the meet on Sunday.
Food & Refreshments:	Food and refreshments will be sold in the upper balcony. All food and drink must be consumed in the appropriate area. This will be strictly enforced. ABSOLUTELY No food or drink allowed on Pool decks or locker rooms!
Miscellaneous:	Limited lockers are available. Swimmers are responsible for their own belongings. The Green Bay YMCA and Village of Ashwaubenon assume no responsibility for lost articles.
Coaches Notes:	There is not a rest area. All swimmers should find space on the pool deck in bleachers and open areas. Swimmers should not have their bags in the bleacher space. We ask that all swimmers please stay in assigned areas. No meet participants are allowed in the other areas except for the designated swim meet areas. We also ask that swimmers not loiter in the locker rooms and showers. Flyover Starts will be used. ("Safer Starts" – Wisconsin Y Rule) All swimmers in water will move to a corner of the lane and not distract the swimmer on the block while the next heat starts over them. This does not include backstroke races. Only Coaches, swimmers and meet workers are allowed on the pool deck. Spectators can view the meet from the spectator seating areas. All Teams should refer to our website for psych sheet, session report & entry list on (Monday PM). Final entry lists, session

report, warm-up assignments, & heat sheets will be posted (Wednesday before 3:30pm). Any other information regarding the meet will be on the website only.

Please note that many events will be seeded and swam together but awarded separately.

Safe Sport:

Pursuant to Wisconsin Swimming, Inc. mandate, all applicable adults participating or associated with respective meet to which this information applies, acknowledge that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand the compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

**GREEN BAY YMCA
235 N. JEFFERSON STREET
GREEN BAY, WISCONSIN 54301-5126
(920) 436-9624**

GREEN BAY YMCA "Tidetown Freeze" MEET ENTRY SUMMARY

This form must be completed and returned with hard copy and entry fees

Team_____

Coaches attending meet:

Entry Fee Summary

# of swimmers (Facility Surcharge)_____	x \$8.00=_____
# of individual events _____	x \$7.00=_____
# of relays _____	x \$14.00 =_____

Total Entry Fee = \$_____

NAME & e-mail address OF PERSON RESPONSIBLE FOR THESE ENTRIES:

WAIVER:

In consideration of your accepting this entry, I, intending to be legally bound, hereby for myself, successors, and assigns, release, waive and forever discharge the Green Bay YMCA and their officers, agents, employees, members and anyone in any way connected with the Green Bay YMCA and the Ashwaubenon Community Pool and their officers, agents, employees, members and anyone in any way connected with the Ashwaubenon Community Pool from any and all liabilities, claims, demands, actions, or causes of actions of whatever kind of character arising out of or in connection with said event.

Signed this _____ day of _____ month, _____ year

Signature of Coach or Club

Official_____

Green Bay YMCA "Tittletown Freeze" Order of Events

Friday PM Session

1	8&under 100 Freestyle	2
3	12&under 200 Freestyle**	4
5	Open 500 Free*	6
7	8&under 100 IM	8
9	12&under 200 IM**	10
11	Open 400 IM*	12

Saturday AM Session

13	9-10 200 Medley Relay	14
15	11-12 200 Medley Relay	16
17	9-10 100 Breaststroke	18
19	11-12 100 Breaststroke	20
21	9-10 50 Freestyle	22
23	11-12 50 Freestyle	24
25	9-10 100 IM	26
27	11-12 100 IM	28
29	9-10 50 Butterfly	30
31	11-12 50 Butterfly	32
33	9-10 100 Backstroke	34
35	11-12 100 Backstroke	36

Saturday PM Session

37	8&under 100 Medley Relay	38
39	13-14 200 Medley Relay	40
41	Open 200 Medley Relay	42
43	8&under 50 Breaststroke	44
45	Open 200 Breaststroke***	46
47	8&under 25 Freestyle	48
49	Open 50 Freestyle***	50
51	Open 200 IM***	52
53	8&under 25 Butterfly	54
55	Open 100 Butterfly***	56
57	8&under 50 Backstroke	58
59	Open 200 Backstroke***	60

Sunday AM Session

61	9-10 200 Free Relay	62
63	11-12 200 Free Relay	64
65	9-10 50 Breaststroke	66
67	11-12 50 Breaststroke	68
69	9-10 100 Freestyle	70
71	11-12 100 Freestyle	72
73	9-10 50 Backstroke	74
75	11-12 50 Backstroke	76
77	9-10 100 Butterfly	78
79	11-12 100 Butterfly	80

Sunday PM Session

81	8&under 100 Free Relay	82
83	13-14 200 Free Relay	84
85	Open 200 Free Relay	86
87	8&under 25 Breaststroke	88
89	Open 100 Breaststroke***	90
91	8&under 50 Freestyle	92
93	Open 100 Freestyle***	94
95	8&under 25 Backstroke	96
97	Open 100 Backstroke***	98
99	8&under 50 Butterfly	100
101	Open 200 Butterfly***	102
103	Open 200 Free***	104

****Scored as 11-12, & 10-under**

***Scored as 15-over, 13-14 & 12-under**

*****Scored as 15-over, 14-under**