

PX3 Swim Team Coach Code of Conduct

Coaches are vital to the development of young athletes. Whether on deck or helping out as a volunteer, Coaches must set a positive example. Coaches, and adults involved in youth sports, should be models of good sportsmanship and lead by example on and off the playing field.

I will be a leader and role model for all swimmers.

I will respect fellow coaches and teammates.

I am aware that I am always a representative of the team, coaching staff, and community.

I will always demonstrate good sportsmanship.

I will work to strengthen our team's sense of community.

While Coaching Practice, I will:

- Refrain from chatty conversations between coaches
- Not use my cell phone for anything other than PX3 business
- Arrive at pool for practice at least 10 minutes before my scheduled shift to help prepare deck and swimmers for practice (i.e. lane lines, flags, tables, timing system, assisting with child's caps/goggles)
- Coach in a positive manner and not use derogatory comments or abusive language
- Understand that poor behavior will not be tolerated (as a swimmer OR coach)
- Always maintain a professional separation between coach and swimmer
- Treat every athlete fairly, justly, impartially, intelligently and with sensitivity
- Always place the well being, health and safety of swimmers above all other considerations, including developing performance
- Be an active coach, engaging and monitoring my swimmers
- Demonstrate enthusiasm, poise, and composure
- Demonstrate appropriate appearance/dress

At Meets, I will:

- Arrive at pool for meets at least 30 minutes prior to scheduled swimmer arrival time to assist with set up and swimmer arrival/check-in
- Provide guidance and support to younger swimmers behind blocks prior to their races
- Make sure our team area is clean after meets
- Encourage cheering and comradery amongst team for all age groups
- Respect officials and their judgment and abide by the rules of the event
- Treat opposing coaches, participants and spectators with respect

I understand that PX3 coaches will be scheduled based on availability and work ethic/engagement with swimmers on deck.