

2024 WI 13&O State Warm-Up Assignments

Warm-ups are three (3)- 20 minute sessions, concluding with 5 minutes of clear water.

Warm-up starts at 7:30 AM / Finals Warm-up starts 65 minutes before the start of the session Thurs - Sunday with no lane assignments.

THURSDAY

	1	2	3	4	5	6	7	8	9	10
WU #1 7:30a - 7:55a	EBSC	EBSC	EBSC	Px3	MAC / ASC	MSS/GYD	WYNS/J-HK	OZ	OZ / VAST	DFAC / OCSC / FCY / FSC
WU #2 7:55a - 8:20a	SSTY	SSTY	SSTY	SSTY	RA	RA / SPDY	BAC	HSSB	WAVE	LAXY / OSHY / YCV /GYB / NBSC
WU #3 8:20a - 8:45a	WEST	WEST	WEST	SHOR	SWAT	STRM	MKE / UN	LAKE	LAKE / SEA	NLAC / WAT / WAUN / WACY /WBSC

FRIDAY

	1	2	3	4	5	6	7	8	9	10
WU #1 7:00a - 7:30a	SSTY	SSTY	SSTY	RA	RA / SPDY	BAC	HSSB	WAVE	WAVE / NBSC	LAXY / OSHY / YCV /GYB
WU #2 7:30a - 8:00a	WEST	WEST	SHOR	SWAT	STRM	MKE / SEA	WYNS / UN	LAKE	LAKE	NLAC / WAT / WAUN / WACY /WBSC
WU #3 8:00a - 8:30a	EBSC	EBSC	Px3	MAC	MSS / ASC	OZ	OZ	VAST	VAST / GYD	DFAC / OCSC / FCY / J-HK

SATURDAY

	1	2	3	4	5	6	7	8	9	10
WU #1 7:00a - 7:30a	WEST	WEST	WEST	SHOR	SWAT	STRM / MKE	LAKE	LAKE	SEA / WBSC	NLAC / WAT / WAUN / WACY / UN
WU #2 7:30a - 8:00a	EBSC	EBSC	Px3	MAC / GYD	MSS / ASC	OZ	OZ	VAST	WYNS / SPDY	DFAC / OCSC / FCY / J-HK
WU #3 8:00a - 8:30a	SSTY	SSTY	SSTY	SSTY	RA	RA	BAC	WAVE	HSSB	LAXY / OSHY / YCV / NBSC

SUNDAY

	1	2	3	4	5	6	7	8	9	10
WU #1 7:00a - 7:30a	EBSC	EBSC	Px3	MAC	MSS / GYD	WYNS / ASC	OZ	OZ / VAST	VAST	DFAC / OCSC / FCY / FSC / J-HK
WU #2 7:30a - 8:00a	SSTY	SSTY	SSTY	RA	RA	BAC / SPDY	BAC	HSSB	WAVE	LAXY / OSHY / YCV / NBSC
WU #3 8:00a - 8:30a	WEST	WEST	WEST	SHOR	SWAT	STRM / WBSC	MKE / UN / SEA	LAKE	LAKE	NLAC / WAT / WAUN / WACY