

2024 MAC Short Course Midwest Invitational
January 5-7, 2024
WI Sanction # WI 2024-022S

This event is held under the Sanction of USA Swimming and Wisconsin Swimming Inc. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location: Waukesha South High School
401 E Roberta Ave, Waukesha, WI 53186

Entry Chair: Janis Katz, 414-640-2762 email: macentrychair@gmail.com

Meet Director: Shane Ryan, 608-217-7081 email: coachshaneryan@gmail.com

Officials: Meet Referee - Greg Thain, 608-233-3891 email: greg.thain@gmail.com
Administrative Official – Janis Katz, 414-640-2762 email: janiskatz@gmail.com

Facility: Eight lane, 25 yard pool. Backstroke wedges are available. Pool depth is 13' at the start and 5'10" at the bulkhead (turn end). Blocks are 30" high. The meet host will ensure the required course dimensions.

Rules: Official 2024 USA Swimming and WI LSC rules shall prevail at this meet.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. A registered athlete member at a sanctioned/approved meet who is 18 years of age or older, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

Eligibility: All swimmers must be currently registered with USA Swimming. Swimmer's age as of January 5, 2024 shall determine their age group for the meet.

Meet Entry: Entry deadline is December 19, 2024. This meet will be run using Hytek Meet Manager.

Entries must be in Hy-tek format and be emailed with a pdf hard copy Entry Report to Janis Katz at: macentrychair@gmail.com

Entry Fees: \$12.00 per individual event.

\$4.00 WI LSC Splash fee per individual swimmer entered in the meet
\$20.00 Surcharge per individual swimmer entered in the meet

Mail or hand carry to the meet a waiver and check, payable to Madison Aquatic Club.
Mailing address: Janis Katz-MAC, 5423 S 46th St, Greenfield, WI 53220

Entry Limit: Participation is limited to a maximum two (2) events on Friday and three (3) events on Saturday and Sunday with a maximum of eight (8) events for the meet.

Disabled Swimmers: Teams are encouraged to inform Meet Director and Officials of any special needs swimmers prior to the start of warmups.

Schedule: Fri Distance- Warm-ups: 4:00-5:00pm Meet Start: 5:05pm
Sat & Sun AM 13&O Prelims- Warm-ups: 8:00-9:00am Meet Start: 9:05am
Sat & Sun 12&U Session- Warm-ups: At conclusion of AM Prelims
Sat & Sun 11&O Finals- Warm-ups: 4:30-5:30pm Meet Start: 5:35pm
NOTE: Finals warmup and start times are estimated and will be confirmed after entries close

Format: Friday is a mix of 12&Under and Open Timed Final events and will be swum fastest to slowest. The 1650 Freestyle will alternate genders. Saturday and Sunday AM sessions will be 13 & Over prelims with finals in PM. Saturday and Sunday afternoon sessions will be timed finals for 10&U and 11-12 200 yd events and prelims for 11-12 50 & 100 yd events with finals of these (50's & 100's) swum in PM finals.

Scratch deadlines:

Noon on Friday, January 5th for Friday distance and Saturday AM and afternoon sessions

Noon on Saturday, January 6th for Sunday AM and afternoon sessions.

Finals will consist of:

11-12 and 13-14 year olds girls and boys, and 15&Over girls, will have a consolation and championship final; 15&O boys will have a championship final.

Finals: Athletes must scratch or declare their intent to scratch within 30 minutes of the announcement of preliminary results if they do not intend to race in the finals. There is no penalty for failure to swim in finals.

Entries may be limited by meet management on Friday to stay within a reasonable timeline as well as the other sessions to adhere to the four (4) hour session rule. Breaks may be added/adjusted, heats may be combined, and additional events may be positive check-in at the discretion of meet management.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Further, those participants not proficient with a backstroke ledge must start each race from within the water, and without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Warm-up procedures will be in effect. Feet first three-point entry from the starting end during general warm-ups will be enforced unless performing one way starts. Warmup lanes will be available during the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Entries: The entry fee for deck entries will be \$15.00 per individual event. Deck entries will be allowed at the discretion of the Meet Director and only to fill open lanes if the timeline permits. Additional heats will not be added. Deck entries close 30 minutes prior to the start of the session. Deck registrations will not be accepted.

Coaches: Coaches' Packets will be available outside of the pool office at the admin table. Please be prepared to show your USA Swimming Coach's Card at the time of picking up your packet. Coach cards must be visible at all times on deck.

- Timing:** Each team with swimmers in the meet may be asked to provide timers. Swimmers in the 1650 Free must provide their own timer and counter.
- Awards:** Ribbons for 1st – 16th place ages 12 and under
1st – 3rd place Individual High Point for 10&U, 11-12, 13-14 and 15&O
SCORING: INDIVIDUAL EVENTS 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
- Admission:** Heat sheets will be available on our website and Meet Mobile. Admission is included in the athlete entry fee.
- Concessions:** Food and beverages will be available on the premises. No food or beverages are allowed in the pool area.
- Conduct:** Each team is responsible for the conduct of its swimmers. In compliance with the Video Prevention Act, the use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, restrooms or locker rooms.
- Except where the venue facility requires otherwise, changing in or out of swimsuits other than in locker rooms and other designated areas is not appropriate and prohibited. Deck changes are prohibited.
- Meet Marshals shall have the authority to remove any swimmer/s from the meet for any violation such as improper behavior, damage to property, etc. Such teams are responsible financially for damage of property. Please make sure your team's area on deck and rest area is picked up at the end of each session.
- Limited seating for spectators with disabilities can be provided. Notify the Meet Director prior to the meet if assistance is needed.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.
- First Aid:** Injuries must be reported to the Lifeguard and to the Meet Director. A first aid kit will be located at the Lifeguard station.
- Lost & Found:** An area for lost and found will be located by the desk near the bleachers. Items not picked up by meet end will be donated.
- Meet Results:** Results will be posted on our website within the meet landing page, the Wisconsin Swimming website and emailed to participating teams.

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Order of Events

Session 1: Friday Distance		
Girls	Events	Boys
1	12 & Under 200 IM *	2
3	Open 500 Freestyle	4
5	12 & Under 200 Freestyle *	6
7	Open 400 IM	8
9	Open 1650 Freestyle	10

Session 2: Saturday AM 13&O Prelims			Session 5: Sunday AM 13&O Prelims		
Girls	Event	Boys	Girls	Event	Boys
11	13 & Over 100 Freestyle	12	45	13 & Over 50 Freestyle	46
13	13 & Over 200 Breaststroke	14	47	13 & Over 200 Backstroke	48
15	13 & Over 100 Backstroke	16	49	13 & Over 100 Breaststroke	50
17	13 & Over 200 Individual Medley	18	51	13 & Over 200 Freestyle	52
19	13 & Over 200 Butterfly	20	53	13 & Over 100 Butterfly	54

Session 3: Saturday Afternoon 12&U *			Session 6: Sunday Afternoon 12&U *		
Girls	Event	Boys	Girls	Event	Boys
21	11-12 50 Butterfly	22	55	11-12 50 Freestyle	56
23	10 & U 50 Butterfly	24	57	10 & U 50 Freestyle	58
25	11-12 100 Freestyle	26	59	11-12 200 Backstroke	60
27	10 & U 100 Freestyle	28	61	10 & U 200 Backstroke	62
29	11-12 200 Breaststroke	30	63	11-12 100 Breaststroke	64
31	10 & U 200 Breaststroke	32	65	10 & U 100 Breaststroke	66
33	11-12 100 Backstroke	34	67	11-12 100 IM	68
35	10 & U 100 Backstroke	36	69	10 & U 100 IM	70
37	11-12 50 Breaststroke	38	71	11-12 50 Backstroke	72
39	10 & U 50 Breaststroke	40	73	10 & U 50 Backstroke	74
41	11-12 200 Butterfly	42	75	11-12 100 Butterfly	76
43	10 & U 200 Butterfly	44	77	10 & U 100 Butterfly	78

Session 4: Saturday PM 11&O Finals			Session 7: Sunday PM 11&O Finals		
	Event			Event	
25	11-12 100 Freestyle	26	55	11-12 50 Freestyle	56
11a	13-14 100 Freestyle	12a	45a	13-14 50 Freestyle	46a
11b	15&O 100 Freestyle	12b	45b	15&O 50 Freestyle	46b
37	11-12 50 Breaststroke	38	71	11-12 50 Backstroke	72
13a	13-14 200 Breaststroke	14a	47a	13-14 200 Backstroke	48a
13b	15&O 200 Breaststroke	14b	47b	15&O 200 Backstroke	48b
33	11-12 100 Backstroke	34	63	11-12 100 Breaststroke	64
15a	13-14 100 Backstroke	16a	49a	13-14 100 Breaststroke	50a
15b	15&O 100 Backstroke	16b	49b	15&O 100 Breaststroke	40b
17a	13-14 200 IM	18a	67	11-12 100 IM	68
17b	15&O 200 IM	18b	51a	13-14 200 Freestyle	52a
21	11-12 50 Butterfly	22	51b	15&O 200 Freestyle	52b
19a	13-14 200 Butterfly	20a	75	11-12 100 Butterfly	74
19b	15&O 200 Butterfly	20b	53a	13-14 100 Butterfly	54a
			53b	15&O 100 Butterfly	54b

All 11-12 50 & 100s are Prelim/Finals. 11-12 events 200 or longer are timed finals.

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WAIVER

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., the Madison Aquatic Club, Waukesha South High School, and their staffs, for injuries and/or expenses occurred by me/us at the meet, or while on road to and from the meet. I/we are bonafide amateur athletes and eligible to compete in all the events I/we have entered.

Team Name _____ Team Abbreviation _____

Signature of Team Representative _____ Title _____

Entry Chair Name _____

Contact Information

E-mail: _____

Phone: _____

List all coaches attending:

Coaches _____ phone _____ email _____

Coaches _____ phone _____ email _____

Coaches _____ phone _____ email _____

Signature requirement must be waived or your entry risks not being accepted.

Entry Fees

Entry Fee Recap –

Total No. of Individual Events in Meet _____ x \$12.00 = \$ _____

Less: Reservation Deposit (_____)

Number of Swimmers Entered in Meet _____ X \$4.00 (WI LSC Splash Fee) = \$ _____

Number of Swimmers Entered in Meet _____ X \$20.00 (Facility Fee) = \$ _____

Total Balance Due = \$ _____

Make checks payable to "Madison Aquatic Club"

Check # _____

Mail or hand carry to meet waiver and check.

Mailing address: Janis Katz, 5423 S 46th St, Greenfield, WI 53220

Entry file must be emailed to Janis Katz at macentrychair@gmail.com