

2024 MAC SC Midwest Invitational Warm-up Assignments

Waukesha South High School January 5-7, 2024

Friday Distance Warm-up- 4:00-5:00pm; Meet Start 5:05pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
4:00-4:20pm	MAC	MAC	MAC	MAC	MAC	RA	RA	RA
4:20-4:40pm	WEST	WEST	WEST	WEST	WEST	PX3	PX3	MSS/HSSB
4:40-5:00pm	WYNS	WYNS	DCST	DCST	SCST	SCST	WAVE	GBSC/ DFAC

Saturday AM - 13&O Prelims Warm-up 8:00-9:00am; Meet Start 9:05am

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
8:00-8:20am	MAC	MAC	MAC	MAC	WEST	WEST	WEST	WEST
8:20-8:40am	RA	RA	RA	WYNS	WYNS	WYNS	WAVE	WAVE
8:40-9:00am	PX3	PX3	PX3/DCST	DCST	DFAC	MSS	SCST	HSSB/GBSC

Saturday Afternoon - 12&U Mixed Prelim/Timed Finals Estimated Warm-up 12:00-1:00pm; Meet Start 1:05pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
12:00-12:20pm	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC/HSSB
12:20-12:40pm	WEST	WEST	WEST	WEST	SCST	SCST	SCST	RA
12:40-1:00pm	MSS	MSS	DCST	DCST/DFAC	WAVE	WAVE	WYNS	PX3/GBSC

Saturday Warm-up EST 4:30-5:30pm; Meet Start EST 5:35pm

Finals Events - All 13&O and 11-12 50's & 100's

Warm-up/ Cool Down Lanes Are Available Throughout the Meet

2024 MAC SC Midwest Invitational Warm-up Assignments

Waukesha South High School January 5-7, 2024

Sunday AM - 13&O Prelims Warm-up 8:00-9:00am; Meet Start 9:05am

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
8:00-8:20am	MAC	MAC	MAC	MAC	WEST	WEST	WEST	WEST
8:20-8:40am	RA	RA	RA	WYNS	WYNS	WYNS	WAVE	WAVE
8:40-9:00am	PX3	PX3	PX3/DCST	DCST	DFAC	MSS	SCST	HSSB/GBCS

Sunday Afternoon - 12&U Mixed Prelim/Timed Finals Estimated Warm-up 11:45am-12:45pm; Meet Start 12:50pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
11:45am-12:05pm	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC/HSSB
12:05-12:25pm	WEST	WEST	WEST	WEST	SCST	SCST	SCST	RA
12:25-12:45pm	MSS	MSS	DCST	DCST/DFAC	WAVE	WAVE	WYNS	PX3/GBSC

Sunday Finals Warm-up EST 4:30-5:30pm; Meet Start EST 5:35pm

Finals Events - All 13&O and 11-12 50's & 100's

Warm-up/ Cool Down Lanes Are Available Throughout the Meet