

ROCKET AQUATICS – Speedo Sprint Cup Challenge

SANCTION NUMBER **WI2026-0105S**

Saturday January 24th, 2026

Held under the sanction of USA Swimming. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

LOCATION: Germantown High School
W180N11501 River Lane
Germantown, Wisconsin 53022

SPONSOR/ Rocket Aquatics

**FACILITY
SUPPORT** Germantown School District

FACILITY: 25 yard pool with 8 lanes, non-turbulence lane markers and backstroke flags. Pool depth: 4'0" at non-starting end and 12' at starting end. 30" slanted starting blocks into 12' pool depth and Colorado automatic timing system. Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of all 100-Yard relays will start in the water. The meet host will ensure the required course dimensions.

MEET DIRECTOR: Matt Kopp Email: RocketAquaticsSwimMeets@gmail.com

ENTRY CHAIR: Matt Kopp **E-mail entries to:** RocketAquaticsSwimMeets@gmail.com
C: 414-870-4029

Reservations mailed to: Scott Mueller
8010 W. Donges Bay Rd.
Mequon, WI 53097

TIMELINE: Saturday AM Session: Warm-ups 8:00 a.m. Meet Starts: 9:05 a.m.
Saturday PM Session: Warm-ups begin no later than 30 minutes after the conclusion of AM Session and Meet will start no later than 1 hour and 15 minutes after warmups begin.

At the discretion of the host team, sessions may change based on entry demand.

Event breaks will be added at host teams discretion.

TIMING: Events will be timed and judged by Colorado automatic timing system and judging equipment. Colorado horn starting system. One back-up timers per lane will be provided.
25s will start from the starting block side, finishing on the shallow side where the average time of two manual watches will be used to determine final time and places.

ENTRIES: **EACH SWIMMER WILL BE LIMITED TO FIVE (5) INDIVIDUAL EVENTS AND ONE (1) RELAY ENTRY.** Swimmer's age as of January 24th, 2026 will determine his/her age group. **Deck entries will not be accepted.** Committed teams will be allowed to update the entry file past entry deadline with host teams discretion.

ROCKET AQUATICS – Speedo Sprint Cup Challenge

SANCTION NUMBER **WI2026-0105S**

Saturday January 24th, 2026

- ENTRY DEADLINE:** Completed individual, waiver and fees must be received no later than **January 16th, 2026**. All entries should be submitted either on the enclosed entry form or on a Hy-tek Team Manager file. Submit all seed times in yard cutoff times. Be sure to indicate any UNATTACHED swimmers. **Hytek entries will be accepted and are preferred.** Please include a hard copy with all file entries.
- ENTRY FEES:** \$6.00 per individual event, \$16.00 per relay team, \$3.00 Facility Fee per swimmer, admission fee of \$10.00 admission fee per athlete, and \$4.00 splash fee per swimmer. Entry fees must accompany entry forms. Recap statement must be complete and the waiver form signed. Fees are non-Refundable.
- WARM-UPS:** Circle swimming only, except in designated lanes and times. All entry to pools during open warm-up cool down periods shall be feet first entry from the start end. No snorkels, kickboards or other training devices are allowed during warm-ups. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment.
- There will be (2) 25 minute warm up sessions and 10 minute general sprint and starts. And 5 minutes of dead water time.
- Warm ups will be assigned by the host team. Warm up assignments will be posted to the host team meet page.
- Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualification.
- SEEDING:** All age groups will be pre-seeded.
- ELIGIBILITY:** Swimmers must be current USA Swimming members, in good standing, and the USA numbers must appear on the entry form/disk. Out of state entrants must bring their USA swimming cards and be prepared to show them to Meet Director. Swimmers wishing to deck enter must have their current USA Swimming ID card available.
- AWARDS:** Individual Events Medals 1st-3rd, Ribbons 4th-16th; Overall Team trophy 1st-3rd
- High Point Awards 1st-3rd by age groups 8&U, 9-10, 11-12, 13-14 for individual event scores. High Point awards will be presented to the individual winners at the conclusion of the meet. All ribbons will be bagged and available for pick-up at the end of the meet. No awards will be mailed.
- Top 16 places score as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. All relays are doubled.
- ADMISSION:** Admission fee of \$10.00 per athlete, included with meet entry fees. Limited paper heat sheets will be sold at admissions. Free heat sheets via websites(www.WisconsinSwimming.org and www.teamunify.com/wimfsc) or MeetMobile.
- COACHES PACKETS:** Coaches may pick up their packets in the pool office. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA Swimming coaches card at the time you pick up your team packet. Coach's cards must be visible at all times on deck.

ROCKET AQUATICS – Speedo Sprint Cup Challenge

SANCTION NUMBER **WI2026-0105S**

Saturday January 24th, 2026

OFFICIAL RULES: Current USA-SWIMMING AND Wisconsin Swimming Rules shall govern this meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Further, those participants not proficient with a backstroke ledge must start each race from within the water, and without use of the backstroke ledge. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All Coaches MUST be USA Swimming registered as of the date of the meet. Please have all coaches check in with meet management in the office. If a coach does not have a current USA Swimming registration – they CAN NOT be present on the pool deck. If no spectators are allowed during the meet – these unregistered coaches will also NOT be allowed in the spectator stands.

OFFICIALS: Meet Referee: Lori Bruss; loribruss1@gmail.com
Asst Meet Ref: Katie Wilke; wilke522@yahoo.com
Administrative Official: Jin Pack; jdt2ho@hotmail.com

DISABLED SWIMMERS: Athletes shall present an [accommodation/modification form](#) to the Meet Director or Meet Referee to assist with any athlete requests.

FOOD: **No** food or coolers will be allowed in pool area.

CONDUCT: All teams will be responsible for the conduct of their own swimmers. The Meet Marshall and Meet Director shall have authority to disqualify swimmers for misconduct. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical

ROCKET AQUATICS – Speedo Sprint Cup Challenge

SANCTION NUMBER **WI2026-0105S**

Saturday January 24th, 2026

information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.

- LOST&FOUND:** Located in the pool office. After the meet, please contact the meet director. Lost & found will only be held for two weeks after the meet. Any remaining items will then be donated to charity.
- FINAL RESULTS:** Will be posted on the Wisconsin Swimming website and e-mailed to participating teams. They will also be posted in the pool lobby during the meet.
- REST AREA:** The rest area will be restricted to the pool and the hallways adjacent to the pool. Swimmers will not be allowed in other areas of the Facility.
- SMOKING:** Per USA Swimming rules, smoking is NOT permitted in areas designated for swimmers, including the rest areas and pool.
WSAC is a SMOKE and DRUG FREE ZONE.
- MAAPP POLICY:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned/approved meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.
- COACH'S CREDENTIALS:** Meet Directors/Meet Marshalls or their designee will check coach's credentials that are on the deck for all sanctioned meets. Coaches not in good standing WILL NOT be allowed on the pool deck. They are allowed to be in the spectator stands but NOT on the pool deck. Coach must sign in.
- MEDICAL SUPERVISION:** Lifeguard, first aid equipment and AED available to athletes on pool deck

ROCKET AQUATICS – Speedo Sprint Cup Challenge

SANCTION NUMBER **WI2026-0105S**

Saturday January 24th, 2026

ORDER OF EVENTS AM Session

Girls Event #	Age	Event	Boys Event #
1	8 and Under	100 Yard Mixed Free Relay	1
2	9-10	200 Yard Mixed Free Relay	2
3	8 and Under	25 Yard Butterfly	4
5	9-10	50 Yard Butterfly	6
7	8 and Under	25 Yard Backstroke	8
9	9-10	50 Yard Backstroke	10
11	8 and Under	25 Yard Breaststroke	12
13	9-10	50 Yard Breaststroke	14
15	8 and Under	25 Yard Freestyle	16
17	9-10	50 Yard Freestyle	18
19	8 and Under	100 Yard I.M.	20
21	9-10	100 Yard I.M.	22

P.M. Session

Girls Event #	Age	Event	Boys Event #
23	11-14	200 Yard Mixed Free Relay	23
24	11-12	50 Yard Butterfly	25
26	13-14	100 Yard Butterfly	27
28	11-12	50 Yard Backstroke	29
30	13-14	100 Yard Backstroke	31
32	11-12	50 Yard Breaststroke	33
34	13-14	100 Yard Breaststroke	35
36	11-12	50 Yard Freestyle	37
38	13-14	50 Yard Freestyle	39
40	11-12	100 Yard I.M.	41
42	13-14	100 Yard I.M.	43

ROCKET AQUATICS – Speedo Sprint Cup Challenge

SANCTION NUMBER **WI2026-0105S**

Saturday January 24th, 2026

WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against United States Swimming (USA-S), the Wisconsin Swimming Inc., ROCKET AQUATICS, Germantown School District,, their Board of Directors and all other staff for injuries and/or expenses incurred by me/us at the meet or while on the road to and from the meet. I/We are bonafide amateur athletes and eligible to compete in all events I/we have entered. I/We also understand that my/our club will be responsible financially for any damage done to the facility by my/our athletes during the meet. I/We will be responsible for making my/our athletes/parents/coaches/club administrators aware of the waiver requirements of participation in this event.

Team Name: _____ Abbreviation: _____

Signature of Club Official Parent or Guardian _____

Title: _____

Address: _____

Coach or Team Representative at Meet Name: _____

Person to Contact in Case of Entry Problems Name: _____

Phone: _____

Name and Address for Mailing Final Results Name: _____

Address: _____

Entry Fee Summary: _____ Individual Events x \$8.00 =\$ _____

Excess reservation may not be applied toward relay and splash and Facility fees.

_____ Relay Teams x \$16.00 = \$ _____

_____ Swimmers x \$4.00 = \$ _____ Splash Fee

_____ Swimmers x \$3.00 = \$ _____ Facility Fee

_____ Swimmers x \$10.00 = \$ _____ Admission Fee

Entry Fee Due \$ _____

Make checks payable to: **Rocket Aquatics**

Check # _____

Reservations mail to: Scott Mueller
8010 W. Donges Bay Rd.
Mequon, WI 53097

Email Entry files to: Matt Kopp
RocketAquaticsSwimMeets@gmail.com
C: (414) 870-4029

Entries must be received by **January 16th, 2026.**

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INDIVIDUAL EVENT ENTRY FORM

Team Name: _____

Please enter in age order. Use separate sheets for Girls & Boys.

Name / USA-S # / Age

	Event #							
	Distance/Stroke							
	Seed Time							

	Event #							
	Distance/Stroke							
	Seed Time							

	Event #							
	Distance/Stroke							
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