Held under the sanction of USA Swimming

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

| LOCATION:                       | Germantown High School<br>W180N11501 River Lane<br>Germantown, Wisconsin 53022   |   |  |  |  |
|---------------------------------|--|---|--|--|--|
| SPONSOR/<br>FACILITY<br>SUPPORT | Rocket Aquatics<br>Germantown School District Facilities   |   |  |  |  |
| FACILITY:                       | The meet host will ensure the required course dimensions. 25 yard pool<br>with 8 lanes, non-turbulence lane markers and backstroke flags. Pool<br>depth: 4'0" at non-starting end and 12' at starting end. 30" slanted<br>starting blocks into 12' pool depth and Colorado automatic timing system.<br>Please be advised that due to the depth of the non-starting end of the<br>pool, the 2nd and 4th leg of all 100-Yard relays will start in the water.<br>Any swimmer entered in the meet must be certified by a USA Swimming<br>member coach as being proficient in performing a racing start or must<br>start each race from within the water. When unaccompanied by a<br>member-coach, it is the responsibility of the swimmer or the swimmer's<br>legal guardian to ensure compliance with this requirement. |   |  |  |  |
| MEET DIRECTOR:                  | Matt Kopp  | Email: Makopp0125@gmail.com                                 |  |  |  |
| ENTRY CHAIR:                    | Matt Kopp E-mail entries to:   | Makopp0125@gmail.com<br>C: 414-870-4029                     |  |  |  |
|                                 | Reservations mailed to:  | Scott Mueller<br>8010 W. Donges Bay Rd.<br>Mequon, WI 53097 |  |  |  |
| TIMELINE:                       | A timeline will be provided to all teams one week prior to the meet and posted on the Rocket Aquatics website (www.teamunify.com/wimfsc) so afternoon swimmers will know when warm-ups begin.  |   |  |  |  |
|                                 | Host team holds discretion to add additional sessions. Sessions may change due to numbers  |   |  |  |  |
|                                 | Warm ups will range from 60-75 minutes in water and 5 minutes of quiet water based on entries  |   |  |  |  |
|                                 | Saturday AM (8 and Under/13-14/Senior) Session:<br>Warm-ups 7:30 a.m. Meet Starts: 8:35 a.m.   |   |  |  |  |
|                                 | Saturday PM (10 and Under/11-12) Session:<br>Warm-ups begin at the end of the AM session,  |   |  |  |  |
| TIMING:                         | Events will be timed and judged by Colorado automatic timing system<br>and judging equipment. Colorado horn starting system. One back-up<br>timers per lane will be provided.  |   |  |  |  |

ENTRIES: EACH SWIMMER WILL BE LIMITED TO FOUR (4) INDIVIDUAL EVENTS AND ONE (1) RELAY. Swimmer's age as of May 4th, 2024 will determine his/her age group. Deck entries will be accepted if open lanes are available and number of entries permit. Parents/Coaches should come to the pool office to complete the forms.

ENTRY DEADLINE: Completed individual and relay entry forms, waiver and fees must be received no later than April 24th, 2024. All entries should be submitted either on the enclosed entry form or on a Hy-tek Team Manager file. Submit all seed times in yard cutoff times. Be sure to indicate any UNATTACHED swimmers. Hytek entries will be accepted and are preferred. Please include a hard copy with all file entries. All non-Wisconsin Swimming registered group members (teams) and athletes (including UN athletes outside of the WI LSC) wishing to participate within Wisconsin's LSC must obtain written approval from their respective LSC and forward it to meets@wisconsinswimming.org before participating within Wisconsin's LSC. Meet hosts should not allow entries unless the requisite approval from the club/athletes home LSC is on file with the Wisconsin Swimming office. Times achieved by non-Wisconsin athletes where the home LSC did not approve of the athletes travel to the Wisconsin LSC Territory will not be loaded into SWIMS. If there are any questions, please contact meets@wisconsinswimmina.org.

**ENTRY FEES:** \$6.00 per individual event, \$4.00 splash fee per swimmer, \$3.00 facility fee, admission fee per athlete \$8.00 and \$12.00 per relay entry. Entry fees must accompany entry forms. Recap statement must be complete and the waiver form signed. Money used for reservations is nonrefundable and cannot be used to offset cost of relays, deck seeding or splash fees. The entry fee for deck entries will be \$6.00 for individuals. Checks should be made payable to ROCKET AQUATICS.

**WARM-UPS:** General warm-ups/circle swimming for approximately 30-75 minutes, as determined by Meet Host. One-way sprint and/or pace lanes will be designated as needed by the meet director for the remainder of the warm-up session.

Three-Point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition. **No equipment, pull buoys, kick boards, or paddles used in the main pool.** 

\*Meet Host reserves the right to assign warm up times and lanes if necessary.

**SEEDING:** All age groups will be pre-seeded.

**ELIGIBILITY:** All swimmers must be currently registered with United States Swimming and the USA numbers must appear on the entry form/disk. Out of state entrants must bring their USA swimming cards and be prepared to show them to the Meet Director. Swimmers wishing to deck enter must have

their current USA Swimming ID card available.

| AWARDS:               | Ribbons – 1st-16th<br>Heat winner awards will be given for all events for 12 and under age<br>groups.High Point Awards 1st-3rd by age groups 8&U, 9-10, 11-12 for<br>individual event scores. Senior/Open events do not count towards High<br>Point awards.High Point awards will be presented to the individual<br>winners at the conclusion of the meet. All ribbons will be bagged and<br>available for pick-up at the end of the meet. No awards will be mailed.           |
|-----------------------|--|
| ADMISSION:            | Admission fee of \$8 per athlete, included with meet entry fees. Limited<br>paper heat sheets will be sold at admissions. Free heat sheets via<br><u>www.teamunify.com/wimfsc</u> ) or MeetMobile.<br>The meet will be live streamed; link below:<br>www.teamunify.com/SubTabGeneric.jsp?team=wimfsc&_stabid_=208235   |
| nups.//               | www.teamunity.com/SubTabGenenc.jsp?team=winisca_stabiu_=206255   |
| COACHES<br>PACKETS:   | Coaches may pick up their packets in the crow's nest. Any monies<br>owed must be paid before you can obtain your packet. Please be<br>prepared to show your USA Swimming Coach Card at the time you pick<br>up your team packet. Coach's cards must be visible at all times on deck.   |
| OFFICIAL RULES:       | Current USA-SWIMMING AND Wisconsin Swimming Rules shall govern this meet.  |
|                       | Any swimmer entered in the meet must be certified by a USA Swimming<br>member coach as being proficient in performing a racing start or must<br>start each race from within the water. Further, those participants not<br>proficient with a backstroke ledge must start each race from within the<br>water, and without use of the backstroke ledge. It is the responsibility of<br>the swimmer or the swimmer's legal guardian to ensure compliance with<br>this requirement. |
|                       | All Coaches MUST be USA Swimming registered as of the date of the meet. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership. If a coach does not have a current USA Swimming registration – they CAN NOT be present on the pool deck. If no spectators are allowed during the meet – these unregistered coaches will also NOT be allowed in the spectator stands.   |
| OFFICIALS:            | Meet Referee: John Stimson; <u>staymanusa@gmail.com</u> (414) 852-6474<br>Administrative Official: Jeff Hupfer; jeff.hupfer@outlook.com  |
| DISABLED<br>SWIMMERS: | Please notify meet officials of any disabled swimmers upon arriving at meet.   |
| FOOD:                 | A concession stand will offer a wide selection of food and beverage available outside the pool area. <b>No</b> food or coolers will be allowed in the pool area.   |
| CONDUCT:              | All teams will be responsible for the conduct of their own swimmers. The Meet Marshall and Meet Director shall have authority to disqualify swimmers for misconduct. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.  |

|                         | Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.   |
|-------------------------|--|
|                         | Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.  |
| FIRST AID:              | A First Aid kit will be available in the pool office.  |
| LOST&FOUND:             | Located in the pool office. After the meet, please contact the meet director. Lost & found will only be held for <u>two weeks</u> after the meet. Any remaining items will then be donated to charity.   |
| FINAL RESULTS:          | Will be posted on the Wisconsin Swimming website and e-mailed to participating teams. They will also be posted in the pool lobby during the meet.  |
| REST AREA:              | The rest area will be restricted to the pool and the hallways adjacent to the pool. Swimmers will not be allowed in other areas of the school.   |
| SMOKING:                | Per USA Swimming rules, smoking is NOT permitted in areas designated for swimmers, including the rest areas and pool. Germantown School District is a SMOKE and DRUG FREE ZONE.  |
| MAAPP POLICY:           | All applicable adults participating in or associated with this meet,<br>acknowledge that they are subject to the provisions of the USA<br>Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that<br>they understand that compliance with the MAAPP policy is a condition of<br>participation in the conduct of this competition. A registered athlete<br>member at a sanctioned/approved meet who is 18 years of age or older,<br>who had not completed the Athlete Protection Training (APT) by the date<br>of the swim, will not be able to upload into SWIMS. These athletes will<br>also be considered "not in good standing" and can be subject to fines<br>under Wisconsin Swimming Policy 11.2.1. |
| COACH'S<br>CREDENTIALS: | Meet Directors/Meet Marshalls or their designee will check coach's credentials that are on the deck for all sanctioned meets. Coaches not in good standing WILL NOT be allowed on the pool deck. They are allowed to be in the spectator stands but NOT on the pool deck. Coaches must sign in and show their credentials/proof of membership. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership.   |

### ORDER OF EVENTS – SATURDAY A.M. Session

| <u>GIRLS</u> | AGE         | EVENT                   | <u>BOYS</u> |
|--------------|-------------|-------------------------|-------------|
| 1            | 8&U         | 100 Freestyle relay     | 2           |
| 3            | 13-14       | 200 Freestyle relay     | 4           |
| 5            | Senior      | 200 Freestyle relay     | 6           |
| 7            | 8&U         | 25 yd Butterfly         | 8           |
| 9            | 13-14       | 100 yd Butterfly        | 10          |
| 11           | Senior      | 100 yd Butterfly        | 12          |
| 13           | 8&U         | 25 yd Freestyle         | 14          |
| 15           | 13-14       | 50 yd Freestyle         | 16          |
| 17           | Senior      | 50 yd Freestyle         | 18          |
| 19           | 8&U         | 25 yd Backstroke        | 20          |
| 21           | 13-14       | 100 yd Backstroke       | 22          |
| 23           | Senior      | 100 yd Backstroke       | 24          |
| 25           | 8&U         | 25 yd Breaststroke      | 26          |
| 27           | 13-14       | 100 yd Breaststroke     | 28          |
| 29           | Senior      | 100 yd Breaststroke     | 30          |
|              | Optional 10 | ) minute in water break |             |
| 31           | 8&U         | 100 yd IM               | 32          |
| 33           | 13-14       | 200 yd IM               | 34          |
| 35           | Senior      | 200 yd IM               | 36          |

### ORDER OF EVENTS – SATURDAY P.M. Session

| <u>GIRLS</u> | AGE         | EVENT                             | <b>BOYS</b> |  |  |  |  |
|--------------|-------------|-----------------------------------|-------------|--|--|--|--|
| 37           | 9-10        | 200 Freestyle relay               | 38          |  |  |  |  |
| 39           | 11-12       | 200 Freestyle relay               | 40          |  |  |  |  |
| 41           | 9-10        | 50 yd Butterfly                   | 42          |  |  |  |  |
| 43           | 11-12       | 50 yd Butterfly                   | 44          |  |  |  |  |
| 45           | 9-10        | 50 yd Backstroke                  | 46          |  |  |  |  |
| 47           | 11-12       | 50 yd Backstroke                  | 48          |  |  |  |  |
| 49           | 9-10        | 50 yd Breaststroke                | 50          |  |  |  |  |
| 51           | 11-12       | 50 yd Breaststroke                | 52          |  |  |  |  |
| 53           | 9-10        | 50 yd Freestyle                   | 54          |  |  |  |  |
| 55           | 11-12       | 50 yd Freestyle                   | 56          |  |  |  |  |
|              | Optional 10 | Optional 10 minute in water break |             |  |  |  |  |
| 57           | 9-10        | 100 yd IM                         | 58          |  |  |  |  |
| 59           | 11-12       | 200 yd IM                         | 60          |  |  |  |  |

### WAIVER

| In consideration of the acceptance of this entry,<br>assigns, waive and release any and all claims ag<br>of the USA-S, Rocket Aquatics, Germantown H<br>and/or expenses incurred by me/us at the meet o<br>athletes and eligible to compete in all events I/w<br>responsible financially for any damage done to t<br>for making my/our athletes/parents/coaches/club<br>this event. | ainst United S<br>igh School, th<br>r while on the<br>e have entere<br>he facility by | States S<br>neir Boa<br>e road to<br>d. I/We<br>my/our | wimming (USA)<br>and of Directors a<br>b and from the m<br>also understand<br>t athletes during | -S), the Wiscon<br>and all other sta<br>neet. I/We are be<br>that my/our clu<br>the meet. I/We | sin Swimming Inc.<br>onafide amateur<br>ib will be<br>will be responsible |
|---|---|--|---|--|---|
| Team Name:  |   |  | Abbr  | eviation:  |   |
| Signature of Club Official Depart or Cuardian   |   |  |   |  |   |
| Signature of Club Official Parent or Guardian:  | Name:   |  |   |  |   |
|   | Title:  |  |   |  |   |
|   | · · · _   |  |   |  |   |
|   | Address   |  |   |  |   |
| Coach or Team Representative at Meet  | Name:   |  |   |  |   |
| Person to Contact in Case of  | Name:   |  |   |  |   |
| Entry Problems  | Phone:  |  |   |  |   |
| Name and Address for Mailing<br>Final Results   | Name:   |  |   |  |   |
| i mai results   | Address: _  |  |   |  |   |
| Entry Fee Summary:  | <br>Individual I  | Events   | x \$6.00 =  | \$   |   |
| · · · · <u> </u>  | Amount Sent with Reservation  |  | \$  |  |   |
| zero if less)   | Balance Due for Additional Swims  |  |   | (Enter   |   |
| 2010 11 1033)   | Excess reservation may not be applied   |  |   | lied toward rela   | y and splash fees.  |
|   | Relay Team  | IS   | x \$12.00 =   | \$   | _   |
| Admission Fee   | Swimmers  |  | x \$15.00 =   | \$   | _Splash, Facility &   |
|   | Entry Fee I   | Due  |   | \$   | _   |
| Make checks payable to: Rocket Aquatics   |   |  | Check #   |  |   |
| Reservations mail to: Scott Mueller<br>8010 W. Donges Bay R<br>Mequon, WI 53097   |   | mail Ei  | ntry files to: Ma<br>Makopp01250<br>C: (414) 870-4  | @gmail.com   |   |

Entries must be received by April 24th, 2024

### INDIVIDUAL EVENT ENTRY FORM

Team Name:

Please enter in age order. Use separate sheets for Girls & Boys.

Name / USS # / Age

|  | Event #         |   |  |  |  |      |
|--|-----------------|---|--|--|--|------|
|  |                 |   |  |  |  |      |
|  | Distance/Stroke |   |  |  |  |      |
|  | Seed Time       |   |  |  |  |      |
|  |                 | • |  |  |  |      |
|  | Event #         |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Distance/Stroke |   |  |  |  |      |
|  | Seed Time       |   |  |  |  |      |
|  |                 | • |  |  |  |      |
|  | Event #         |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Distance/Stroke |   |  |  |  |      |
|  | Seed Time       |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Event #         |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Distance/Stroke |   |  |  |  |      |
|  | Seed Time       |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Event #         |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Distance/Stroke |   |  |  |  |      |
|  | Seed Time       |   |  |  |  |      |
|  |                 |   |  |  |  | <br> |
|  | Event #         |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Distance/Stroke |   |  |  |  |      |
|  | Seed Time       |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Event #         |   |  |  |  |      |
|  |                 |   |  |  |  |      |
|  | Distance/Stroke |   |  |  |  |      |
|  | Seed Time       |   |  |  |  |      |
|  |                 |   |  |  |  |      |