



Training Groups and Fees
2025-2026 Short Course Season

Group	Description	Fee
Muskies	Introductory swim team classes. The goal of our Muskie group is to gain confidence in the water to be able to swim at least a 25 of freestyle and backstroke without stopping.	\$695
Bronze	Introduction of the four competitive strokes, safe and legal starts and turns. Swimmers must consistently demonstrate the ability to handle the increased training load of the next training group. 3x50's Free @ 1:00 or faster	\$905
Silver	Ability to swim all 4 competitive strokes legally. Accurately count and complete distances. Completes all events offered in age group. Stroke counting, complete a 10 minute swim, proper sportsmanship and practice etiquette. 6x50 all strokes 6x50 Kick	\$940
Gold	Consistent ability to hold repeat intervals in all aspects of swimming. consistently demonstrate the ability to handle the increased training load. Capable of completing 10x50 Fly or Breast @ 1 :10 Capable of completing 10x50 Back @ 1:00 10x50 Free @ :50 10x50 Kick @ 1:00 Attend 4 practices/week including Saturdays	\$1075
Platinum	Consistent ability to hold repeat intervals in all aspects of swimming. consistently demonstrate the ability to handle the increased training load. 20x100 Free @ 1:20 15x100 IM @ 1:30 5x200 Back, Breast, Fly @3:30 5x200 IM @ 3:20 10x100 Kick @1:50 15x50 Kick @ :50 Every practice is highly recommended.	\$1195

Fee adjustments are offered if athletes are competing for their High School team during their respective season. Contact the team treasurer for more details.