

# **Stevens Point Area YMCA**

## **2026 SPDY Underdog Invite**

YMCA Closed Meet

### **MEET INFORMATION**

**Dates:** Saturday, January 24th & Sunday, January 25th

**Location:** Stevens Point Area YMCA, 1000 Division Street, Stevens Point, WI 54481

**Facility:** 25 yard pool, non-turbulent lane dividers with 15 meter markers, 5'6" starting depth with 27" high starting platforms. The water temperature will be kept within a range of 79 - 81 degrees.

**Timing System:** Superior Swim Timing system and projector scoreboard will be used. The primary timing system will consist of Aquagrip touchpads at both ends. The secondary timing system will include one semi-automatic button. The tertiary timing system will include manual stopwatches using two timers per lane.

**Scoring System:** Hy-TEK Meet Manager 7.0 scoring software will be used.

**Eligibility:** This is a **YMCA Closed Meet**. All swimmers must be full privilege members of the YMCA they represent.

**Rules:** The meet will be conducted in accordance with the current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and Regulations (Technical Rules), Rules That Govern YMCA Sports and Swimming Addendum to the Rules That Govern YMCA Sports, except where rules therein are optional and exceptions are herein stated.

**Adaptive Swimming:** Swimmers with a disability are welcome to enter this meet. The coach or person entering the swimmer must alert the Meet Director and Meet Referee regarding the nature of the swimmer's disability, the swimmer's classification (if classified), and requests for any special accommodations. All Requests should be made by **January 12**.

**Entries:** Submit entries to Eric Demrow by sending a HyTek Meet Manager entry file with text summary via email ([edemrow@spymca.org](mailto:edemrow@spymca.org)). If you are unable to send an electronic entry file please contact the Meet Director. Swimmers age is calculated as of January 24th, 2026.

**Entry Limit:** Swimmers are limited to participation in 2 individual events on Saturday. Sunday participants may sign up for 3 individual events per session and 2 relay events. Max of 5 individual swims for the meet.

**Entry Deadline:** Entries must be received no later than **Monday, January 19, 2026**. The meet will be limited to 400 swimmers on a first-come, first-served basis.

No deck registrations will be allowed. Deck entries will be taken at the discretion of the Meet Referee or designee as long as they do not result in any additional heats. The cost for deck entries is 2 times the normal entry fee. The deadline for deck changes and/or deck entries is 30 minutes before the scheduled start of each session.

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**Entry Fees:** Individual events cost \$5 per event. Relay events are \$16 per relay. There will be a \$7 per swimmer facility use fee. Checks should be made payable to the "Stevens Point Area YMCA". Entry fee checks and waivers may be brought to the meet.

**Scoring:** Points will be awarded to the top 16 finishers in each event as follows:  
**Individual** - 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

**Awards:** All Saturday events will be scored as open and awarded ribbons 1-12<sup>th</sup>.  
All Sunday Individual Events will be scored single age and awarded ribbons 1-12<sup>th</sup>.  
All Sunday Relay events will be awarded ribbons 1-6<sup>th</sup>.

**Heat Sheets:** Heat sheets will be available on the SPDY website ([www.spdyswimming.org](http://www.spdyswimming.org)) no later than Friday, January 23rd, 2026. Heat sheets will **NOT** be available at the meet.

**Conduct:** All teams will be responsible for the conduct of their own swimmers. The Meet Directors have the authority to disqualify swimmers found misbehaving.

**Time Schedule:** Saturday PM:

**General Warm-up** – 2:30 pm – 3:30 pm

**Meet Starts** - 3:45 pm

Sunday AM:

**General Warm-up** – 7:30 am – 8:45 am

**Meet Starts** - 9:00 am

Sunday PM:

**General Warm-ups** - Start immediately after AM and will last 1 hour.

**Meet Starts** - 15 min after the conclusion of warm ups

**Timeline** : Based on previous participation at this meet, the host team reserves the right to combine individual events and eliminate relay events as necessary to maintain a reasonable timeline. If events are combined, results will be reported as the events are listed on the original invitation.

**Warm-ups:** Warm-up assignments will be given out after all entries are collected. Lanes will be assigned based on final entry numbers.

**Dressing Rooms:** Dressing rooms have limited lockers. Swimmers are responsible for securing their own belongings. The Stevens Point YMCA is not responsible for lost items. There will be a lost and found located at the YMCA front desk. In accordance with the Federal Video Voyeurism Prevention Act of 2004, the use of camera phones or video recording

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devices in the locker rooms is prohibited.

**Rest Area:** A rest area will be offered in the YMCA Gymnasium.

**Staging:** All Sunday AM swimmers will be staged. Staging will be located in the main lobby near the Adventure Pool. Saturday swimmers will NOT be staged.

**Spectators:** There is no limit on spectators. Spectators will only be allowed in the pool area during their swimmers races. Please return to the rest area after the completion of each swimmers race. There will NOT be a live stream of the meet.

**Further Info:** Meet Information, maps and directions to the facility, as well as further information about the Stevens Point YMCA and the SPDY swim team are available on the swim team's website: [www.spdyswimming.org](http://www.spdyswimming.org).

**Officials:** All Officials holding current YMCA and/or USA certification are welcome and urged to participate in this meet. Please contact Adam Meshak ([ameshak@spymca.org](mailto:ameshak@spymca.org) / (715) 347-7707). Officials will be given \$25.00 per session worked.

**Release Statement:** YMCA of the USA and The Stevens Point Area YMCA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

### **Contact Info:**

Name	Title	Phone Number	E-Mail Address
Shelley Raczek	Admin Official	(715) 383-5338	<a href="mailto:msraczek@mtc.net">msraczek@mtc.net</a>
Eric Demrow	Director of Competitive Swimming	(715) 952-9350	<a href="mailto:edemrow@spymca.org">edemrow@spymca.org</a>

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## WAIVER FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims, against the YMCA of the USA, Stevens Point YMCA and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet.

Team Name: \_\_\_\_\_ Team Code \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Entry Fees:**

\_\_\_\_\_ Facility Use Fee x \$7.00 per swimmer \$ \_\_\_\_\_

\_\_\_\_\_ Individual Events x \$5.00 \$ \_\_\_\_\_

\_\_\_\_\_ Relay Events x \$16.00 \$ \_\_\_\_\_

\_\_\_\_\_ Total Entry Fees = \$ \_\_\_\_\_

Coach Name: \_\_\_\_\_ Coach Signature: \_\_\_\_\_

**Entries & Waiver Submitting:**

Mail or hand deliver completed waivers & fees to:  
SPDY Swimming  
Attn: Eric Demrow

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1000 Division Street  
Stevens Point, WI 54481

**E-Mail electronic entry files to: [edemrow@spymca.org](mailto:edemrow@spymca.org)**