

SPDY Fall Invite Warm-up Times

AM Session (10 and Under):

8:10-8:30 AM: SPDY (1-4) MYST (5), SWC (6).

8:30-8:50 AM: YCV (1-3), LAXY (4-6).

Meet start: 9:00AM

PM Session: (11 and Over)

10:45-11:10 AM: SPDY (1-6)

11:10-11:35 AM: LAXY (1-5), SWC (6)

11:35-12:00 PM: YCV (1-4), MYST (5-6)

Meet Start: 12:10 PM