

SPDY Fall Invite Warm-up Times

AM Session (10 and Under):

8:10-8:30 AM: SPDY (1-5) MYST (6)

8:30-8:50 AM: YCV (1-3), LAXY (4-6).

Meet start: 9:10AM

PM Session: (11 and Over)

11:00-11:20 AM: SPDY (1-6)

11:20-11:45 AM: LAXY (1-5), MYST (6)

11:45-12:10 PM: YCV (1-5), WYNS (6)

Meet Start: 12:20 PM