# Sun Prairie Storm

Late May Update

# **Upcoming Events**

This Thursday--- Storm Surge at Panda Garden

Know of another restaurant that could use our help? Send me an email

June 22nd--- Bingo Betty Blood Drive

1-6pm at Our Savior's Lutheran Church

## Swimming Around Wisconsin

Teams around Milwaukee are getting limited access to Walter Schroeder (1-2 per lane)

Teams in Green Bay area have no water at this point

The vast majority of teams are hoping for something to open in July.

- Starting in small numbers with just 13&O swimmers
- Expanding to younger age groups when there's time and space to do so safely
- 50% of teams are looking into open water options

#### Local Teams in June

- DFAC -- No water available
- BAC -- Potentially 1 body of water starting 6/10
- LOO -- Folded
- MSS -- No water available
- MAC -- Unknown
- OCSC -- No water available
- STAR -- No water available

# Local Water

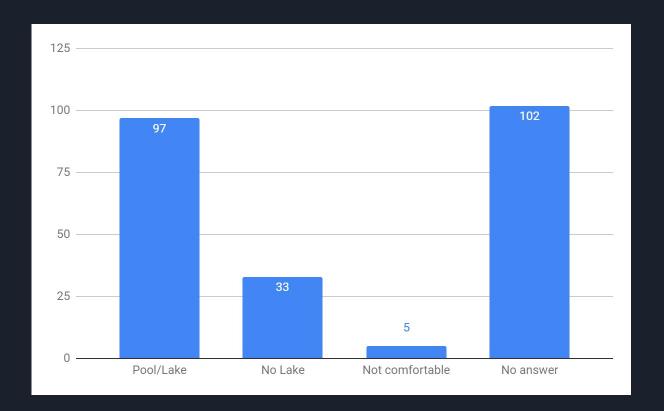
Will Open This Summer	Unknown	Won't Open/Not Available
Cherokee Country Club	Cambridge Community Pool	MATC
Estimated 6/1	Following Dane County plans  Not expecting groups until after July	Closed forever
Ripley Park		SP Family Aquatic Center
Opening Next Week	Columbus Aquatic Center	Closed for summer
	Decision to open in June	
		Sun Prairie High School
	Fall River School	July 23rd is the absolute earliest
	Not until school is back in session, estimated fall	
		Waterloo High School
	Prairie Athletic Club	Not willing to rent to SPS going forward
	At this point, servicing members first	
	Sun Prairie YMCA	
	Still working on reopen	
	Watertown Agustia Contor	
	Watertown Aquatic Center	
	39 min from SPHS, Awaiting update	

#### Our Swimmer Feedback

The last two summers, we've averaged 102 swimmers.

With 102 swimmers NOT answering, we still have 130 interested in the pool, 97 willing to do pool or lake.

With projections, there's at least 140 interested in participating this summer.



# Part 1: Pool Training

Working 50/50 with Waunakee Wave at the Cherokee Country Club starting June 1st.

#### A four day rotation:

Day 1	Day 2	Day 3	Day 4
5:30A-9:30	5:30A-7:30	5:30A-9:30	5:30A-7:30
Waunakee	Waunakee	Sun Prairie	Sun Prairie
	7:30A-9:30		7:30A-9:30
	Sun Prairie		Waunakee

# **Pool Swimming (continued)**

Initial start at Cherokee would involve 4 groups of 2 swimmers per lane (3 if family members) for a trial basis. Swimmers would be 13&O Only

#### Group times

Group A	Group B	Group C	Group D
5:30-6:30A	6:30-7:30A	7:30-8:30A	8:30-9:30A

As Dane County continues to open in phases, more swimmers will be added to groups, with the hope of bringing in some of our 12&U swimmers.

#### Part 2: Open Water Training

Open water options for swimmers on Tuesday and Thursday at Lake Ripley.

We'll offer a group of up to 25 a 45 minute session on the following schedule:

	Tuesday	Thursday
4:30-5:15	12&U TROP/CYC	13&O Girls
5:30-6:15	12&U CYC/TYP	13&O Boys
6:30-7:15	Masters Group	12&U TROP/CYC/TYP

# Our Plan Open Water (Continued)



We'll stick to the shallow water at the beach area as we have in previous years.

For those doing early June in a lake, consider a wetsuit.

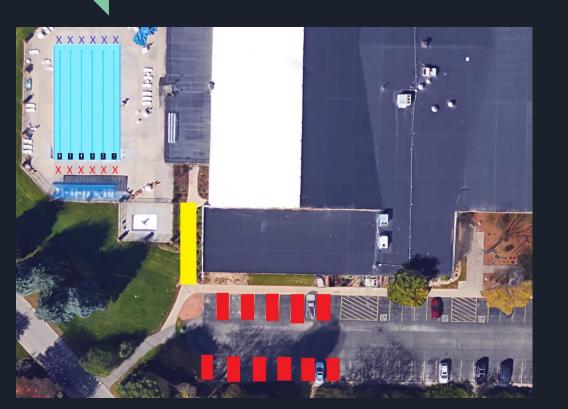
For those planning regular open water, consider a season pass (\$25)

# Part 3: Dryland

On Monday and Wednesday, we'll do dryland at Sheehan Park.

Up to 20 per group	Monday	Wednesday
4:30-5:15P	10&U	13&OB
5:30-6:15P	11-12	13&OG
6:30-7:15P	13&OG	10&U
7:30-8:15P	13&OB	11-12

#### **COVID Precautions**



We'll send out a full list of precautions for the pool training, open water training, and dryland.

It'll include how we're moving swimmers in and out of the facilities, pool lane assignments, keeping swimmers who don't feel well at home, pickup procedures, minimizing touch points, coming to practice in swimsuits, etc.

#### **COVID Precautions**

- Open water and dryland practices have a 15 minute window for one group to leave before the next swimmer arrives.
- Swimmers can bring their own equipment and water, but there will be no sharing
- Masks are encouraged as swimmers come in and out of training but are not required.
- Swimmers will get an overview on things at the start of each registration period. Swimmers that don't adhere to the rules will not be allowed to continue with the group.

#### Fees

Activity	Length of Time	Sessions/Week	Cost (Per 2 Weeks)
Lap Swim	60 min	3-4	\$50
Open Water	45 min	1	\$13
Dryland	45 min	2	\$15

All services will be provide a la carte. A swimmer interested in doing multiple programs will pay for each.

If/when pool groups expand, we plan to lower the rate slightly. We're renting at \$50/hour.

We will not have any sort of weather refunds.

# Registration Process Overview

All registrations will take place through Signup Genius.

Registration periods will occur every 2 weeks. This will allow for us to be more flexible if/when restrictions are lifted and to keep people from getting billed for time they're away from training.

Early registration will NOT be utilized during this timeframe for board/committee members. We want this to be as fair as possible and give everyone the chance to get *something*.

# Registration Process Pool Training

6 lanes x 2 swimmers per lane = 12 swimmers at a time.  $12 \times 4$  groups = 48 swimmers available to train in Stage 1.

We'll stagger registration based on age alone:

Day 1: 17&18 year olds can pick a group (A/B/C/D)

Day 2: 15&16 year olds can pick

Day 3: 13&14 year olds

If spots remain, we'll open to 11-12 on Day 4.

For the foreseeable future, we'll continue with 2 week registration blocks

# Registration Process Pool Training

There's no timeline on when we move to 3, 4 or more swimmers per lane. All decisions will be made looking at Dane County data, CDC & USA guidelines, and working with Waunakee Wave & Cherokee Country Club.

As more swimmers are allowed per lane, we'll add more age groups.

Families will need a credit card on file for the account to register.

There's no guarantees for any swimmer having a spot from one group to the next, simply first come first served.

# Registration Process Open Water & Dryland

Registration for all ages and groups will begin at the same time for open water and dryland.

Registration will be done through a Signup Genius link sent out.

We anticipate having room for just about everyone to do some aspect of programming, if not immediately then soon thereafter.