#### 2024 EAGLE RIVER FIGURE SKATING SCHOOL APPLICATION

USFS#

Non-Refundable deposit of \$40 due with application. Ice fee balance due with registration OR before June 1st.

Make checks payable to: Eagle River Figure Skating Club (ERFSC) M

Name:

Mail to: Eagle River Figure Skating School c/o Jacqui Monge 7791 Hiawatha Circle N St. Germain, WI 54558

#### PARENTAL CONSENT AND WAIVER OF RESPONSIBILITY

In consideration of the acceptance of \_\_\_\_\_\_\_as a student in the Eagle River Figure Skating School, we, the undersigned student, parent or guardian, agree to assume the risks of participating in the program and waive all claims for any personal injury and/or loss or damage to property and hereby release the Eagle River Figure Skating Club/Eagle River Recreation Association (ERRA) and its employees and agents from any liability whatsoever, which may arise as a result of participation in the Eagle River Figure Skating School. This release shall extend to potential exposure or contracting of Covid-19 while participating in the Eagle River Figure Skating School. This release shall extend to all future damages and injuries of every nature and however sustained, even if due to the negligence or alleged negligence of the Eagle River Figure Skating School/the ERRA or their staff or employees. All risks attendant to observing and/or participating in the Eagle River Figure Skating School are hereby assumed by the student and his or her parents and/or guardian and this assumption and release are acknowledged and approved by their signature hereto.

The Eagle River Figure Skating School reserves the right to terminate the stay of any student, without refund, when it is deemed to be in the best interest of either the student or the Eagle River Figure Skating School.

The Eagle River Figure Skating School reserves the right to use any pictures taken during the school for advertising and/or instructional purposes.

I have read the foregoing, explained its meaning to my child or ward and hereby do approve and consent to the terms and conditions stated. I further acknowledge being the parent or legal guardian of the signed applicant that the information given on this application is complete and accurate.

Skater's Signature	Date	Parent/Guardian Signature	Date			
	EMERGENCY TREA	TMENT RELEASE FORM				
I, emergency treatment center to render med deemed necessary in the care of:		ze any physician and/or any member of the medica e responsible for all medical expenses incurred), which				
Name of Skater		Date of Birth				
Physician Name		Physician Phone #				
Allergies		Medicines currently taking				
Outstanding medical history			<u> </u>			
Insurance Company	Policy Number	Name of subscriber				
Skater's Signature	Date	Parent/Guardian Signature	Date			

 Eagle River Summer Figure Skating School \* 2024 Registration Form
 Cell Phone(s):

 Name:
 USFS#:
 Age:
 Email:

 Address:
 City:
 ST:
 Zip:

To request lessons: List coach preference and lesson length (15/30/45 minutes). **Example: MK/30** "X" in box for **Specialty** You may put two lesson requests in same session box: **Example - MK 30/JB 15** Mark "ICE" for practice ice only. JB=Joe, AG=Alex, JF=Jake, CB=Collin, MK= Marcie, JM=Joel, BC=Brittyni, ER=Elena, KH=Kourtney,

HM=Heidi, DW= Danielle W, DG=Danielle G, GH = Grace, MG = Montana , TK=Trina, HF =Helen

Session	Time	Mon	Tue	Wed	Thur	Fri	Mon	Tue	Wed	Thur	Fri
Low General	8:00-8:45										
Low General	8:45-9:30										
Low/Int General	9:30-10:15										
ZAM	10:15-10:30	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM
General Sessions		General	Class	General	Class	Class	General	Class	General	Class	Class
Specialty Class	10:30-11:00	Ice \$10	\$20	lce \$10	\$20	\$20	lce \$10	\$20	lce \$10	\$20	\$20
Int/Low General	11:00-11:45										
Intermediate General	11:45-12:30										
Intermediate General	12:30-1:15										
ZAM	1:15-1:30	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM
Int/High General	1:30-2:15										
Int/High General	2:15-3:00										
High General	3:00-3:45										
ZAM	3:45-4:00	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM
High General	4:00-4:45										
General	4:45-5:30										
General	5:30-6:15										Testing
ZAM	6:15-6:30	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	ZAM	Testing
Basic Skills	6:30-7:15	Basic	Basic	Basic	Basic	Basic	Basic	Basic	Basic	Basic	Testing
General	7:15-8:00					USFS LOW TESTS					Testing
General	8:008:45					USFS LOW TESTS					Testing
General	8:45-9:30	NO 1st Week	NO 1st Week	NO 1st Week RAL SESSI	NO 1st Week	USFS LOW TESTS					Testing

#### **GENERAL SESSION GUIDELINES**

Any deviations from the session guidelines are at the sole discretion of the directors.

Landing Axels & working on doubles

Intermediate through Gold Skating Skills

Silver through International Dances

Intermediate Sessions: Landing most single jumps & working on axels

Pre-Juvenile through Pre-Silver Skating Skills Bronze through Pre-Silver Dances

Low Sessions:

**High Sessions:** 

Beginner through single jumps Pre-Preliminary through Pre-Bronze Skating Skills

Preliminary through Bronze Dances

#### EAGLE RIVER SUMMER 2024 COACHING STAFF

"Coaching preference and up t	o specified level"	15 minute lessons		
	ek 2 Thur/Fri Only	\$25.00-\$35		
Dance Partner - Thru Int'l,				
-	ek 2 Only	\$25.00-\$35		
Dance Partner - Thru Int'				
	<i>ek 1 &amp; 2</i>	\$25.00-\$35		
Dance Partner - Thru Int'l				
Alexander Gamelin We		\$25.00-\$35		
Dance Partner - Thru Int'l				
	<i>k 1 &amp; 2</i>	\$26.00		
Gold Skills & Freestyle, P		\$20.00		
	ek 2 Only	\$25.00		
Gold Skills, Int'l Dance, P		Φ25.00		
	<i>k 1 &amp; 2</i>	\$20.00		
Gold Skills & Freestyle, In				
	ek 2 Tues-Fri Only	\$20.00		
Gold Skills & Freestyle, C	•	\$20.00		
	<i>ek 1 &amp; 2</i>	\$18.00		
Gold Skills, Senior Freesty				
Danielle Gamelin – We		\$18.00		
		\$10.00		
Gold Skills, Int'l Dance, I		¢10.00		
Elena Rodrigues Wee		\$18.00		
Gold Skills & Freestyle, In		•		
Danielle Wolosek Wed		\$18.00		
Int'l Dance, Gold Skills, S				
Kourtney (Rowe) Hyland W		\$17.00		
Int'l Dance, Gold Skills, l		• • •		
Montana Grabowsky Wee		\$15.00		
Gold Dance, Gold Skills, J				
	ek 1 & 2	\$15.00		
Pre-Silver Dance, Low Sk	•	• • •		
	ek 1 & 2	\$14.00		
Gold Dance, Gold Skills, Silver Freestyle, Choreography Complete staff bios can be found on website www.ERRA.com				
Complete staff bios can be f				

## **PRIVATE LESSONS**

#### COACH PREFERENCES

<b>DANCE</b> <i>1st</i>	2 <i>nd</i>	3rd	
Testing Partner:			
<b>MOVES</b> 1st	2nd	3rd	
FREESTYLE	2 <i>nd</i>	<u>3rd</u>	

\*PLEASE NOTE\* Your schedule will confirm days/sessions with lessons.

#### \*USFS registered & insured coaches with students are welcome to join our summer figure skating school. Please contact Jacqui Monge 715-891-1452

			0	est Passed circle)			
Freestyle:							
Pre-Preliminary	Preliminary	Pre-Bronze	Bronze	Pre-Silver	Silver	Pre-Gold	Gold
Skating Skills:	-						
Pre-Preliminary	Preliminary	Pre-Bronze	Bronze	Pre-Silver	Silver	Pre-Gold	Gold
Dance:	-						
Preliminary	Pre-Bronze	Bronze	Pre-Silver	Silver	Pre-Gold	Gold	International

### **ICE FEES**

All sessions:					
10 sessions or fewer	\$20.00 each				
11 - 20 sessions	\$18.00 each				
21 sessions or more	\$15.00 each				
<b>Drop-In Fees:</b> \$20.00	0 per session				
Ice Fees: # Sessions X \$	_= \$				
Non-Refundable Administration F	Fee \$ <u>40.00</u>				
<b>On-Ice Specialty Classes</b>					
(Tuesdays/Thursdays/Fridays) \$20.00 per day x day (s	(s) = \$				
(Contact Marcie Kierpiec directly for off-Ice Classes) p.o.w.e.r.skating2020@gmail.com					
Total Ice, Administration, & Class	ss Fees: \$				
Less registration fee & 25% depos	sit \$ <u>-</u>				
Balance due by June 1st	\$				

Ice Sessions Are Sold In 45 Minute Blocks Only

Keep in mind, some lessons may overflow into a new session and will be determined by the discretion of the director. Should this occur, skaters are expected to exit the ice at the completion of their lesson or adjust/purchase additional ice sessions if additional practice is desired. A good guide is to purchase 45 minutes of ice for each 30-minute lesson to allow for warm-up/practice.

#### **Dear Skaters and Parents:**

The time has come for making your summer skating plans! We are eager to have you join us in Eagle River for another great Summer Figure Skating School. Within this registration form you will find all the information you need to register and plan for your skating time here in Eagle River. If you have any questions or need assistance completing the registration form, please contact us: eagleriverskatingcamps@gmail.com Jacqui Monge 715-891-1452

#### **REGISTRATION INSTRUCTIONS and GUIDELINES**

- Private lessons for all sessions will be provided by coaches contracted by the Eagle River Summer Skating School.
- Skaters must indicate on their registration form the number of lessons requested and their first, second and third choice for coaches. *Forms not indicating second and third choices will be returned as incomplete.*
- Coaching assignments will be made based on scanned registration with email timestamp.
- General sessions are open to skaters of any level. Pleas sign-up in appropriate sessions for your level.
- Dance partnering/coaching can occur on any session, accommodating all skaters.
- Skaters registered for multiple weeks will be given general priority.
- Program directors may assign lessons on alternate sessions with skater approval.
- Basic Skills: \$20/Class To Register: Please contact Heather 715-891-2194 pattison.heather@yahoo.com

#### Registration is easy! If you are new and have questions...please feel free to ask for help.

- Complete your skater information on the registration form (IMPORTANT....we need a Legible EMAIL, please).
- Indicate skater USFS test level passed and skill levels.
- Choose the ice sessions on the registration/lesson grid—indicate if you have flexibility.
- List your 1st, 2nd and 3rd instructor choices to assist the scheduler.
- Indicate the instructor and length of lesson requested on the registration/lesson grid.
- Calculate your ice fees in 45 minute ice sessions (not just lesson time) Ask if you have questions.
- Sign the application and parental consent/insurance waiver.
- <u>Scan/email your forms and then mail originals with your non-refundable \$35 Registration fee (payable to the ERFSC).</u>

#### ON-ICE SPECIALTY CLASSES (Tues/Thurs/Fri 10:30-11:00AM)

30-minute classes taught by a different staff professional each day. Exciting class content will vary based on instructor choice and may include footwork, power, spin variations, music and movement, trick jumps/moves, ...try something new....meet all the pros...let's have some fun! **\$20/day Register for these classes on the main skating camp form.** 

#### OFF-ICE CLASSES Week 2 ONLY— (Mon/Wed 9:15-10:30am and Tues/Thur 6:30—7:15pm)

Warm-Up/Activation/Mobility (Mondays and	l Wednesdays)	10:30am—11:15am
Plyometrics/Conditioning (Tuesdays)	Movement/Conditioning (Thursdays)	6:45pm—7:30pm

These classes are designed to give skaters a hands-on approach of various off-ice activities and exercises and how they can improve performance on the ice. They will consist of various exercise physiology basics ranging from warm-ups and activation exercises to do before taking the ice to simple plyometrics (for power) and conditioning to do after your skating sessions. No equipment needed. Just come dressed in appropriate workout attire, sneakers and be ready to have some fun! Cost: \$15/class (Minimum 5 skaters to hold class)

Contact Marcie Kierpiec directly for questions and to register:

p.o.w.e.r.skating2020@gmail.com

#### **SUMMER SCHOOL SESSION ICE FEES**

#### General Sessions (all levels):

10 sessions or less	\$20.00 per session
11 - 20 sessions	\$18.00 per session
21 sessions or more	\$15.00 per session

Drop-In Fees: \$20.00 per 45 min session

(sessions not pre-reserved) will be accepted as availability permits. Check-in and pay the monitor prior to skating.

#### **Housing and Cabin Rentals**

\*\*Weekly Cabin Rentals and Efficiency Units available close to rink.\*\*
 Skating Moms/Dads are encouraged to bring a few skaters and enjoy a mini-skating vacation.
 Contact the Eagle River Chamber of Commerce 715-479-6400

# Eagle River Figure Skating School

**Fiftieth Annual** 1975 - 2024



# Summer Program June 17 - 29, 2024

USFS LOW and INTERNATIONAL TEST SESSIONS Low Test Session thru Pre- Silver June 21<sup>st</sup> 6-10pm Full Test Session thru International Dance - June 28<sup>th</sup>, 5pm-10pm & June 29th all day

Eagle River Figure Skating School Jacqui Monge 7791 Hiawatha Circle N St. Germain, WI 54558

715-891-1452 - Jacqui Monge eagleriverskatingcamps@gmail.com

Eagle River Figure Skating Club A Sanctioned Club of USFS