## Timberline Figure Skating Club Junior Coach Application 2023-24

This packet *must* be submitted to the TFSC Board for *approval* <u>prior</u> to coaching on Timberline Figure Skating Club private ice. All Junior Coaches must be 16 years of age or older and in 10<sup>th</sup> grade or higher and have fulfilled all the requirements below. Junior coaches will be compensated in the range of \$18-\$20 per hour. 1st year will be paid at \$18 and second year or more can be adjusted within the range depending on experience and test level. If you have any questions, please contact us at timberlinefsc@gmail.com. Waiving any of the below requirements requires prior Board approval.

Name	e: USFS#:
Requ	uirements for Junior Coaches:
1.	Age, Date of Birth and grade in school:
2.	Current Full or Associate membership with Timberline (check box if current):
3.	Highest Learn to Skate Level Passed:
(F	reeskate 3 or higher required)
4.	Highest Test Passed:
D	ance
(4	All 3 Bronze dances or higher OR Pre-Juvenile Skating Skills & Pre-Juvenile Singles required)  kating Skills
	ingles
5. Certit	Learn to Skate Instructor Certification - Attach a copy of your CURRENT Learn to Skate Instructor fication
6.	Completed background check if over the age of 18 years (circle one): Yes No N/A
7.	Signature of Learn to Skate Director verifying applicant has taught group lessons as a Learn to Skate
Coac	ch for Timberline.
Signa	ature of LTS Director:
8.	Personal Liability Insurance - Attach a copy of your CURRENT Personal Liability Insurance. This can be
obtai	ned through the USFS website or Learn to Skate website.
5.	Mentor Coach: Please indicate your mentor coach

## **Requirements for Mentor Coaches**

A Mentor Coach agrees to the following to help the Junior Coach grow and learn to be a successful coach:

- The Mentor Coach must sign the Junior Coach's application to show that they agree to help the potential Junior Coach
- The Mentor Coach will check in with the Junior Coach either in-person, over-the-phone, or online, once per month at a minimum to insure proper communication
- The Mentor Coach is not only there to answer questions, but also to help the Junior Coach navigate through the responsibilities of a coach, including
  - o Proper teaching techniques,
  - o Communication with skater,
  - o Communication with parents,
  - Navigating the coaching requirements as stated by Learn to Skate and USFSA.
- The Mentor Coach agrees to monitor the Junior Coach's educational requirements
- The Mentor Coach agrees to monitor the Junior Coach while they give private lessons from time to time to ensure a high level of coaching by the Junior Coach
- The Mentor Coach will bring any coaching concerns they may have about a Junior Coach to the Board, if they are not able to be addressed between Mentor Coach and Junior Coach directly

By signing here I agree to the requirements	s, set forth by Timberline Figure Skating Club, for being a Mentor				
Coach to	(Junior Coach's name) for the 2023-24 skating season:				
Signature of Mentor Coach:					

## AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY (Required)

Coach's Name:		
	(Please Print)	
In consideration of being allowed to participal House/Marathon Park program, related ever Off-site, the undersigned acknowledges, app	nts and activities, including, but not limi	
<ol> <li>The risk of injury from the activities to, the potential for permanent paralysis and discipline may reduce this risk, the risk of se</li> </ol>	•	
<ol> <li>I KNOWINGLY AND FREELY ASS assume full responsibility for my participation</li> </ol>	UME ALL SUCH RISKS, both known a n; and	nd unknown and
<ol> <li>I willingly comply with the rules and case of a minor, the parent(s) or legal guard presence or participation, I will remove mysenearest official immediately; and</li> </ol>		nt hazard during my
4. I, for myself, and on behalf of my h RELEASE, WAIVE AND HOLD HARMLESS HOUSE, MARATHON PARK, MARATHON of members, directors, agents, coaches, official and lessors of the premises used to conduct the Arena, hereinafter referred to as "release claims, demands, losses or damages on acc	COUNTY, WAUSAU, SCHOFIELD, the ils, other participants, sponsors, advert t the event, including, but not limited to es", from any and all liability to each of	UB, GREENHECK FIELD ir representative administrators, isers, and, if applicable, owners, at the Arena, in transit to or from the undersigned, and any and all
5. I also understand and accept the fa Skating Club, Greenheck Fieldhouse, Marat employees of the above entities are not resp the locker rooms or any other area wherein or temporarily.	oonsible for any property damage or los	fficers, directors, supervisors and ss suffered by me which occurs in
6. This waiver and release is understo agreement or representation, whether writte	ood to supercede and take precedence n or oral, which contradicts the terms o	
I HAVE READ THIS RELEASE OF LIABILIT UNDERSTAND ITS TERMS. I FURTHER U SIGNING THIS FORM, AND HEREBY SIGN	NDERSTAND THAT I HAVE GIVEN U	P SUBSTANTIAL RIGHTS BY
Participant's Signature	Participant's PRINTED Name	Date
Emergency Contact Person	Emergency Phone Number	

Participant's Address

## TIMBERLINE FIGURE SKATING CLUB RULES AND PROCEDURES (Required)

The following rules and procedures are to promote an atmosphere conducive to training as well as allow for the safety of each skater. The rules must be followed by both skaters and pros in order to be effective:

- 1. All rink monitors are authorized to determine admission, monitor conduct on the ice and enforce rules.
- 2. Skaters must sign-in **BEFORE** they get on the ice and between contiguous sessions. If a skater is not checked in within ten (10) minutes after the session begins, their slot may be resold to another skater.
- 3. Admission to be determined in the following order: 1) Club members on a first come, first served basis. 2) Contracted skaters who have signed in. 3) All other skaters on a first come, first served basis. (For example If a member skater forgets to sign in the book, and there are more than 18 skaters on the ice. The skater that did not sign into the book will be asked to get off the ice, regardless of whether or not they are contracted) SKATERS MUST REMEMBER TO SIGN IN. Skaters not contracted, must record the time that they arrive at the rink upon signing in.
- 4. Skaters may be removed from the ice for any of the following: 1) Intentionally damaging the surface of the ice 2) Consistent lack of consideration for other skaters 3) Offensive, abusive or profane language 4) Wild or rough skating 5) Disrespectful actions towards pros, ice monitors, other skaters or arena personnel.
- 5. Consumption of food/snacks/beverages on ice or near boards is prohibited; the only exception is water bottles and must be kept back in the hockey boxes away from the ice surface. Keep all personal items such as tissue boxes, notebooks, music, apparel clear of ice surfaces and/or access areas for safety of all and remove them after each session.
- 6. Be considerate in the use of the ice. Consideration for 'right of way' on the ice is as follows: 1) skaters doing their program to music (wear blaze orange vest or orange sash), 2) skaters having lessons, 3) skaters in the harness. Practicing a program is critical to skating development; therefore, all coaches and skaters should be aware of who has the right of way. Anyone, including coaches, who ignore these rules and procedures will first receive a warning and then be suspended from the session.
- 7. The club will assign a rink monitor for each session where music is played. Program CDs will be played by the rink monitor. The skate order is the order in which skaters put their CD in line. A skater **must** wear the blaze orange vest or orange sash when their CD is being played. The skater whose music is being played has the right-of-way, although safety is the first priority. We have a NO VEST...NO MUSIC policy, so if do not have the blaze orange vest/orange sash on and your music is playing, your music may be stopped until you wear the blaze orange vest or orange sash. NO EXCEPTIONS!!!
- 8. Avoid congregating on the ice during ice time; this is a hazard to all skaters; step off the ice for discussion of instruction, re-tying of skates, chatting etc.
- Coaches should instruct from the board area. Exception is teaching a new program or demonstrating elements.
- 10. All video-taping must be done from the boards.
- 11. Skaters who are not current with their fees will not be allowed on the ice.
- 12. Skaters who have not signed the liability waiver will not be allowed on the ice.
- 13. Skaters who are not current USFS members will not be allowed on the ice during "TFSC time".
- 14. Please leave the ice promptly when the Zamboni doors open for resurfacing, and/or buzzer sounds.
- 15. Ice Monitor / Admission concerns should be addressed to a TFSC Board Member for resolution.
- 16. Any grievances should be brought to the TFSC Board of Directors.

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Printed Name	
Signature	Date