## **Events/Heat/Lane/Stroke Tattoos**

## Help the coaches out by

- 1) purchasing a meet program at the entrance to the pool area
- 2) highlight your swimmer's name and make note of their event, heat, lane and stroke
- 3) follow the tattoo as shown below.

For example: My daughter is Eleanor Carter...

| Even        | t 5 Girls 8 & Under | 25 free |  |  |  |  |
|-------------|---------------------|---------|--|--|--|--|
| Heat 1 of 3 |                     |         |  |  |  |  |
| 1           | Eleanor Carter      | 23.59   |  |  |  |  |
| 2           | Nancy Reagan        | 24.12   |  |  |  |  |
| 3           | Laura Bush          | 24.36   |  |  |  |  |
| 4           | Michelle Obama      | 22.12   |  |  |  |  |
| 5           | Barbara Bush        | 23.99   |  |  |  |  |
| 6           | Hillary Clinton     | 26.10   |  |  |  |  |
|             |                     |         |  |  |  |  |

| Even        | t 11 Girls     | 8 & Under | 25 back |  |  |  |
|-------------|----------------|-----------|---------|--|--|--|
| Heat 1 of 3 |                |           |         |  |  |  |
| 1           | Nancy Re       | 24.12     |         |  |  |  |
| 2           | Laura Bush     |           | 24.36   |  |  |  |
| 3           | Michelle Obama |           | 22.12   |  |  |  |
| 4           | Eleanor C      | Carter    | 23.59   |  |  |  |
| 5           | Barbara B      | Bush      | 23.99   |  |  |  |
| 6           | Hillary Cli    | inton     | 26.10   |  |  |  |
|             |                |           |         |  |  |  |

\*I find all the events she is supposed to swim. I follow the pattern below to draw a tattoo on her arm.

| Е         | Н | L | S       |  |  |  |
|-----------|---|---|---------|--|--|--|
| 5         | 1 | 1 | 25 free |  |  |  |
| 11        | 1 | 4 | 25 back |  |  |  |
| and so on |   |   |         |  |  |  |



It should like like this: