Events/Heat/Lane/Stroke Tattoos

Help the coaches out by

- 1) purchasing a meet program at the entrance to the pool area
- 2) highlight your swimmer's name and make note of their event, heat, lane and stroke
- 3) follow the tattoo as shown below.

For example: My daughter is Eleanor Carter...

Even	t 5 Girls 8 & Under	25 free				
Heat 1 of 3						
1	Eleanor Carter	23.59				
2	Nancy Reagan	24.12				
3	Laura Bush	24.36				
4	Michelle Obama	22.12				
5	Barbara Bush	23.99				
6	Hillary Clinton	26.10				

Even	t 11 Girls	8 & Under	25 back			
Heat 1 of 3						
1	Nancy Re	24.12				
2	Laura Bush		24.36			
3	Michelle Obama		22.12			
4	Eleanor C	Carter	23.59			
5	Barbara B	Bush	23.99			
6	Hillary Cli	inton	26.10			

*I find all the events she is supposed to swim. I follow the pattern below to draw a tattoo on her arm.

Е	Н	L	S			
5	1	1	25 free			
11	1	4	25 back			
and so on						



It should like like this: