

**2024 Jon Brenner Invite**  
**October 26th 2024**  
**Hosted by the La Crosse Area YMCA**

**Meet Director/ Entry Chair**

Samuel Bowman, [Sbowman@laxymca.org](mailto:Sbowman@laxymca.org)

**Location**

Houser YMCA  
400 Mason St.  
Onalaska, WI 54650

**Facility**

6 lane, 25 yard pool with 6' wide lanes and non-turbulent lane dividers, backstroke flags, "30 high starting blocks, 9' depth at the starting end and 3'6" depth at the shallow end. The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4)

All events will start at the starting end of the pool (Deep End)

**Timing**

Electronic timing system with touch pads and manual back-up buttons and horn start. Each lane will have two timers with electronic stopwatches.

**Rules**

Official 2024 Short Course USA-S Rules Prevail at this meet.

Age is as of October 26, 2024.

Swimmers should be prepared to use fly over starts.

Feet first entry is required during warm up.

Special Needs: The coach of any swimmer with special needs should notify the meet director before the session(s) that the swimmer is participating in.

**YMCA Closed**

This is a YMCA Closed meet, no Unattached swimmers are allowed to participate. All athletes must be members of a YMCA.

**Entries**

Entries must be received by the entry chair by Monday, October 21, by 9:00 pm.

Email entries to [sbowman@laxymca.org](mailto:sbowman@laxymca.org)

**Meet Schedule**

The meet will start at 9:35 am.

Warm up schedule will be sent to coaches Tuesday October 22th. Warm ups will not start before 8:00 am for visiting teams.

Following the meet, there will be a Halloween Party in the gym. All meet participants are invited!

**Entry Limits**

Athletes may swim in four individual events, and one relay.

Athletes may swim in three individual events in session one, and two individual events in session two, but can not exceed four total individual events total.

**Fees**

\$10.00 Facility Surcharge

\$3.00 Heat sheet fee

\$5.00 Individual event

\$10.00 Relay team

**Admission**

Admission to the meet is free.

**Heat Sheets**

Heat Sheets will be sent via PDF to all coaches on Friday at Noon for them to share with their families. We will not print heat sheets for spectators.

**Scoring**

1st through 12th place

15,12,11,10,9,8,6,5,4,3,2,1

**Awards**

Ribbons 1-12

Meet host reserves the right to change meet information