

Bronze & Silver Beads

Our Bronze and Silver groups have a bead system for rewards. Each time your swimmer comes to practice they will get a bead. They can turn in these beads for prizes or save them up and trade them in for a game night! There are also fun beads like little swimmers or turkeys for holidays and swim meets!

In order to get the beads, athletes must complete the following at practice. We use a 2 strike system, so if they meet 3/5 requirements of practice they will get their bead for the day.

Bead Requirements

- On time and ready to go when coaches are ready to start practice
- Participates in stretches and dryland workouts with coaches
- Brought a water bottle to stay hydrated all practice
- Listened to your coaches when they are talking
- Completed the workout without complaining and while being respectful to their teammates

Once they have saved up their beads they can trade them in for a prize. The other option is to turn them in with friends. They can combine their beads to equal the set number for a game night at practice. All swimmers contributing beads must be present at the time they trade them in for a game night.

Bronze

- Prize = 15 beads
- Game Night = 100 beads

Silver

- Prize = 25 beads
- Game Night = 150 beads