



Parent Code of Conduct

By signing the registration form parents and swimmers acknowledge they have read and agree to the terms of our team's code of conduct

- We will set an example for our children by showing respect to FAST team members, coaches, competitors, officials, and other parents. This includes respect for the facilities and equipment used during practice or competition
- We will respect the integrity of the swim officials by assuming decisions are based on honest and objective evaluations of performance. Only coaches may approach swim meet officials for clarification of the rules
- We will be an active and timely participant in all home meets, fundraising events, and other team activities
- We will support our children by making sure they arrive to practice on time and with the proper equipment they need to be successful and safe
- We realize swimmers become easily confused when coached by parents and benefit most from the positive reinforcement of the trained and professional coaching staff's instructions and advice
- We will not interfere with the FAST coaches during practices and swim meets and fully understand that coaches are allowed on deck with the athletes because they have undergone trainings, certifications, and background checks
- We understand that practices are closed. If I have a concern, I will approach the head coach or a board member before or after practices/meets in private and will not interfere or interrupt during practices and meets
- We will support our children by making sure our child refrains from using alcohol, tobacco, drugs, other prohibited substances, violence, abusive or foul language, inappropriate sexual conduct, or any other behavior deemed dishonest, discourteous, offensive or disrespectful to others
- We understand coaches have the right to approve or decline meet events according to the swimmers ability
- We understand coaches will make the decisions what group my children will train with and we understand the coaches have a set of standards for each group described in the Group Requirements document posted online and at the pool
- We will pay our fees on time. Session fees are due at the beginning of each session. Please speak with the treasurer if a payment plan is needed. All billing questions need to be directed to the treasurer, not the coaches.

Swimmer Code of Conduct

By signing the registration form parents and swimmers acknowledge they have read and agree to the terms of our team's code of conduct

- We understand that every team practice and meet is an opportunity to learn and grow so we will actively participate in the workouts without complaining or disrespect towards coaches and teammates
- We understand that we represent FAST and we will represent our team with respect, team spirit, good sportsmanship, and politeness
- We are expected to follow the directions of coaches and meet officials
- We will arrive on time for all practices and meets because we know pool time is very valuable
- We will notify our coach in advance if we know we will be arriving late or leave early from either practices or swim meets
- We understand the coaches are here to help you and we will pay attention to instruction and if we have any questions we will ask our coach
- We will use appropriate language, be honest, and will not participate in theft, vandalism, destructive behavior, the use of drugs or alcohol
- Above all else I will respect my teammates. Fighting, touching or striking another athlete will mean the coach can discipline me or suspend me from the team

Swimmer Violation of Code

The coaches have the authority to impose the following penalties for violation of the Fort Atkinson Swim Team Code of Conduct. The penalties include but are not limited to the following:

- Swimmers will be given a verbal warning
- If the behavior continues, swimmers will be pulled out of the water to complete dryland workouts on deck under close supervision of the coach. Parents will also be notified
- If the behavior continues, the swimmer will need to be accompanied by a parent at practice for 4 consecutive days
- If the behavior still does not change, the swimmer will be suspended for one week (There will be no reimbursement for paid fees if the coach needs to suspend the athlete)
- If after all of these actions have been taken and the swimmer's behavior does not improve then the swimmer and parent will meet with the head coach and at least one board member to discuss the matter further. At this time a behavior plan will be implemented. The severity and frequency of the swimmer's misconduct will determine the appropriate level of suspension or expulsion from the team. The disciplinary action will be based on the report(s) of the coaching staff and are at the sole discretion of the FAST Board of Directors.