

Lake Country Swim Team 2024 Long Course Meet Schedule

Date	Meet	Sr Gold Htfd. Sr	Sr Strl. Htfd. Sr	Sr Silver Ht. MS Sr	Sr Brnz. Ht. JVHS	Junior	A.G. Gold	A.G. Silver	A.G. Bronze	Super 8's	Location	
4/20-21	WEST April Open LC Meet*	X	X	X	X	X	X	X			Pleasant Prairie RecPlex	
4/27	Maroon v Gold Sprint Intrasquad	X	X	X	X	X	X	X	X	X	Arrowhead H.S.	
4/30	Phoenix Conference Dual						Conference Dual, Blaze v Wings----->				Arrowhead H.S.	
5/7	Phoenix Conference Dual						Conference Dual, Flames v Wings----->				Arrowhead H.S.	
5/11-12	Schroeder Distance/Sprint Meet*	Sunday	Qualifiers (BB cuts required)----->									WSAC, Brown Deer
5/11	Express May Meet		Swimmers Not in Saturday of Schroeder Meet ----->									Waukesha South HS
5/14	Phoenix Conference Dual						Conference Dual, Blaze v Flames----->				Arrowhead H.S.	
5/17-19	MAC Midwestern Invite*	Qualifiers ----->										UW-Madison Solderholm
5/18-19	SWAT May-Hem*	Swimmers Not in MAC Midwestern Invite ----->										Pleasant Prairie RecPlex
5/21	Phoenix Conference Champs						Conference Champ. Blaze, Flames, Wings				Arrowhead H.S.	
5/31	EBSC 8-Under Meet						All 8-Unders ----->				Brookfield East H.S.	
5/31-6/2	SEA Pirate Plunge*			X	X	X	X	X	X	X	WSAC, Brown Deer	
6/8	VMAC Summer Sprints*+	X	X	X	X	X	X	X	X	X	VMAC, Hartford	
6/14	Central Zone Open Water	Qualifiers (opt.) ----->										Pleasant Prairie
6/14-15	SWAT Grand Prix LC Meet*	X	X	X	X	X	X	X	X	X	Pleasant Prairie RecPlex	
6/21-23	Western Great Lakes Open*++	X	X	X	X	X	X	X	X	X	WSAC, Brown Deer	
6/27	State Open Water Champs	Qualifiers (opt.) ----->										Pleasant Prairie
6/28-30	MMSC LC Meet*			X	X	X	X	X	X	X	Pleasant Prairie RecPlex	
7/5 or 6	SSTY/OSHY Time Trials*	Fri. 7/5	Fri. 7/5	Fri. 7/5	Sat. 7/6	Fri. 7/5	Sat. 7/6	Sat. 7/6	Sat. 7/6	Sat. 7/6	WSAC, Brown Deer	
7/11-14	Speedo Sectional Meet*	Qualifiers ----->										Westmont, IL
7/19-21	Regional Meet - SCY	Swimmers with less than the max state cuts ----->							X	X	X	Waukesha South HS
7/19-21	Regional Meet - LCM*	Swimmers with less than the max state cuts ----->							X	X	X	TBA (WSAC or Rec Plex)
7/23-7/27	Summer National Championship*	Qualifiers ----->										Irvine, California
7/26-28	12-Under State Champs*						12-Under Individual and Relay Qualifiers ----->				WSAC, Brown Deer	
8/1-4	13-Over State Champs*	13-Over Qualifiers----->										Pleasant Prairie RecPlex
8/8-11	Central Zone Champs*			14-Under Qualifiers ----->								Des Moines, IA

Key:

X	= Must meet for all swimmers in that group; participation is expected unless opt out with reason noted on the team website entry page.
(opt.)	= Optional meet for all swimmers in that group; participation is optional and no response is required.
	= Meet is not available to swimmers in that group; participation is not allowed and no response is required.
All qualifiers----->	= Must meet for all swimmers in that group who qualify, are needed on relays or meet the other conditions listed; participation is expected unless absence is approved by coach.

* = 50 Meter Pool.

+ = Participant service meet. All participating team members are expected to work.

++ = Mandatory service meet. All team members are expected to work.