

# Lake Country "Phoenix" Swim Team

## Long Course Summer Sprints

Sanction # WI2023-207S

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**DATE:** Saturday, June 10<sup>th</sup>, 2023

**PLACE:** VETERAN'S MEMORIAL AQUATIC CENTER, 777 S Main St, Hartford, WI 53027

**WARMUP:** AM session: 8:00-9:00 AM Warm-up, Meet Start 9:05 AM. Three-point feet-first entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

**POOL:** Eight lane, 50-meter pool, 12' starting depth (turn depth 3'6"), 29.5" blocks, non-turbulent lane markers and backstroke flags. Racing will occur in lanes 1-6 only. The competition course has not been certified in accordance with 104.2.2C(4).

**TIMING:** Manual timing with three (3) watches and across the board judging.

**RULES** Official current USA Swimming Rules shall prevail for this meet. Swimmers must be USA-Swimming registered. Age as of the first day of the meet. Please notify meet officials of any disabled swimmers upon arriving at the meet. Deck Pass is acceptable proof of USA Membership.

**MAAPP Acknowledgement:** All applicable adults participating or associated with the respective meet to which this information applies, acknowledge that they are an applicable adult, subject to the provisions of USA Swimming's MAAPP, and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition. An athlete member at a sanctioned meet who is over 18 years of age, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

**RACING START CERTIFICATION:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**OFFICIALS:** Meet Referee – Jason Wiedoff: [wiedmari@gmail.com](mailto:wiedmari@gmail.com), (414)-248-0641  
Admin Official and Entry Chair – Darsi Kohnhorst: [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net), (262) 367-7657  
Meet Director - Mark Kohnhorst: [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net), (262) 367-7657

**ENTRY DEADLINES:** Completed entry file must be received by the entry chair no later than **Thursday, June 1st, 2023.**

Waiver and payment should be brought to the meet. This meet is being run with Hy-Tek swim software. Please submit your electronic entries via e-mail to [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net). Please note any special requirements for disabled swimmers on the entry form.

**ENTRY LIMIT:** Swimmers may compete in four (4) individual events.

**FEES:** Individual events \$5.00 per event. \$4.00 LSC surcharge per swimmer entered in at least one individual event. \$6.00 facility surcharge. Deck entries shall be \$10.00/individual event. Please make checks payable to LAKE COUNTRY SWIM TEAM. Entry fees must accompany the official entry forms and are not refundable.

**ADMISSIONS:** Spectators over 12 years old are \$5.00. Heat sheets will be available on our meet webpage prior to the meet.

**PARKING:** Parking is available in the lot north of the facility and on nearby city streets.

**RESULTS:** Results will be posted on [www.wisconsinswimming.org](http://www.wisconsinswimming.org) and e-mailed to participating teams.

**CONDUCT:** Each team is responsible for the conduct of its swimmers. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**AWARDS:** Ribbons for top 6 in the following age groups: 8-Under, 9, 10, 11, 12, 13 and 14-Over age groups. Age groups will be combined for racing as 10-Under, 11-12 and 13-Over  
Individual Events: Ribbons 1<sup>st</sup> through 6<sup>th</sup>  
Ribbons will be available for swimmer pick-up during the meet. No awards will be mailed.

**FOOD:** A limited selection of food and beverages will be available from VMAC concessions.

# Lake Country "Phoenix" Swim Team

Summer Sprints

June 10<sup>th</sup>, 2023

| <u>Girls Event #</u> | <u>Event Description</u> | <u>Boys Event #</u> |
|----------------------|--------------------------|---------------------|
| 1                    | 13-Over 50 Butterfly     | 2                   |
| 3                    | 11-12 50 Butterfly       | 4                   |
| 5                    | 10-Under 50 Butterfly    | 6                   |
| 7                    | 13-Over 50 Backstroke    | 8                   |
| 9                    | 11-12 50 Backstroke      | 10                  |
| 11                   | 10-Under 50 Backstroke   | 12                  |
| 13                   | 13-Over 50 Breaststroke  | 14                  |
| 15                   | 11-12 50 Breaststroke    | 16                  |
| 17                   | 10-Under 50 Breaststroke | 18                  |
| 19                   | 13-Over 50 Freestyle     | 20                  |
| 21                   | 11-12 50 Freestyle       | 22                  |
| 23                   | 10-Under 50 Freestyle    | 24                  |

## Waiver

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assigns, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of the United States Swimming, the Lake Country Swim Team, the City of Hartford, and their staffs for the injuries and or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes currently registered with United States Swimming and in good standing with Wisconsin Swimming, Inc. and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Club Name: \_\_\_\_\_ Initials \_\_\_\_\_  
(Four Only)

### Signature of Club Official, Parent or Guardian

Name: \_\_\_\_\_ Day Phone Number: \_\_\_\_\_

Title: \_\_\_\_\_ Evening Phone Number \_\_\_\_\_

City, State, Zip \_\_\_\_\_ E-Mail \_\_\_\_\_

In the case of facility problem, weather or other unforeseen circumstance which would require cancellation or delay of meet that we may contact as soon as possible for participant notification.

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of coach or team representative(s) at meet: \_\_\_\_\_ AM / PM  
(Must have current Coach's credentials to be on deck)

\_\_\_\_\_ AM / PM

Entry Fee Recap: \_\_\_\_\_ Individual Events x \$5.00 = \$ \_\_\_\_\_

\_\_\_\_\_ Less Reservation Check = -\$ \_\_\_\_\_

(Only to be used for Ind. Events! May not be used for surcharges)

**A: Entry Fee Total = \$ \_\_\_\_\_**

\_\_\_\_\_ Facility Surcharge x \$5.00 = \$ \_\_\_\_\_

\_\_\_\_\_ LSC Surcharge x \$4.00 = \$ \_\_\_\_\_

(# of swimmers in Individual Events)

**B: Relay & Surcharge Total = \$ \_\_\_\_\_**

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**Total of Lines A & B = \$ \_\_\_\_\_**

Make checks payable to: **Lake Country Swim Team** Check # \_\_\_\_\_

Darsi Kohnhorst  
PO Box 181  
Hartland, Wisconsin 53029

Email Entries to: lakecountryswim@sbcglobal.net

Questions: Lake Country Team Office (262) 367-7657