



2026 Central WI YMCA Sectional Championship



Meet Announcement

About the Championship Meet:

Date: Friday, March 13 - Sunday, March 15

Location: Woodson YMCA Aspirus Branch

Entry Deadline: Monday, March 2

Meet Director: Ceri Beatty

wynsmeets@gmail.com

Web Site: swimwyns.com

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About the Championship

This meet is a sanctioned, closed, inter-association YMCA Invitational meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. The meet is YMCA sanctioned.

YMCA Sanction Number: **CAQ-2025-WI12016968**

Approval Number: **#WI2026-0141A**

Time Trial: **#WI2026-0143TT**

This meet is approved by USA Swimming and Wisconsin Swimming, Inc. All USA Swimming and WSI rules apply including safety rules, which will be strictly enforced.

Adjustments to the Meet Announcements

The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Sanctioned Championship meet can be changed.



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Meet Timeline

Friday PM: 4:00 - 4:40 - Warm Ups
4:45 - Coaches Meeting
5:00 - Meet Start

Saturday and Sunday AM: 7:30 - 8:30 am - Warm Ups 8:35 am - Meet Start

Saturday and Sunday PM 1: 10:45 - 11:30 - Warm Ups 11:35 am - Meet Start

There will be a short 15 minute break in between Saturday and Sunday PM 1 and PM 2 sessions when the pool will be open for general warm-ups.

Saturday and Sunday PM 2: 1:20 - Meet Start

Warm Up and Session start times are estimated and will be finalized after all entries are received. A finalized timeline and warm up schedule will be emailed to teams.

Age Groups 8 & Under, 9-10, 11-12, 13-14, and open

AM Sessions (8 & under and 9/10) will be staged in the gym. Relays will NOT be staged.

Location and Facility

Location: Woodson YMCA Aspirus Branch
3402 Howland Ave
Weston, WI 54476

Emergency Phone Number: 715-841-1850

The Woodson YMCA Aspirus Branch pool is configured as an 8 lane, 25 yard course. Water depth at start is 9 feet and at turn end is 4 feet. Colorado electronic timing system will be used.

The meet host will ensure the required course dimensions.

There is on deck seating available for 200 spectators along with a second floor observatory. Parents are not allowed past the bleacher area.

The YMCA gym will be available to use for teams rest area

Contact Information

Meet Referee:	Scott Van Ermen	svanermen0319@gmail.com	715-218-0346
Administrative Official:	Kim Van Ermen	kmvanermen@gmail.com	715-218-3956
Meet Director:	Ceri Beatty	wynsmeets@gmail.com	608-772-5107
Entry Chair:	Ceri Beatty	wynsmeets@gmail.com	608-772-5107



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Website

Meet Information can be found at swimwyns.com

Eligibility

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a period of 90 days prior to the first day of the meet, excluding scholastic competition.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no "unattached" status in YMCA Swimming.

Age: Athlete's age as of December 1, 2025.

- ★ An athlete 18 and older must have completed Child/Athlete Protection Training within the past 12 months.
- ★ Athletes age 12 and under may not compete in Technical Suits, as defined in the USA Swimming Rulebook

Times: There are no qualifying times for this meet.

Athletes With A Disability: Swimmers with a disability are welcome to enter this meet. Teams are required to inform the Officials and Meet Director of any special needs prior to the start of warm ups. Athletes shall present an [accommodation/modification form](#) to the Meet Director or Meet Referee to assist with the athlete's request.

COACH

Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential: Safety Training for Swim Coaches, Basic Life Support (Professional Rescuer CPR), First Aid, Principles of YMCA Competitive Swimming and Diving, and Athlete Protection Training.

A list of the acceptable certifications can be found in the CERTIFICATION REQUIREMENTS FOR SWIM COACHES or SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS





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Coach Registration: Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck.

Teams Without A Coach At The Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

Check-In Procedure

EVENT CHECK-IN: Positive check-in is required for the 1650 Freestyle and the 1000 Freestyle. Check-in on pool deck by the pool office. **Swimmers must provide their own counter and one timer for these events.**

COACHES MEETING: Friday PM Session at 4:45pm.

OFFICIALS AND TIMERS MEETING: Officials meeting 60 minutes prior to the start of each session. Timers meeting in the hallway 30 minutes prior to the start of each session.



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Championship Procedures and Operations

CHAMPIONSHIP COMMITTEE: The Committee will consist of the Meet Director, Meet Referee, and YMCA Regional Representative.

RULES: The meet will run under Rules That Govern YMCA Competitive Sports, Swimming Addendum to the Rules That Govern YMCA Competitive Sports, USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a Timed Finals format. Swimmer's age will be determined as of December 1, 2025.

EVENT SEEDING: Events will be seeded Slowest to Fastest. The Meet Referee/Administrative Official reserve the right to combine heats.

WARM-UP SAFETY PROCEDURES: Circle swimming only, entry into the water shall be feet first three-point entry for all competition, except in designated lanes and times. All entry to pools during open warm-up cool down periods must be from the start end. No snorkels, kickboards or other training devices are allowed during warm-ups. Teams should plan to do starts, sprint and pace work within their assigned warm-up time.

Swimmers without a coach present are to report to the Meet Director prior to warm-ups for lane assignment.

Outside of the scheduled warm up periods the pool may be open during breaks for circle swim only. Swimmers are to enter the pool feet first at the start end and are not allowed to use the blocks.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

Teams will be assigned lanes for warm-ups. Warm-up assignments will be emailed to coaches, posted online and at the pool.

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for backstroke starts) should remain in the water at the completion of their race until the next heat has begun.





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SWIMS (USA-S): This meet has been approved by USA Swimming. Therefore, all individual times will be automatically submitted for entry into SWIMS as long as USA-S ID numbers have been included with your entry and the member is in good standing.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted and emailed to participating teams.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Championship committee will arbitrate protests, eligibility issues, safety rules and other issues.

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc.

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Deck changes are prohibited.
- Glass, food, and chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block during competition.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands.
- Shaving is not permitted in any areas of the facility.



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Entry Information

ENTRY LIMITS: Swimmers are limited to 5 individual events and 2 relays

TIMES: No Times (NT) are not allowed. Please estimate time if NT. Submit entry times in SCY.

ENTRY FEES:

- \$6.00 per individual events
- \$20.00 per relay
- \$12.00 per swimmer facility fee
- \$4.00 per swimmer WI Splash fee

DECK ENTRIES: There will be no deck entries at this meet.

ENTRY DEADLINE: Entries will be accepted beginning DATE AFTER APPROVAL and must be received by Monday, March 2, 2026. Changes and time updates will be allowed through Monday, March 9, 2026.

ENTRY PROCEDURE: Entries must be in Hy-Tek format and emailed with a hard copy Entry Report to Ceri Beatty at wynsmets@gmail.com. You will receive confirmation that your entries were received and accepted.

PAYMENT: Please mail or hand carry to the meet a waiver and check payable to
Woodson YMCA
3402 Howland Ave
Weston, WI 54476

Awards and Recognition

AWARDS: Individual Events: 1st-16th place for age groups 8 & under, 9-10, 11-12, 13-14, and open.

Relays: 1st-3rd place for age groups 8 & under, 9-10, 11-12, 13-14, and open.

Open events will not be awarded by age group.

Team: 1st, 2nd, and 3rd place teams will receive a trophy. 16th place scoring will be used.





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Time Trials

WHEN: Sunday following the conclusion of the AM Session, limited to 10 and under swimmers.

Sunday following the conclusion of the PM 2 Session, open to all swimmers.

FORMAT AND FEE: Time Trials are open only to athletes entered in the Championship meet.

- ★ An athlete may only swim the stroke being contested in a Time Trials event, e.g. an athlete may not swim backstroke in a breaststroke event in Time Trials.
- ★ Time Trial Fee is \$10 per individual event and \$25 per relay - must be received at sign up.
- ★ **SWIMMERS MUST PROVIDE ONE TIMER**
- ★ Only events offered during the meet are eligible for time trials. The 500, 1000, and 1650 Freestyle events will not be offered.

TIME TRIAL ENTRIES: Sign up for time trials will be available at the pool office. Swimmers must sign up and pay before the conclusion of the last session.

Spectators

ADMISSION FEE: Free. There is no charge for admission.

HEAT SHEETS: Heat Sheets will be posted on our team website, www.swimwyns.com, for you to view and print. There will be no Heat Sheets for sale at the meet.

CONCESSIONS: Friday's session will have limited concessions for purchase. Full concessions will be available for purchase Saturday and Sunday in the gym.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck
- No smoking, drugs, or alcohol are permitted in the swimming complex.



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Liability, Safety, and Emergency Procedures

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. Appendix 2 must be signed by each association participating in the meet.

LIABILITY LIMITS: In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting the YMCA Sanction, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

In granting this approval, it is understood and agreed that USA Swimming and WI Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.





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If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed healthcare professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a healthcare professional, experienced in evaluating concussions, determines that the athlete is symptom-free and is OK to return to participation.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

MAAP: All applicable adults participating or associated with the respective meet to which this information applies, acknowledges that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All athletes 18 years of age and older must have completed Athlete Protection Training prior to the entry deadline. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

IMAGE AUTHORIZATION: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend indoor pools closed during an electrical storm. This policy may be followed at the meet depending on the severity of the storm.



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Appendix 1: Order of Events

Session 1: Friday PM

Girls	Event	Boys
1	11-12 100 Individual Medley	2
3	Open 800 Freestyle Relay	4
5	11-12 500 Freestyle	6
7	**Open 1650 Freestyle**	8

Session 2: Saturday AM

Girls	Event	Boys
9	8 & Under 100 Medley Relay	10
11	9-10 200 Medley Relay	12
13	*8 & Under 25 Breaststroke*	14
15	9-10 50 Breaststroke	16
17	8 & Under 50 Freestyle	18
19	9-10 100 Freestyle	20
21	*8 & Under 25 Backstroke*	22
23	9-10 50 Backstroke	24
25	8 & Under 50 Butterfly	26
27	9-10 100 Butterfly	28
29	8 & Under 100 Individual Medley	30
31	9-10 200 Individual Medley	32

Session 3: Saturday PM 1

Girls	Event	Boys
33	Open 200 Freestyle Relay	
34	13-14 200 Freestyle Relay	
35	11-12 200 Freestyle Relay	
36	Open 400 Individual Medley	37
38	13-14 400 Individual Medley	39
40	Open 100 Freestyle	41
42	13-14 100 Freestyle	43
44	11-12 100 Freestyle	45
46	Open 100 Backstroke	47
48	13-14 100 Backstroke	49
50	11-12 50 Backstroke	51

The times for the 25 yard events will manually obtained with the use of two stopwatches

****Swimmers must provide their own counter and timer for this event****





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Session 4: Saturday PM 2

Girls	Event	Boys
	Open 200 Freestyle Relay	52
	13-14 200 Freestyle Relay	53
	11-12 200 Freestyle Relay	54
55	Open 200 Freestyle	56
57	13-14 200 Freestyle	58
59	11-12 200 Freestyle	60
61	Open 100 Butterfly	62
63	13-14 100 Butterfly	64
65	11-12 50 Butterfly	66
67	Open 200 Breaststroke	68
69	13-14 200 Breaststroke	70
71	11-12 100 Breaststroke	72
73	Open 400 Medley Relay	74
75	**Open 1000 Freestyle**	76

Session 5: Sunday AM

Girls	Event	Boys
77	9-10 200 Freestyle Relay	78
79	8 & Under 100 Freestyle Relay	80
81	9-10 100 Individual Medley	82
83	8 & Under 50 Breaststroke	84
85	9-10 100 Breaststroke	86
87	*8 & Under 25 Freestyle*	88
89	9-10 50 Freestyle	90
91	8 & Under 50 Backstroke	92
93	9-10 100 Backstroke	94
95	*8 & Under 25 Butterfly*	96
97	9-10 50 Butterfly	98
99	8 & Under 100 Freestyle	100
101	9-10 200 Freestyle	102

The times for the 25 yard events will manually obtained with the use of two stopwatches

****Swimmers must provide their own counter and timer for this event****



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Session 6: Sunday PM 1

Girls	Event	Boys
103	Open 200 Medley Relay	
104	13-14 200 Medley Relay	
105	11-12 200 Medley Relay	
106	Open 500 Freestyle	107
108	13-14 500 Freestyle	109
110	Open 100 Breaststroke	111
112	13-14 100 Breaststroke	113
114	11-12 50 Breaststroke	115
116	Open 200 Butterfly	117
118	13-14 200 Butterfly	119
120	11-12 100 Butterfly	121

Session 7: Sunday PM 2

Girls	Event	Boys
	Open 200 Medley Relay	122
	13-14 200 Medley Relay	123
	11-12 200 Medley Relay	124
125	Open 200 Individual Medley	126
127	13-14 200 Individual Medley	128
129	11-12 200 Individual Medley	130
131	Open 50 Freestyle	132
133	13-14 50 Freestyle	134
135	11-12 50 Freestyle	136
137	Open 200 Backstroke	138
139	13-14 200 Backstroke	140
141	11-12 100 Backstroke	142
143	Open 400 Freestyle Relay	144

Appendix 2: Qualifying Times

There are no qualifying times for this meet.





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Appendix 3: YMCA Sanctioned Meet Declaration Form

(Note: Return signed Declaration Form to the meet director)

Participating YMCA: _____

YMCA Address: _____

Meet Name: 2026 Central WI YMCA Sectional Championship

Meet Dates: March 13 - 15, 2026

Meet Host: Woodson YMCA Northern Swimmers

Meet Location: Woodson YMCA Aspirus Branch

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet all eligibility requirements.

- All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

COACHES - All coaches representing the YMCA above have completed the annual YMCA coach registration and hold current certifications in:

- BLS (Professional Rescuer CPR)
- First Aid
- Safety Training for Swim Coaches
- Child/Athlete Protection Training
- Principles of YMCA Competitive Swimming and Diving

INSURANCE - Our Association has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the 2026 Central WI YMCA Sectional Championship for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the 2026 Central WI YMCA Sectional Championship.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Woodson YMCA, their agents, representatives or assigns, and the Aspirus Branch for any and all injuries which may be suffered by participants at the 2026 Central WI YMCA Sectional Championship. Furthermore we understand that the YMCA of the USA and Woodson YMCA are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Signature of Head Coach

Signature of YMCA Executive Director or Designee



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This is the last page of the Meet Announcement

