

2024 Wisconsin State Regional #2 Championships

February 16-18, 2024

Hosted by Fond du Lac Swim Club & West Bend Swim Club

Held under sanction of USA Swimming. WI Sanction Number: WI2024-070S

This meet is held under the sanction of USA Swimming. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming shall be free from any liabilities or claims for damages arising by reason to anyone during the conduct of this event.

MEET DIRECTOR: Elisa Spaeth bloomier79@yahoo.com (262) 339-0463

MEET REFEREE: Andrew Olson olsonswimming@gmail.com

ADMIN OFFICIAL: Elisa Spaeth bloomier79@yahoo.com and BJ Clavel bjspl@hotmail.com

ENTRY CHAIR: Elisa Spaeth bloomier79@yahoo.com (262) 339-0463

When emailing entries to the Entry Chair – please include contact information including name of person submitting the entries, name of LSC club and phone number for any questions or problems with the entries.

GENERAL INFORMATION

DATES: February 16th-18th, 2024

LOCATION: Fond du Lac Community Aquatic Center
100 W. 9th Street
Fond du Lac, WI 54935

FACILITY: The pool is an 8 lane, 25 yard pool. Diving well will be available for warm-up and cool-down throughout the meet. All 25-yard races will start from the blocks. The pool depth is 4'9"-5'0 at the start end and 4' at the turn end. Starting blocks are 30" high and do not include backstroke ledges. The Meet Host will ensure the required course dimensions.

TIMING SYSTEM: All events will be timed using a Colorado Timing System with a horn start, touch pads, two button(s), and two watch(s) as backup.

SCHEDULE:	Friday evening	Warm-ups	4:30-5:30 PM
		Timed Finals	5:35 PM
	Saturday & Sunday A.M.	Warm-ups	7:00-8:00 AM
		Timed Finals	8:05 AM
	Saturday & Sunday P.M.	Warm-ups at the conclusion of the A.M. session and lasting one hour. Session will start 65 minutes after PM warm-up begin.	

Breaks may be scheduled as needed and will be determined by meet management before the start of the meet. Meet management would determine the duration of each break. Depending on duration, the competition pool may or may not be open for warm-ups during these breaks.

This meet will be run using FLY-OVER starts!!!

WARM-UPS: Warm-Up times will be assigned by meet management and posted on the meet landing page and on the pool deck.
General warm-ups/circle swimming for approximately 60 minutes, as determined by Meet Host. One-way sprint and/or pace lanes will be designated as needed by the meet director for the remainder of the warm-up session. Three-Point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition. No equipment, pull buoys, kick boards, or paddles used in the competition pool.

RULES/PROCEDURES: Current USA and Wisconsin LSC Rules shall prevail for this meet. Swimmers must be registered USA Swimming athletes. Deck registrations are not allowed. Athlete age will be determined as of February 16th, 2024. All coaches must have current, valid USA Swimming credentials in order to be on deck. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

DISABILITY ATHLETES: Athletes with a disability should submit the Wisconsin Swimming Accommodation/Modification form to the Meet Referee or Meet Director, prior to the start of the meet, to communicate any special requirements and/or requests. Spectators with special needs or disability should contact the Meet Director before the start of the meet.

SEEDING: All events will be pre-seeded except for events 400yd or longer, which will be positive check-in events. These events will be run fastest to slowest, NOT alternating. Events and/or Genders may be combined at the discretion of the head official and the meet directors.

ENTRY DEADLINE: Entries must be e-mailed to Elisa Spaeth at bloomier79@yahoo.com by **6:00 pm on Friday, February 9th, 2024**. You will receive a confirmation e-mail. If you have not received your confirmation by February 12th, 2024 contact the entry chair immediately. Teams are allowed to send in an updated entry by **12:00 pm on Monday, February 12th, 2024**.

This meet will be run using Hy-Tek Meet Manager. All teams are required to submit entries in the Hy-Tek/Web based commlink format. No phone entries will be accepted!

PAYMENT: Deliver payment to the pool on your first day of competition.

ENTRY FEES: \$7.00 per individual event
\$16.00 per relay event
\$4.00 LSC surcharge
\$10.00 Facility surcharge
\$15 Admission Fee

ENTRIES: A swimmer may compete in not more than EIGHT (8) individual events for the meet, excluding time trials. Swimmers may compete in not more than FIVE (5) individual events per day, including time trials.
Time Trials are under a **separate sanction** and therefore DO NOT fall under the eight (8) events for meet but DO fall under the total of six (6) events per day, as mandated by USA Swimming.

8 & Under, 10 & Under, 11-12, and 13-14 swimmers may not swim in an event in their age group in which they have achieved a state cut prior to **entry deadline IN ANY COURSE (SCY, SCM, LCM)**. Swimmers may not swim a Senior event if they have achieved the Senior state cut prior to the entry deadline. A swimmer that achieves a state cut after entry deadline of February 9th, 2024 may still swim that event at the Regional meet. All swimmers who have achieved state cuts may swim those events in the Senior category if they have not achieved the Senior state cut in that event.

WIN IT/YOU'RE

IN IT: Any 12 and under swimmer competing and winning an event of 200 yards or fewer in the 8u, 10u, or 11-12 age categories, regardless of whether they achieved a Wisconsin State Cut, will be qualified to compete in that event during the 2023 Wisconsin Swimming's SCY State Championships. Swimmers will be seeded at the slowest SCY Time Standard the following weekend.

DECK ENTRIES: Deck entries will be accepted to fill any open lanes. NO new heats will be created. If the swimmer is not already entered into the meet they will pay the \$4.00 LSC splash fee along with any additional athlete surcharges the host is charging. If they are already in the meet no new LSC fee is needed.
Deck entry fees are \$10.00 per individual event and \$20.00 per relay.
All deck entries must be done at least 30 minutes prior to the session that the events are to be swum.

HS BOYS DECK ENTRIES: Deck entries are available for High School boys. New heats may be added to accommodate the added High School boy's entries. High School boy's deck entries will be at the same cost of \$4.00 splash fee, \$7.00 per individual entry

and \$16.00 per relay. Any additional athlete surcharges charged by the meet host must also be paid.

All High School boys MUST be registered with USA/WI Swimming by Thursday, February 13th, 2024 and show proof of registration. Athletes 18 years and older MUST show proof of completion of APT prior to competition

MEET FORMAT: The following age groups will be used for scoring and awards: 8 and under, 9-10, 11-12, 13-14, and Open/Senior
All of Friday's events will be positive check events and will be seeded on Friday evening before the start of the meet. Check-in will close at 5:00 PM on Friday 2/16/24. All Friday events will be conducted fast to slow, alternating girls and boys heats. These events may be combined by any age/gender at the discretion of meet management.

AWARDS: 1st through 16th place ribbons will be awarded for all individual
1st through 8th place ribbons will be awarded for all relay events.

Individual High Point Awards:

1st-3rd High Point Awards for each Age Group will be awarded (with the exception of Senior Events). Points awarded 14-Under athletes competing in any Senior event will not count toward Age Group High Point.

Individual events will be scored using 16 place scoring.

20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

No awards will be mailed. Awards not picked up will be brought to state meets.

*****All Awards will be bagged and coaches pick up at end of meet*****

SCORING: This meet will be scored through 16th place.

CONDUCT: All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

Operation of a drone or other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) at any time athletes, coaches, officials, and/or spectators are present.

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by

an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered “not in good standing” and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

The restrooms and locker rooms in the pool area are for athletes only. Spectators are NEVER allowed in the athlete locker room areas. Changing into or out of swimsuits in areas other than the locker rooms is not appropriate and prohibited. DECK CHANGES ARE PROHIBITED

The restrooms in the lobby area are for spectators only.

- MEDICAL/FIRST AID Injuries must be reported to the lifeguard and Meet Director immediately. First aid supplies will be available at the lifeguard station.
- ADMISSIONS: Included in Meet Fees
- CONCESSIONS: Food and beverage will be sold at all sessions. Please remind your swimmers to keep food out of the pool and gymnasium area. NO GLASS IN THE POOL AREA.
- FINAL RESULTS: Will be posted on the Wisconsin Swimming website (www.wisconsinswimming.org) **within 12-hours of the completion of the meet.** Meet results will be sent via email to visiting teams.

**2024 Wisconsin Swimming's
Winter Regional Championships**
HOSTED BY Fond du Lac Swim Club & West Bend Swim Club
SANCTION: WI2024-070S

ORDER OF EVENTS

Qualifying Period: September 1st, 2021 to Entry Deadline

FRIDAY – February 16TH, 2024		
Warm-Ups: 4:30-5:30PM – Meet Starts: 5:35PM		
GIRLS	EVENT	BOYS
1	10&Under 200 IM	2
3	11-12 200 IM	4
5	13-14 400 IM	6
7	SR 400 IM	8
BREAK		
9	10&Under 500 FREE	10
11	11-12 500 FREE	12
13	13-14 1000 FREE	15
14	SR 1000 FREE	16

SATURDAY AM – February 17TH, 2024		
Warm-Ups: 7:00-8:00AM – Meet Starts: 8:05AM		
GIRLS	EVENT	BOYS
17	8&Under 100 MEDLEY RELAY	18
19	10&Under 200 MEDLEY RELAY	20
21	11-12 200 MEDLEY RELAY	22
23	8&Under 25 FREE	24
25	10&Under 50 FREE	26
27	11-12 50 FREE	28
29	11-12 200 BACK	30
31	8&Under 25 FLY	32
33	10&Under 50 FLY	34
35	11-12 50 FLY	36
37	8&Under 25 BACK	38
39	10&Under 50 BACK	40
41	11-12 50 BACK	42
43	11-12 200 FLY	44
45	8&Under 50 BREAST	46
47	10&Under 100 BREAST	48
49	11-12 100 BREAST	50
51	8&Under 100 FREE	52
53	10&Under 200 FREE	54
55	11-12 200 FREE	56
57	11-12 400 IM	58

SATURDAY PM – February 17TH, 2024		
Warm-Ups: 1-Hour Warm-Ups at the End of Morning Session		
GIRLS	EVENT	BOYS
59	13-14 200 MEDLEY RELAY	60
61	SR 200 MEDLEY RELAY	62
63	13-14 100 IM	64
65	SR 100 IM	66
67	13-14 200 FREE	68
69	SR 200 FREE	70
71	13-14 100 FLY	72
73	SR 100 FLY	74
75	13-14 200 BREAST	76
77	SR 200 BREAST	78
79	13-14 50 FREE	80
81	SR 50 FREE	82
83	13-14 100 BACK	84
85	SR 100 BACK	86
87	13-14 50 BREAST	88
89	SR 50 BREAST	90
BREAK		
91	13-14 500 FREE	92
93	SR 500 FREE	94

SUNDAY AM – February 18TH, 2024		
Warm-Ups: 7:00-8:00AM – Meet Starts: 8:05AM		
GIRLS	EVENT	BOYS
95	8&Under 100 FREE RELAY	96
97	10&Under 200 FREE RELAY	98
99	11-12 200 FREE RELAY	100
101	8&Under 50 BACK	102
103	10&Under 100 BACK	104
105	11-12 100 BACK	106
107	8&Under 25 BREAST	108
109	10&Under 50 BREAST	110
111	11-12 50 BREAST	112
113	8&Under 50 FREE	114
115	10&Under 100 FREE	116
117	11-12 100 FREE	118
119	8&Under 50 FLY	120
121	10&Under 100 FLY	122
123	11-12 100 FLY	124
125	11-12 200 BREAST	126
127	8&Under 100 IM	128
129	10&Under 100 IM	130
131	11-12 100 IM	132
133	11-12 1000 FREE	134

SUNDAY PM – February 18TH, 2024

Warm-Ups: 1-Hour Warm-Ups at the End of Morning Session

GIRLS	EVENT	BOYS
135	13-14 200 FREE RELAY	136
137	SR 200 FREE RELAY	138
139	13-14 50 BACK	140
141	SR 50 BACK	142
143	13-14 100 FREE	144
145	SR 100 FREE	146
147	13-14 200 FLY	148
149	SR 200 FLY	150
151	13-14 100 BREAST	152
153	SR 100 BREAST	154
155	13-14 200 BACK	156
157	SR 200 BACK	158
159	13-14 50 FLY	160
161	SR 50 FLY	162
163	13-14 200 IM	164
165	SR 200 IM	166
BREAK		
167	13-14 1650 FREE	168
169	SR 1650 FREE	170

2024 Wisconsin State Regional #2 Championships

Hosted by WBSC/FSC

WI Sanction Number: WI2024-Meet Waiver

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., Fond du Lac Community Aquatic Center, WBSC & FSC, and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian: _____

Position _____ Phone # _____

Email Address: _____

Team Name & Abbreviation _____

Team Coach _____ Phone # _____

Name (if other than coach) & address for sending final results:

Name: _____

Street: _____

City: _____ State _____ Zip _____

E-mail address to send final results: _____

ENTRY FEE RECAP

Total # of individual events: _____ X \$7.00 = \$ _____

of Relays: _____ X \$16.00 = \$ _____

Facility User Fee (# of athletes) : _____ X \$10.00 = \$ _____

Admission Fee (# of Athletes): _____ X \$15.00 = \$ _____

LSC Fee (Total # of swimmers): _____ X \$4.00 = \$ _____

Total Entry Fee Due: \$ _____

Make all checks payable to: WEST BEND SWIM CLUB - Bring waiver & check to meet

2024 Wisconsin State Regional #2 Championships Time Trials

Hosted by Fond du Lac Swim Club & West Bend Swim Club

WI Sanction Number: WI2024-071TT

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

- When:** At the conclusion of the afternoon session, as time permits, and at the discretion of the meet directors. Pool will be open for 10 minutes warm-up period following the conclusion of the afternoon session.
- Eligibility:** **Only athletes already entered in the meet are eligible to participate in the Time Trial portion of this meet.**
Exception: High School boys may enter into the Time Trial portion without having participated in the meet, however that athlete MUST be registered with USA Swimming AND be registered for a club participating in their respective Regional meet. All High School boys MUST be registered with USA/WI Swimming by Thursday, February 13th, 2024 and show proof of registration. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership. Athletes 18 years and older MUST show proof of completion of APT prior to competition.
- Events:** See meet order of events listing. Events and or Genders may be combined at the discretion of the head official and the meet directors. The order of events will be as follows: Free, back, breast, fly, IM and starting at the shortest distance (25y) and progressing up to the longest (1650y). The 1000 and 1650 free will be run last as a combined event.
- Time Limit:** The host reserves the right to limit the time trials to 1 hour. If swims do not make it by the time limit, those fees will be refunded.
- Limit:** **SWIMMERS ARE ALLOWED UP TO SIX (6) EVENTS PER DAY.**
PLEASE NOTE: Time Trials are under a separate sanction and therefore do not fall under the eight (8) events per meet. However, **swimmers are NOT allowed to swim more than six (6) events per day which include a combined total of Competition Session events and Time Trial events.**
- Fee:** \$10.00/individual event AND \$20/RELAY EVENT.
- Registration:** Registrations will be accepted up until 1:00 pm each day afternoon. ONLY ATHLETES ASSIGNED TO THAT REGIONAL ARE ELIGIBLE TO COMPETE IN THE TIME TRIALS (Unattached Athletes NOT attached to a specific team but registered as a Wisconsin Athlete may compete). Swimmers, who sign up for a time trial event and make the state cut time after the registration deadline, will be refunded upon request.
- Procedures:** Swimmer(s) will sign up for an event at the pool office. Swimmer(s) will fill out a seed card at the office—swimmer's name, age, team, event name and seed time. Seed card and event fee must be turned in to the office before the deadline (above). A meeting for time trials participants will be held prior to the start of time trials. It is the swimmer's responsibility to be ready to swim when his/her event is called. The referee will not hold the start of the event to wait for a swimmer to show. An announcement will be made that time trials are beginning and swimmers should report to the meeting immediately.
- Host Club Provide:** Officials, Meet Management, and stopwatches
Swimmers Provide: Timers and counters, where applicable.