

Friday Session			No Assigned warm-ups							
		Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9
W-ups	4:30 p.m.									
Meet Start:	5:30 p.m.									
Saturday AM Session										
		Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9
Group #1	7:00 - 7:25 am	WEST	WEST	WEST	WEST	WEST	BLA/SUP	COHO	COHO/NBSC	MAC
Group #2	7:25 - 7:50 am	RA	RA	RA/RMSC	HSSB/GYD	EBSC	EBSC	EBSC	EBSC	EBSC
Group #3	7:50 - 8:15 am	SHOR	SHOR/KNCY	SEA	TOSA	WAC	MMSC	MMSC	LAXY	OZ
	8:15 - 8:30 am	STARTS	STARTS	STARTS	STARTS	STARTS	STARTS	PACE	GENERAL	GENERAL
Meet start	8:35 AM									
Saturday PM Session										
		Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9
Group #1	25 mins	WEST	WEST	WEST/RMSC	WAUN	WAUN/SUP	TOSA	TOSA/NBSC	SHOR	COHO/BLA
Group #2	25 mins	GYD	KNCY/SEA	MMSC	MMSC/RA	RA	RA	LAXY	OZ	WAC/HSSB
Group #3	10 mins	STARTS	STARTS	STARTS	STARTS	STARTS	GENERAL	GENERAL	GENERAL	GENERAL
Saturday Finals Session			No Assigned warm-ups							
		Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9
W-ups	5:00 p.m.									
Meet start	6:00 p.m.									
Sunday AM Session										
		Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9
Group #1	7:00 - 7:25 am	WEST	WEST	WEST	WEST	WEST	HSSB/KNCY	LAXY	MMSC	MMSC/NBSC
Group #2	7:25 - 7:50 am	RA	RA	RA	SEA	TOSA/RMSC	SHOR	SHOR	WAC	MAC
Group #3	7:50 - 8:15 am	BLA	COHO	COHO/GYD	EBSC	EBSC	EBSC	EBSC	EBSC	OZ
	8:15 - 8:30 am	STARTS	STARTS	STARTS	PACE	PACE	PACE	PACE	GENERAL	GENERAL
Meet start	8:35 AM									
Sunday PM Session										
		Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9
Group #1	25 mins	WEST	WEST	WEST/WAUN	WAUN	LXCY	OZ	RA	RA	RA
Group #2	25 mins	COHO/SUP	KNCY/RMSC	SHOR	SEA/NBSC	GYD	MMSC	TOSA	MMSC/WAC	MMSC
Group #3	10 mins	STARTS	STARTS	STARTS	STARTS	STARTS	GENERAL	GENERAL	GENERAL	GENERAL