

## ***COM Aquatics Athlete Code of Conduct***

The following rules constitute the COM Aquatics Code of Conduct applicable to all club members. Any reference to “you” shall include each COM Aquatics member.

1. All members of the COM Aquatics are members of USA Swimming. Therefore, the USA Swimming Code of Conduct set forth in Section 304.3 of Article 304 in the USA Swimming Rules and Regulations constitutes Rule 1 of the COM code of conduct. Any violation of the USA Swimming Code of Conduct shall be a violation of the COM code of conduct. To the extent any rule below conflicts with any provision of the USA Swimming Code of Conduct, the provision of the USA Swimming Code of Conduct shall prevail.

2. You shall conduct yourself appropriately at all times, including: displaying good sportsmanship, being safety conscious on deck and in the pool, respecting the facilities we use and the property of others.

3. You shall treat coaches, club officials, administrators and other swimmers with courtesy and respect: foul or offensive language should never be used; negative or derogatory comments should be avoided.

4. When registering a complaint, you should wait 24 hours from the incident before bringing it to the attention of the coach, club official, or administrator. The purpose of this “24 hour rule” is to provide a cooling off period for all concerned.

Gross violations of the rules will result in disciplinary action. Such discipline may include, but not be limited to:

First Violation: Written warning from coaches requiring signatures from swimmers and parents.

Second Violation: Up to a one week suspension from the team.

Third Violation: Swimmer’s case will be presented to the COM Executive Director with recommendation of discipline up to immediate dismissal from the team with no refund of fees.

Policy: Without limiting the generality of the foregoing, while attending any practice, function or competition as a Competitor Member of COM, you will also comply with the COM Behavior Guidelines regarding unlawful possession or use of alcohol, tobacco, controlled substances or other contraband, curfews imposed by COM, and illegal or inappropriate behavior or language among other matters.

Athlete Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_