



YMCA Kraken Age Group 3 Equipment



All swimmers are expected to have their equipment daily. Please check your gear bags to make sure you have the following equipment or make plans to order new.

<u>Equipment</u>	<u>Image</u>	
Water/Gatorade *recommended		Be sure to bring something for hydration every day!!
FINS - FULL LENGTH *Sporti, TYR, Speedo, FINIS are good options		Can be found on Amazon or Swim Outlet
KICKBOARD *many brands have size options - smaller is a good size for this group		Can be found on Amazon or Swim Outlet
PULL BUOY *be sure to get a small size		Can be found on Amazon or Swim Outlet
MESH BAG *lots of color and style options available		Can be found on Amazon or Swim Outlet
GOGGLES *Speedo Vanguisher are a recommended type	 Many color options, Junior size available, and can be prescription.	Can be found on Amazon or Swim Outlet (check for sales!)

If you have any questions or need any help, please let Coach Rob know!