

## YMCA Kraken Age Group 4 Equipment the



All swimmers are expected to have their equipment daily. Please check your gear bags to make sure you have the following equipment each day.

<u>Equipment</u>	<u>Image</u>	
Water/Gatorade		Be sure to bring something for hydration every day!!
FINS *Sporti, Speedo, and TYR are good options		Can be found on Amazon or Swim Outlet
KICKBOARD  **many different sizes and colors	TY?	Can be found on Amazon or Swim Outlet
PULL BUOY		Can be found on Amazon or Swim Outlet
PADDLES  **be sure to check size charts  **Strokemakers are good options		Can be found on Amazon or Swim Outlet

## SNORKEL (optional)

\*there are many different brands



Can be found on Swim
Outlet or Amazon

Special note about snorkel - If you have an old one and it has not been washed in awhile - please purchase a new one or disinfect it!! ©

If you have any questions or need any help, please let me know!