

2023 WYOMING WINTER LSC Q-TIMES

WSI rules allow the use of any USA, FINA, or High School time
swum after February 27, 2022

Time conversions were done using the Swimming World Magazine conversion calculator

G I R L S

B O Y S

<u>LCM</u>	<u>SCM</u>	<u>SCY</u>		<u>SCY</u>	<u>SCM</u>	<u>LCM</u>
8 & UNDER						
*****	23.29	20.89	25 FREE	22.60	25.28	*****
56.60	55.60	49.87	50 FREE	49.85	55.77	57.29
2:00.48	1:58.43	1:46.51	100 FREE	1:55.10	2:08.21	2:11.09
*****	26.76	24.09	25 BACK	25.17	28.16	*****
*****	35.46	31.89	25 BREAST	32.20	35.74	*****
*****	31.88	28.70	25 FLY	32.03	35.68	*****
*****	2:26.80	2:12.14	100 I.M.	2:14.11	2:29.39	*****
10 & UNDER						
44.09	42.99	38.89	50 FREE	38.09	41.99	43.59
1:41.99	1:38.99	1:29.59	100 FREE	1:27.79	1:36.99	1:40.59
3:45.79	3:40.09	3:18.99	200 FREE	3:06.69	3:26.29	3:33.49
7:13.94	7:00.74	8:00.14	500/400 FREE	8:02.34	6:52.94	7:06.94
51.18	49.47	44.53	50 BACK	45.05	50.04	52.87
1:54.21	1:50.71	1:39.71	100 BACK	1:39.79	1:50.69	1:55.09
1:00.49	58.89	53.19	50 BREAST	52.09	57.59	59.69
2:14.79	2:10.49	1:58.09	100 BREAST	1:53.39	2:05.59	2:09.39
53.39	52.39	47.39	50 FLY	45.69	50.49	51.79
2:09.99	2:05.99	1:53.99	100 FLY	1:51.39	2:04.19	2:07.09
*****	1:48.97	1:38.09	100 I.M.	1:38.79	1:49.79	*****
4:09.39	4:01.49	3:38.49	200 I.M.	3:35.49	3:58.09	4:06.19
11 - 12						
36.62	35.97	32.27	50 FREE	31.52	35.26	36.22
1:19.35	1:18.00	1:10.15	100 FREE	1:10.99	1:18.49	1:21.29
3:02.29	2:58.09	2:40.39	200 FREE	2:34.59	2:52.09	2:57.49
6:10.19	6:02.09	6:53.39	500/400 FREE	6:42.39	5:52.14	6:02.09
43.99	42.39	38.09	50 BACK	37.89	42.19	43.69
1:34.46	1:31.62	1:22.47	100 BACK	1:22.19	1:30.89	1:35.49
48.42	47.22	42.47	50 BREAST	42.89	47.39	48.99
1:48.89	1:44.29	1:34.09	100 BREAST	1:31.39	1:42.29	1:46.59
41.29	40.59	36.49	50 FLY	37.09	40.99	41.89
1:36.19	1:33.99	1:24.39	100 FLY	1:22.89	1:32.09	1:33.99
*****	1:33.19	1:24.09	100 I.M.	1:20.89	1:29.39	*****
3:26.09	3:19.69	3:00.19	200 I.M.	2:57.29	3:16.19	3:23.79

13 - 14

34.61	34.00	30.50	50 FREE	27.43	30.69	31.52
1:11.83	1:10.61	1:03.50	100 FREE	59.50	1:06.10	1:08.15
2:46.56	2:43.14	2:27.24	200 FREE	2:19.30	2:34.34	2:39.20
5:53.69	5:45.49	6:33.24	500/400 FREE	6:12.79	5:26.24	5:36.59
22:19.24	22:07.89	23:23.49	1650/1500 FREE	22:18.89	20:41.89	21:21.49
1:29.99	1:25.29	1:16.69	100 BACK	1:11.49	1:19.59	1:23.89
3:12.39	3:04.89	2:46.79	200 BACK	2:36.29	2:53.59	3:02.09
1:42.09	1:37.99	1:27.99	100 BREAST	1:21.29	1:29.89	1:34.89
3:36.69	3:32.19	3:10.89	200 BREAST	2:56.59	3:17.09	3:25.49
1:26.59	1:24.99	1:16.39	100 FLY	1:11.19	1:18.89	1:21.29
3:12.99	3:07.89	2:48.99	200 FLY	2:38.19	2:54.99	3:00.89
3:08.91	3:03.90	2:45.68	200 I.M.	2:39.99	2:56.79	3:04.59
6:40.69	6:29.79	5:50.59	400 I.M.	5:29.29	6:04.19	6:18.69

15 - 16

31.98	31.41	28.18	50 FREE	28.39	31.89	32.59
1:10.90	1:09.69	1:02.68	100 FREE	56.08	1:02.30	1:04.23
2:40.71	2:37.41	2:22.07	200 FREE	2:16.49	2:31.79	2:37.39
5:45.69	5:38.14	6:26.34	500/400 FREE	5:57.34	5:14.44	5:21.79
22:53.04	22:07.89	23:05.19	1650/1500 FREE	21:35.39	20:41.89	21:21.49
1:27.29	1:23.39	1:14.69	100 BACK	1:08.09	1:15.59	1:20.19
3:08.39	3:01.39	2:42.99	200 BACK	2:27.99	2:45.59	2:53.79
1:39.49	1:36.09	1:25.89	100 BREAST	1:16.49	1:25.79	1:29.89
3:35.89	3:27.89	3:05.99	200 BREAST	2:48.19	3:06.39	3:15.39
1:25.39	1:23.29	1:14.69	100 FLY	1:07.49	1:15.49	1:17.39
3:07.29	3:04.29	2:45.29	200 FLY	2:31.29	2:47.29	2:52.29
3:09.13	3:04.11	2:45.87	200 I.M.	2:31.69	2:48.79	2:56.59
6:33.34	6:20.99	5:43.19	400 I.M.	5:15.34	5:50.64	6:00.69

OPEN

32.81	32.23	28.91	50 FREE	25.19	28.18	28.95
1:18.59	1:13.04	1:08.19	100 FREE	56.85	1:03.15	1:05.12
2:49.59	2:44.19	2:28.49	200 FREE	2:07.94	2:21.76	2:26.21
5:45.69	5:36.84	6:21.54	500/400 FREE	5:49.24	5:08.64	5:17.44
22:39.29	22:01.34	22:48.49	1650/1500 FREE	21:08.59	20:20.59	21:07.74
1:26.59	1:15.29	1:13.69	100 BACK	1:06.19	1:13.19	1:18.59
3:06.89	2:58.19	2:39.79	200 BACK	2:24.89	2:41.49	2:50.59
1:38.69	1:34.89	1:24.89	100 BREAST	1:15.09	1:23.89	1:27.99
3:33.09	3:24.39	3:03.79	200 BREAST	2:43.29	3:02.99	3:11.59
1:24.29	1:21.99	1:13.59	100 FLY	1:05.89	1:12.79	1:15.49
3:06.79	3:01.59	2:43.49	200 FLY	2:27.49	2:44.19	2:48.39
3:10.69	3:02.99	2:44.39	200 I.M.	2:27.69	2:45.89	2:53.69
6:30.74	6:16.04	5:38.64	400 I.M.	5:08.44	5:41.99	5:56.19