



# Arizona Swimming 2026 Short Course Age Group State Championship March 5-8, 2026

**Sanctioned By:** Arizona Swimming Inc. Sanction # AZ26-48R2  
**Liability:** Held under the sanction of USA Swimming. In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Flying Fish Arizona Swim Team, Town of Oro Valley and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

**Hosted By:** Flying Fish Arizona Swim Team  
**Meet Director:** Anthony Ferrara (meets@fastswimteam.com)  
**Meet Referee:** Bobby Davidson (rpdavidson@gmail.com)  
**Meet Location:** Oro Valley Aquatic Center: 23 W Calle Concordia, Oro Valley, AZ 85704

**Course:** One or Two, 25-yard courses within a single outdoor pool, with non-turbulent lane dividers, automatic Colorado start and timing system. Continuous warm-up will be available throughout the meet. Finals will be conducted in one 8-lane, 25 -yard course.

**Eligibility:** 1. **Open to any Arizona/USA Swimming registered athlete 14 years or younger** who has met the **current** Arizona Swimming Age Group State Qualifying Times as listed on the Arizona Swimming website. "Athletes who have qualified in a specific stroke and distance will be considered qualified at that same level in the equivalent stroke and distance in all courses."

## AZ Rules:

### Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 7 inches at the start end and 6 feet, 7 inches at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
14. Meet Marshals shall wear their identifying attire, as provided by the club.
15. Swimmers with disabilities are welcome. The swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
17. The following medical supervision will be available to athletes participating in the meet: lifeguards with access to first aid, emergency oxygen, AED, access to EMS.

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- Meet Rules:** 1. **This is a preliminary-final time standard meet.** In all prelim/final events there will be a consolation and championship heat. The order of the final heats shall be B and A (consolation and championship).
2. **Swimmers are limited** to three (3) individual events per day, including time trials and six (6) individual events for the meet, excluding time trials. If a swimmer has greater than six (6) events for the meet or greater than three (3) entries for a day, the highest numbered event will be dropped until the entry limits are met.
3. **Individual Events 200 yards and shorter:** (All athletes must pre-enter all events.) All individual events 200 yards and shorter are pre-seeded for the preliminaries, so athletes do not check-in to compete. no show or otherwise failing to compete ("Failure to Compete").
4. **Bonus events for 12&U athletes:** Any 12 and under athlete with at least one qualifying time may enter all of the 50's in which they have a valid time.
5. **Distance Events:** All athletes must pre-enter all events.
- a) **All individual events 400 yards and longer** will require positive check-in with the Clerk of Course to compete. Check-in deadlines are:
- **10&U 500 Free/1650 Freestyle:** 30 minutes after the start of warm-up for Session I
  - **400 Individual Medley:** one hour after the start of competition for Session II
  - **500 Freestyle:** one hour after the start of competition for Session IV
  - **1000 Freestyle:** one hour after the start of competition for Session VI
- Swimmers will be able to check in to all of their events on the first day of competition.
- b) **Timing and Lap Counting:** Swimmers in the 500, 1000, and 1650 Freestyle are responsible for providing their own timers (2) and lap counting (1) personnel. Swimmers in the 400 Individual Medley, 500 Freestyle, 1000 Freestyle, and 1650 Freestyle are responsible for providing their own personnel for timing (2) in Sessions I, II, IV, and VI.
- c) **Events #1-#2 (10&U 500 Freestyle)** are timed final events swum during Session I. These events will be swum fastest to slowest alternating girls and boys if swum in one course.
- d) **Events #3-#6 (1650 Freestyle)** are timed finals events swum during Session I. These events will be swum as follows: 11-12's fastest to slowest alternating girls and boys, then 13 & 14's fastest to slowest, alternating girls and boys if swum in one course.
- e) **Events #33-#34 (11-12 400 Individual Medley)** are timed final events. The fastest seeded heat (**top 8**) of each gender, not requesting an AM swim, will be swum during finals. All other heats will be swum during the preliminary session after the conclusion of Events #39- #40
- f) **Events #35-#36 (13-14 400 Individual Medley)** are timed final events. The fastest seeded heat (**top 8**) of each gender, not requesting an AM swim, will be swum during finals. All other heats will be swum during the preliminary session, fastest to slowest alternating girls and boys, after the conclusion of Events #33- #34
- g) **Events #71-#72 (11-12 500 Freestyle)** are timed final events. The fastest seeded heat (**top 8**) of each gender, not requesting an AM swim, will be swum during finals. All other heats will be swum during the preliminary session, fastest to slowest alternating girls and boys, after the conclusion of Events #75 and #76.
- h) **Events #73-#74 (13-14 500 Freestyle)** are timed final events. The fastest seeded heat (**top 8**) of each gender, not requesting an AM swim, will be swum during finals. All other heats will be swum during the preliminary session, fastest to slowest alternating girls and boys, after the conclusion of Events #71 and #72.
- i) **Events #111-114 (1000 Freestyle)** are timed final events with ALL heats swum in Session VI after the conclusion of Relay Events #115-118. 11-12's fastest to slowest alternating girls and boys, then 13 & 14's fastest to slowest, alternating girls and boys if swum in one course.
6. **Relay Entries:** Relays must have met the Arizona Swimming Age Group Relay Time Standard (\*excludes Mixed Medley Relay). Relay entries are to be made with aggregate times achieved by swimmers who are entered in the relay. All relay events are timed final events with the top 8 seeded relay teams, not requesting an AM swim, swimming during the finals sessions; all other heats will be swum during the preliminary sessions. Relay cards may be picked up at the beginning of the meet. Swimmers may only compete in one age group in relays of the same stroke/distance. The 13-14 200 Medley Relay will be entered using 100 of stroke times.
- All Relays are timed final events. Only two relays per team will be scored. Relay only swimmers must be entered in the meet by the meet entry deadline and the relays must meet the relay time standard. The four names of the swimmers competing on the relays must be listed prior to the start of the relay event.
- If a relay team fails to achieve the qualifying time standard, the team has 7 days from the conclusion of the meet to

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provide proof that team had achieved the qualifying time during the 18 months qualifying period. Failure to prove will result in a \$100 fine payable to Arizona Swimming 7 days from the conclusion of the meet.

**13-14 Mixed Medley relay must have 2 female and 2 male swimmers. Max of two Mixed Medley Relays per team.**

**Once teams have received the psych sheet, requests to swim relays in the prelim session can be made prior to 12 pm, Monday March 2, 2026. Any team with a preference to swim relays in the prelim session will need to communicate via email to Meet Host. All teams are encouraged to communicate relay preferences to meet host.**

7. **Time trials** may be offered at the conclusion of the preliminary sessions at the sole discretion of the Meet Referee. Time Trials do not count against the limit of six individual events for the meet, but do count towards the limit of three (3) individual events per day. Swimmers must be entered in an individual event in the meet in order to be eligible to participate in Time Trials. The USA Swimming protocol will be used for time trial event order. If time trials are offered, the 1000 Freestyle and 1650 Freestyle will be at the sole discretion of the Meet Referee. The deadline for time trial entries will be decided by the Meet Referee and posted with the Clerk of Course.
8. The **Arizona Age Group Scratch Rule** will be in effect. Any athlete qualifying for a consolation final or championship final in an individual event who no shows or otherwise fails to complete ("Failure to Compete") in either consolation final or final race shall be barred from the rest of that session's events, including that session's relays, and disqualified from their next individual event in the competition whether that event be a timed final event or a preliminary event. Athletes being scratched into a consolation or championship final will not be subject to penalty.
9. **Positive Check-in Events:** There is no penalty for athletes who do not check in for a timed final event: they will simply be scratched from the event and may not compete. No show or otherwise failing to compete in a positive check-in event for which the athlete has checked in will result in being barred from the next individual event in which the athlete is entered and a \$30.00 fee payable to Arizona Swimming by the conclusion of the meet. Such fees will be submitted to Arizona Swimming after the conclusion of the meet along with a listing of any uncollected fees. Any uncollected fees will be billed by Arizona Swimming to the club the athlete represents.
10. **Entries and Proof of Time:** To enter, individuals must submit fastest Conforming (SCY) times achieved. Fastest non-conforming times (SCM, LCM) will also be accepted. Events will be seeded SCY, LCM, SCM. Converted times are not permitted. All entries may be submitted through email in Hy-tek or comparable format (see "Entries" section below). All entries, conforming and non-conforming must be the fastest times achieved in the 18 months preceding the meet entry deadline which are equal or faster than the time standards for this meet. Times not verified through SWIMS must be proven prior to 48 hours before the first day of the start of competition or the entry will be removed from the competition and the athlete will not be able to swim/compete in the non-verified time event.
11. **Breaks between events:** Additional break time may be added to existing breaks at the discretion of the Meet Referee.

<b>Sessions:</b>	<b>Session I</b>	Timed Finals:	Warm-up: 3:00 pm	Meet Start: 4:00 pm
	<b>Sessions II, IV, VI</b>	Prelims:	Warm-up: 7:00 am	Meet Start: 8:30 am
	<b>Sessions III, V</b>	Finals:	Warm-up: 4:00 pm	Meet Start: 5:00 pm
	<b>Session VII</b>	Finals:	Warm-up: 3:00pm	Meet Start: 4:00pm

**Entries:** All entries must be submitted via email in Hy-tek or comparable format by the entry deadline listed below.

**Athletes with Disabilities** Athletes with disabilities are welcome to attend this meet. When submitting entries, coaches are required to inform the meet director with advance notice in writing by the meet entry deadline regarding any special accommodations. Any Entry of a Swimmer that falls within P1, P2, or P3 specifications, and qualifies under the corresponding Arizona Swimming Para Time Standards must be entered by overriding the time standard in the team entry file. Please include with the Team entry email a completed Para Athlete Meet Accommodation form for official use.

**Late entries:** **Any team or athlete missing the entry deadline will also be permitted to enter through the Late Entry Process, as follows:**

Late entries must be submitted by emailing the meet director no later than 12 noon, on Monday, March 2, 2026. The team must pay \$100 per athlete, and an entry fee of \$15/per event and \$30/relay.

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If an athlete achieves a new meet qualifying time between the specified meet entry deadline and the Sunday prior to the start of the meet, the athlete may enter that event. Late entries may be made by personal delivery, faxing or emailing: 1) a scan of the meet results for the new qualifying time; and, 2) a new entry spreadsheet or AZSI/USAS Meet Entry Card. Late entries are subject to times verification. In all cases, Late Entries must be received no later than 12 noon on the Monday prior to the start of the meet. It is the sole responsibility of the team submitting Late Entries to confirm their timely receipt. Newly achieved qualifying standards may not be used to improve the seed time of a previously entered individual entry, but may be allowed to complete a relay team not previously entered.

**Entry deadline: Wednesday, February 25, 2026**

**Entry Fees:** LSC Surcharge: \$10.00  
Individual Events: \$8.50  
Relay Events: \$17.00  
Individual Time Trials: \$17.00  
Entries fees must be paid by the start of the first session of the meet. Please make checks payable to **FAST [No Refunds]**

**Scoring:** Top 16 places will be scored. Only 2 relays per team per event will score.  
Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1  
Relay events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

**Awards:** Individual Events: Medals for 1<sup>st</sup> – 8<sup>th</sup> place, Ribbons 9<sup>th</sup> – 16<sup>th</sup> place  
Relay Events: Medals for 1<sup>st</sup> – 3<sup>rd</sup> place  
Individual High Point: High Point: 1<sup>st</sup> – 3<sup>rd</sup> place  
Team High Point: 1<sup>st</sup> – 3<sup>rd</sup> place for combined team score

**Officials:** Please contact the Meet Referee to indicate availability for the meet and preferred meet attire.

**Deck:** The deck may be closed or partially closed at the discretion of the Meet Referee. Only athletes or those acting in an Official capacity for the meet may enter the closed area.

## **Session I – March 5, 2026** **Timed Finals – Warm-up: 3:00 pm / Meet Start: 4:00 pm**

Girl's Event #	Event	Boy's Event #
1	10 & U 500 Freestyle*	2
3	11-12 1650 Freestyle*	4
5	13-14 1650 Freestyle*	6

\*Refer to Meet Rules #5 and #9 regarding Distance Events and Positive Check-In.

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## Session II – March 6, 2026

### Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am

Girl's Event #	Event	Boy's Event #
7	13-14 Mixed Medley Relay*	
9	10&U 100 Butterfly	10
11	11-12 100 Butterfly	12
13	13-14 100 Butterfly	14
15	10&U 100 Breaststroke	16
17	11-12 100 Breaststroke	18
19	13-14 100 Breaststroke	20
21	10 & U 200 Freestyle	22
23	11-12 200 Freestyle	24
25	13-14 200 Freestyle	26
27	10&U 50 Backstroke	28
29	11-12 50 Backstroke	30
31	13-14 50 Backstroke	32
37	13-14 800 Freestyle Relay*	38
39	12 & U 400 Freestyle Relay*	40
	5 Minute Break	
33	11-12 400 Individual Medley**	34
35	13-14 400 Individual Medley**	36

\* Refer to Meet Rule #6 regarding Relay Entries.

\*\* Refer to Meet Rule #5 regarding Distance Events

## Session III – March 6, 2026

### Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Girl's Event #	Event	Boy's Event #
7	13-14 Mixed Medley Relay*	
9	10&U 100 Butterfly	10
11	11-12 100 Butterfly	12
13	13-14 100 Butterfly	14
15	10&U 100 Breaststroke	16
17	11-12 100 Breaststroke	18
19	13-14 100 Breaststroke	20
21	10 & U 200 Freestyle	22
23	11-12 200 Freestyle	24
25	13-14 200 Freestyle	26
27	10 and under 50 Backstroke	28
29	11-12 50 Backstroke	30
31	13-14 50 Backstroke	32
33	11-12 400 Individual Medley**	34
35	13-14 400 Individual Medley**	36
	10 Minute Break	
37	13-14 800 Freestyle Relay#	38
39	12 & U 400 Freestyle Relay#	40

\*All heats of the 13-14 Mixed Medley Relay will be swum during finals.

\*\*The fastest seeded heat of each age group and gender will be swum during the finals session.

# The fastest heat of each relay event 35-38 swims in the finals session.

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## Session IV – March 7, 2026

### Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am

Girl's Event #	Event	Boy's Event #
41	13-14 200 Medley Relay*	42
43	12&U 200 Medley Relay*	44
45	10&U 200 Medley Relay*	46
47	13-14 200 Butterfly	48
49	11-12 200 Butterfly	50
51	13-14 50 Freestyle	52
53	11-12 50 Freestyle	54
55	10 & U 50 Freestyle	56
57	13-14 100 Backstroke	58
59	11-12 100 Backstroke	60
61	10 & U 100 Backstroke	62
63	11-12 200 Breaststroke	64
65	13-14 200 Breaststroke	66
67	11-12 100 Individual Medley	68
69	10 & U 100 Individual Medley	70
75	14&U 400 Freestyle Relay*	76
5 Minute Break		
71	11-12 500 Freestyle**	72
73	13-14 500 Freestyle**	74

\* Refer to Meet Rule #6 regarding Relay Entries.

\*\* Refer to Meet Rule #5 regarding Distance Events

## Session V- March 7, 2026

### Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Girl's Event #	Event	Boy's Event #
41	13-14 200 Medley Relay*	42
43	12&U 200 Medley Relay*	44
45	10&U 200 Medley Relay*	46
47	13-14 200 Butterfly	48
49	11-12 200 Butterfly	50
51	13-14 50 Freestyle	52
53	11-12 50 Freestyle	54
55	10 & U 50 Freestyle	56
57	13-14 100 Backstroke	58
59	11-12 100 Backstroke	60
61	10 & U 100 Backstroke	62
63	11-12 200 Breaststroke	64
65	13-14 200 Breaststroke	66
67	11-12 100 Individual Medley	68
69	10 & U 100 Individual Medley	70
71	11-12 500 Freestyle**	72
73	13-14 500 Freestyle**	74
10 Minute Break		
75	14&U 400 Freestyle Relay*	76

\* Refer to Meet Rule #6 regarding Relay Entries.

\*\* Refer to Meet Rule #5 regarding Distance Events

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## Session VI – March 8, 2026

### Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am

Girl's Event #	Event	Boy's Event #
77	10&U 200 Freestyle Relay*	78
79	12&U 200 Freestyle Relay*	80
81	14&U 200 Freestyle Relay*	82
83	10&U 50 Butterfly	84
85	11-12 50 Butterfly	86
87	13-14 50 Butterfly	88
89	11-12 200 Backstroke	90
91	13-14 200 Backstroke	92
93	10&Under 100 Freestyle	94
95	11-12 100 Freestyle	96
97	13-14 100 Freestyle	98
99	10 & U 200 Individual Medley	100
101	11-12 200 Individual Medley	102
103	13-14 200 Individual Medley	104
105	10 & U 50 Breaststroke	106
107	11-12 50 Breaststroke	108
109	13-14 50 Breaststroke	110
	5 minute break	
115	12&U 400 Medley Relay*	116
117	13-14 400 Medley Relay*	118
111	11-12 1000 Freestyle**	112
113	13-14 1000 Freestyle**	114

\* Refer to Meet Rule #6 regarding Relay Entries.

\*\* Refer to Meet Rule #5 regarding Distance Events

## Session VII – March 8, 2026

### Finals – Warm-up 3:00 pm / Meet Start: 4:00 pm

Girl's Event #	Event	Boy's Event #
77	10&U 200 Freestyle Relay#	78
79	12&U 200 Freestyle Relay#	80
81	13-14 200 Freestyle Relay#	82
83	10&U 50 Butterfly	84
85	11-12 50 Butterfly	86
87	13-14 50 Butterfly	88
89	11-12 200 Backstroke	90
91	13-14 200 Backstroke	92
93	10&Under 100 Freestyle	94
95	11-12 100 Freestyle	96
97	13-14 100 Freestyle	98
99	10 & U 200 Individual Medley	100
101	11-12 200 Individual Medley	102
103	13-14 200 Individual Medley	104
105	10 & U 50 Breaststroke	106
107	11-12 50 Breaststroke	108
109	13-14 50 Breaststroke	110
111	12&U 400 Medley Relay#	112
113	13-14 400 Medley Relay#	114

# The fastest seeded heat of each relay event swims in the finals session.