



Alaska Swimming

Short Course Yards Records



Women				10 & U		Men			
Name	Team	Year	Time	Event	Time	Year	Team	Name	
Amaya Rocheleau	KKF	2018	26.16	50 Free	26.61	2016	NLSC	Trey Hesser	
Sara Fallico	USC	1988	57.78	100 Free	58.79	2016	NLSC	Trey Hesser	
Sara Fallico	USC	1988	2:07.89	200 Free	2:05.37	2016	NLSC	Trey Hesser	
Karl Wray	AST	2007	5:55.13	500 Free	5:46.70	2016	NLSC	Trey Hesser	
Brette Winegar/Kassandra Beseau	TAC/CHSC	1999/2001	31.18	50 Back	30.15	2016	NLSC	Trey Hesser	
Karl Wray	AST	2007	1:06.86	100 Back	1:05.79	2016	NLSC	Trey Hesser	
Karl Wray	AST	2007	34.60	50 Breast	35.47	2009	AST	Jarod O'Brien	
Karl Wray	AST	2007	1:13.77	100 Breast	1:16.77	2009	AST	Jarod O'Brien	
Sara Fallico	USC	1988	28.20	50 Fly	29.48	1994	MSST	David Zeman	
Sara Fallico	USC	1988	1:03.02	100 Fly	1:05.24	1994	MSST	David Zeman	
Sara Fallico	USC	1988	1:06.66	100 IM	1:09.07	2010	KKF	Talon Lindquist	
Sara Fallico	USC	1988	2:23.49	200 IM	2:29.59	2015	NLSC	Trey Hesser	
Joley Hodgson, Dakota Isack, Carissa Anderson, Ciera Kelly	SEAK	2007	1:52.21	200 Free Relay	1:58.56	2007	SEAK	Louis Belley, AJ Inman, Alex Phil, Kenny Fox	
Brittany Home, Sammy Jones, Ila Macinko, Chandler Barre	KKF	2006	2:14.92	200 Medley Relay	2:16.62	2007	SEAK	Louis Belley, AJ Inman, Kenny Fox, Alex Phil	

Women				11-12		Men			
Name	Team	Year	Time	Event	Time	Year	Team	Name	
Bryn Spores	NPAC	1997	24.74	50 Free	23.81	2012	KKF	Talon Lindquist	
Elsa Musselman	YMCA	2017	53.95	100 Free	50.55	2012	KKF	Talon Lindquist	
Dreamer Kowalch	AST	2016	1:56.89	200 Free	1:50.56	2012	KKF	Talon Lindquist	
Katie Felton	UNAT	1987	5:15.64	500 Free	4:59.33	2012	KKF	Talon Lindquist	
Dreamer Kowalch	AST	2016	1:10.60	100 Free	1:03.02	2019	NLSC	Conrad Fawcett	
Leah DeGeorge	AST	2014	16:25.39	1650 Free	17:30.62	2019	NLSC	Conrad Fawcett	
Amaya Rocheleau	KKF	1998	27.51	50 Back	27.23	2019	CWSC	Wes Mark	
Victoria Adams	NLSC	2008	1:01.11	100 Back	57.12	2012	KKF	Talon Lindquist	
Tahna Lindquist	KKF	2010	2:11.47	200 Back	2:02.58	2012	KKF	Talon Lindquist	
Karl Wray	AST	2009	31.14	50 Breast	30.31	1994	AST	Quincy Schmidt	
Anna Keen	CAC	2020	1:07.41	100 Breast	1:05.45	1996	MSST	Hunter McCallister	
Karl Wray	AST	2009	2:27.32	200 Breast	2:24.33	2013	GSC	Bergen Davis	
Anna Keen	CAC	2020	26.12	50 Fly	25.83	2012	KKF	Talon Lindquist	
Meghan Cavanaugh	KNK	2003	59.01	100 Fly	58.49	2016	KNK	Brian Jarupalom	
Meghan Cavanaugh	KNK	2003	2:17.86	200 Fly	2:10.89	2012	KKF	Talon Lindquist	
Karl Wray	AST	2009	1:01.77	100 IM	58.15	2012	KKF	Talon Lindquist	
Sara Fallico	NLSC	1990	2:10.92	200 IM	2:07.05	2012	KKF	Talon Lindquist	
Karl Wray	AST	2009	4:45.81	400 IM	4:37.52	2012	KKF	Talon Lindquist	
Andrea Shaffer, Karin Wagner, Valerie Rosadiuk, Bryn Spores	NPAC	1997	1:46.78	200 Free Relay	1:43.85	2012	KKF	Luke James, Nathan Schauf, Sawyer Olsen, Talon Lindquist	
Emily Husa, Karl Wray, Jennifer Wilcox, Kendal Williams	AST	2009	2:00.10	200 Medley Relay	1:55.83	2019	NLSC	Finn Wurum, Preston Kwon, Conrad Fawcett, Ben Price	
Andrea Shaffer, Karin Wagner, Crystal Manso, Valerie Rosadiuk	NPAC	1997	3:53.45	400 Free Relay	3:46.93	2012	KKF	Luke James, Nathan Schauf, Sawyer Olsen, Talon Lindquist	
Arianna Rohde, Karl Wray, Jennifer Wilcox, Emily Husa	AST	2009	4:24.09	400 Medley Relay	4:18.44	2003	VSC	Jordan Birchett, Thomas Willis, Jordan Degayner, Trevor Williams	

Women				13-14		Men			
Name	Team	Year	Time	Event	Time	Year	Team	Name	
Anna Keen	CAC	2022	23.36	50 Free	21.77	2020	GSC	PJ Foy	
Laura Miller	KKW	2005	51.40	100 Free	47.50y	2014	KKF	Talon Lindquist	
Laura Miller	KKW	2005	1:52.20	200 Free	1:43.57	2014	KKF	Talon Lindquist	
Leah DeGeorge	AST	2016	5:03.12	500 Free	4:38.12	2014	KKF	Talon Lindquist	
Kayla Meiergerd	KNK	1998	10:30.92	1000 Free	9:53.58	2014	KKF	Talon Lindquist	
Leah DeGeorge	AST	2016	17:29.42	1650 Free	16:18.81	2014	KKF	Talon Lindquist	
Sara Fallico	NLSC	1992	56.98	100 Back	51.89	2014	KKF	Talon Lindquist	
Sara Fallico	NLSC	1992	2:01.01	200 Back	1:50.86	2014	KKF	Talon Lindquist	
Lydia Jacoby	STSC	2019	1:02.68	100 Breast	58.88	2020	UNAT	PJ Foy	
Lydia Jacoby	STSC	2019	2:15.99	200 Breast	2:11.31	2018	NLSC	Nick Price	
Meghan Cavanaugh	NLSC	2005	56.16	100 Fly	51.52	2016	GSC	Spencer Holt	
Meghan Cavanaugh	NLSC	2005	2:05.72	200 Fly	1:56.61	2016	GSC	Spencer Holt	
Sara Fallico	NLSC	1992	2:07.70	200 IM	1:56.91	2014	KKF	Talon Lindquist	
Sara Fallico	NLSC	1992	4:25.55	400 IM	4:05.72	2014	KKF	Talon Lindquist	
Mariana Tuccillo, Victoria Adams, Jessika Cavanaugh, Mary Uetmann	NLSC	2009	1:41.27	200 Free Relay	1:34.26	2007	APSC	Ben Rockwell, Shawn Wooten, Ryker Kotelman, Charlie Wholechese	
Genevieve Konicki, Hannah Iverson, Dana Bye, Meghan Cavanaugh	NLSC	2005	3:40.99	400 Free Relay	3:25.46	2014	KKF	Nathan Schauf, Luke James, Daniel Smith, Talon Lindquist	
Meghan Cavanaugh, Hannah Iverson, Jessica Yeaton, Genevieve Konicki	NLSC	2005	8:05.54	800 Free Relay	7:42.52	1992	AST	Robert Roosa, Ryan Young, Chris Getz, Nick Holiday	
Lola Woodward, Anna Keen, Catherine Heaphy, Sophia Trembath	CAC	2021	1:51.70	200 Medley Relay	1:44.23	2014	KKF	Nathan Schauf, Luke James, Talon Lindquist, Daniel Smith	
Whitney McArthur, Skylar Moore, Jessica Davis, Sydney Kimber	BBSC	2014	4:08.80	400 Medley Relay	3:48.18	2014	KKF	Nathan Schauf, Luke James, Talon Lindquist, Daniel Smith	

Women				15-16		Men			
Name	Team	Year	Time	Event	Time	Year	Team	Name	
Maria Reeves	MSST	1998	23.33	50 Free	20.51	2022	GSC	PJ Foy	
Ila Hughes	KKF	2013	50.39	100 Free	44.52	2022	GSC	PJ Foy	
Kayla Meiergerd	KNK	1998	1:50.83	200 Free	1:38.72	2022	GSC	PJ Foy	
Kayla Meiergerd	KNK	1998	4:56.55	500 Free	4:30.69	2016	KKF	Talon Lindquist	
Katy Chandler	NLSC	1997	10:16.30	1000 Free	9:39.94	2023	NLSC	Conrad Fawcett	
Kayla Meiergerd	KNK	1999	17:04.36	1650 Free	15:57.69	2014	AST	Michael Summers	
Sam Wicks	NLSC	2011	55.15	100 Back	52.22	2023	CAC	Wes Mark	
Tahna Lindquist	KKF	2013	2:00.34	200 Back	1:48.53	2015	KKF	Talon Lindquist	
Lydia Jacoby	UNAT	2021	59.46	100 Breast	55.45	2021	UNAT	PJ Foy	
Lydia Jacoby	UNAT	2021	2:12.82	200 Breast	1:58.76	2022	GSC	PJ Foy	
Avery Hafele	UNAT	2021	55.70	100 Fly	47.89	2022	GSC	PJ Foy	
Sara Fallico	NLSC	1993	2:04.58	200 Fly	1:51.67	2017	GSC	Spencer Holt	
Tahna Lindquist	UNAT	2013	2:05.09	200 IM	1:50.11	2021	GSC	PJ Foy	
Sara Fallico	NLSC	1993	4:23.69	400 IM	4:04.31	2000	MSST	Hunter McCallister	
Julia Chang, Brette Winegar, Amber Walker, Rachelle Kula	NLSC	2000	1:39.05	200 Free Relay	1:29.80	2002	MSST	Sam Wolf, Chris Humphrey, Shawn Fernandez, Clint Sevens	
Julia Chang, Brette Winegar, Amber Walker, Rachelle Kula	NLSC	2000	3:34.60	400 Free Relay	3:17.64	2011	AST	Jackson Urin, Austin Hummel, Zak Rockwell, Cory Chan	
Jessica Case, Micha Burden, Jackie Savina, Sarah Murphy	NLSC	1997	7:56.41	800 Free Relay	7:05.00	2023	NLSC	Conrad Fawcett, Jan Beck, Preston Kwon, Ben Price	
Arianna Rohde, Karl Wray, Jennifer Wilcox, Tara DeGeorge	AST	2013	1:50.78	200 Medley Relay	1:38.58	2016	GSC	Notak Post, Bergen Davis, Spencer Holt, Chris Ray	
Dana Bye, Meredith Ulrich, Meghan Cavanaugh, Genevieve Konicki	NLSC	2006	4:02.47	400 Medley Relay	3:44.02	1994	AST	Chris Getz, Ryan Young, Robert Roosa, Nick Holiday	

Women				17-18		Men			
Name	Team	Year	Time	Event	Time	Year	Team	Name	
Ila Hughes	UNAT	2014	23.20	50 Free	20.05	2023	GSC	PJ Foy	
Ila Hughes	KKF	2014	50.50	100 Free	43.98	2023	GSC	PJ Foy	
Megan Cavanaugh	UNAT	2009	1:49.66	200 Free	1:38.15	2023	GSC	PJ Foy	
Tahna Lindquist	UNAT	2014	4:53.50	500 Free	4:34.13	2018	KKF	Talon Lindquist	
Jordyn Caldwell	UNAT	2012	10:20.68	1000 Free	9:43.85	2019	MSST	Noah Palmer	
Jordyn Caldwell	UNAT	2012	17:07.14	1650 Free	16:12.96	2014	AST	Michael Summers	
Samantha Wicks	NLSC	2011	54.78	100 Back	49.22	2016	KKF	Talon Lindquist	
Heidi Billings	UNAT	2021	1:58.64	200 Back	1:46.37	2018	KKF	Talon Lindquist	
Lydia Jacoby	STSC	2021	58.87	100 Breast	55.07	2023	GSC	PJ Foy	
Lydia Jacoby	UNAT	2021	2:08.61	200 Breast	1:59.98	2023	GSC	PJ Foy	
Margot Adams	UNAT	2012	54.96	100 Fly	47.73	2023	GSC	PJ Foy	
Carly Nelson	KSC	2023	2:04.37	200 Fly	1:47.39	2019	GSC	Spencer Holt	
Madison Story/Heidi Billings	UNAT	2021	2:03.41	200 IM	1:49.79	2023	GSC	PJ Foy	
Carly Nelson	KSC	2023	4:26.69	400 IM	3:55.23	2017	KKF	Talon Lindquist	
Melissa Bogert, Sara Bogert, Arianna Jones, Julia Diostanzo	SEAK	2007	1:35.78	200 Free Relay	1:25.12	2010	NLSC	Jeff Frey, Ben Rockwell, Shawn Wooten, Wyatt Adams	
Sara Bogert, Kristin Jones, Amber Kelly, Melissa Bogert	SEAK	2007	3:35.62	400 Free Relay	3:10.49	2010	NLSC	Wyatt Adams, Ben Rockwell, Shawn Wooten, Jeff Frey	
Kristin Jones, Sara Bogert, Melissa Bogert, Amanda Jones	SEAK	2007	7:53.82	800 Free Relay	7:05.17	2016	NLSC	Jake Simmons, Andrew Kwon, Max Snelders, Caleb Law	
Jenna Rutecki, Lia Heilett, Melissa Bogert, Sara Bogert	SEAK	2007	1:47.86	200 Medley Relay	1:32.62	2021	NLSC	Nick Price, Tavian Wisdom, Brian Jarupalom, David Bascom	
Sara Bogert, Elizabeth Jagusch, Melissa Bogert, Amanda Jones	SEAK	2007	4:03.92	400 Medley Relay	3:28.77	2022	CAC	Jonathan Cowin, Micah Keen, Reuben Dobson, Jimmy Blackstone	

Women				Open		Men			
Name	Team	Year	Time	Event	Time	Year	Team	Name	
Ernie Jennings	UNAT	2017	22.97	50 Free	20.35	2023	GSC	PJ Foy	
Ernie Jennings	UNAT	2018	50.19	100 Free	43.98	2023	GSC	PJ Foy	
Meghan Cavanaugh	UNAT	2009	1:49.66	200 Free	1:38.15	2023	GSC	PJ Foy	
Tahna Lindquist	UNAT	2015	4:53.50	500 Free	4:30.69	2016	KKF	Talon Lindquist	
Katy Chandler	NLSC	1997	10:16.30	1000 Free	9:39.13	2004	MSST	Hunter McCallister	
Katy Chandler	UNAT	2002	16:59.80	1650 Free	15:57.69	2014	AST	Michael Summers	

Samantha Burke	UNAT	2017	53.45	100 Back	49.22	2016	KKF	Talon Lindquist
Tahna Lindquist	UNAT	2016	1:57.08	200 Back	1:45.47	2011	UNAT	Caleb Sevens
Lydia Jacoby	STSC	2023	57.03	100 Breast	51.82	2022	UNAT	John Heaphy
Lydia Jacoby	STSC	2023	2:06.66	200 Breast	1:55.34	2022	UNAT	John Heaphy
Ernie Jennings	UNAT	2016	53.77	100 Fly	47.69	2022	GSC	PJ Foy
Carly Nelson	KSC	2023	2:04.37	200 Fly	1:47.39	2019	GSC	Spencer Holt
Heidi Billings/ Madison Story	UNAT	2021	2:03.41	200 IM	1:49.74	2011	UNAT	Caleb Sevens
Heidi Billings	UNAT	2022	4:21.92	400 IM	3:55.23	2018	UNAT	Talon Lindquist
Samantha Bristor, AyaShank, Jeannie Cook, Avery Hafele	MSST	2022	1:36.78	200 Free Relay	1:25.12	2010	NLSC	Jeff Frey, Ben Rockwell, Shaen Wooten, Wyatt Adams
Samantha Bristor, AyaShank, Jeannie Cook, Avery Hafele	MSST	2022	3:33.80	400 Free Relay	3:09.67	2019	NLSC	Konnor Kolberg, Brian Jangpakorn, Jan Sands, Caleb Law
Micha Burden, Julia Chang, Amy Spittler, Katy Chandler	NLSC	1999	7:41.90	800 Free Relay	7:05.00	2023	NLSC	Conrad Fawcett, Jan Beck, Preston Kwon, Ben Price
Ellie Mercer, Jasmine Anderson, Kiara Borchardt, Paz Fazio	CAC	2021	1:45.57	200 Medley Relay	1:32.62	2021	NLSC	Nick Price, Tawnee Wildom, Brian Jangpakorn, David Bascom
Lola Woodward, Jasmine Anderson, Kiara Borchardt, Anna Keen	CAC	2022	3:52.32	400 Medley Relay	3:27.93	2022	GSC	Caleb Peimann, PJ Foy, Chaz Vanslyke, Harrison Holt

10 and Under Mixed Relays				
	Team	Year	Time	Event
Hadley Darr, Reyna Reddy, Jeremiah Overdorf, Elias Sundheim	KSC	2021	1:53.93	200 Free Relay
Carly Nelson, Lucas Story, Luke Nelson, Gabriel Bales	KSC	2015	2:48.07	200 Medley Relay

11-12 Mixed Relays				
	Team	Year	Time	Event
Selwyn Wessel, Kennedy Helton, Kendal Bristor, Zen Schaezle	MSST	2020	1:52.64	200 Free Relay
				400 Free Relay
Kennedy Helton, Selwyn Wessel, Zen Schaezle, Kendal Bristor	MSST	2020	2:07.14	200 Medley Relay
				400 Medley Relay

13-14 Mixed Relays				
	Team	Year	Time	Event
Emma Cegalka, James Tatakis, Ryann Dorris, Jesse Tatakis	AST	2017	1:44.87	200 Free Relay
				400 Free Relay
				800 Free Relay
Zoe Fencil, Preston Kwon, Kylie Benner, Ben Price	NLSC	2021	1:49.00	200 Medley Relay
				400 Medley Relay

15-16 Mixed Relays				
	Team	Year	Time	Event
Chris Kim, Patty Eppinger, Ezra Billings, Victoria Schachle	SST	2016	1:38.03	200 Free Relay
				400 Free Relay
				800 Free Relay
Logan Fox, Juliette Benson, Cassidy Welsh, Kyan Hamum	SST	2020	1:54.06	200 Medley Relay
				400 Medley Relay

17-18 Mixed Relays				
	Team	Year	Time	Event
				200 Free Relay
				400 Free Relay
				800 Free Relay
				200 Medley Relay
				400 Medley Relay

Open Mixed Relays				
	Team	Year	Time	Event
Heidi Billings, Logan Fox, Ezra Billings, Evie Rupp	SST	2021	1:30.90	200 Free Relay
Ethan Dill, Manami Lehman, Liberty Wargi-Morris, Elias Mank	CWSC	2019	4:31.80	400 Free Relay
				800 Free Relay
Heidi Billings, Logan Fox, Evie Rupp, Ezra Billings	SST	2021	1:40.08	200 Medley Relay
Liberty Wargi-Morris, Sierra Nelson, Ulric Lehman, Ethan Dill	CWSC	2019	5:08.38	400 Medley Relay