



2023 Arena Grand Challenge

July 6 – July 9

Held under the sanction of USA Swimming and Central California Swimming

Sanction #S18223TL Time Trial Sanction #TT18323TL

Schedule: Thursday, July 6 Friday – Sunday, July 7-9
Session 1 Preliminary Sessions 2, 4, & 6 / Finals Sessions 3, 5, & 7
Warm-up: 3:30pm Warm Up: 7:00am / Warm Up: TBD
Meet Starts: 5:00pm Meet Starts: 8:30am / Meet Starts: TBD

Facility: **CLOVIS NORTH AQUATICS COMPLEX (CLOVIS NORTH HIGH SCHOOL)** 2770 E International Ave. Fresno, CA 93730. Two 50 M x 25 Y outdoor pools. The main competition pool has a uniform depth of 7 ft with one 8 lane course available. The adjacent multi-purpose pool has an 8 lane 50 M course available for continuous warm up/warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
Use of audio or visual recordings devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. For Athlete Protection, Central California Swimming prohibits the use of photography and audio or visual recording devices, including a cell phone, behind the starting blocks throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Directions: From the North: *From Highway 99 exit onto Herndon Avenue. Go east on Herndon to Willow, north on Willow to the corner of Willow & International. Continue on Willow to the north end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.*

From the South: From Highway 99, go north on Highway 41. Exit from Highway 41 onto Herndon Avenue. Go east on Herndon to Willow, north on Willow to the corner of Willow & International. Continue on Willow to the north end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.

Check-In: With the exception of events 1, 2, 31, and 32 (the 800m free and 1500m free), swimmers are considered checked-in, unless scratched. Those swimmers competing in events 1 and 2 (800m Freestyle) must check in by 4:00pm on Thursday. Check in for events 31 and 32 (1500m Freestyle) will close 30 minutes after the start of finals on Saturday.

Meet Format: This is a preliminary and final meet format. Swimmers will be seeded according to their submitted times, fastest to slowest. The fastest three heats of 50, 100, and 200 meter events will be circle seeded. The fastest two heats of 400 meter events will be circle seeded. The 800/1500 M Free will be seeded fastest to slowest alternating women and men. Entry times will not be updated after entries are received.

A scratch box will be used and located at the Clerk of Course. Scratches prior to the seeding of heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box at the Clerk of Course. Scratch deadline for Friday's events will be Thursday at 5:30pm. Those not present for scratches may remotely contact the Admin Referee: jenmcdougal@sbcglobal.net / 559.779.3095. Scratch deadline for the remaining days will be 30 minutes after the start time for finals of the previous day. After the heats have been seeded in all events where preliminary heats are swum, any swimmer who fails to compete in an individual heat in which they are entered and has not properly scratched, will be barred from his or her next individual event and must positive check in for subsequent days. Finals will begin no sooner than 1.5 hours after finish of preliminaries. Time will be determined by the Meet Referee. Swimmers have 30 minutes after announcement of preliminary results of their event in which to scratch or declare their intent to scratch. **On Friday and Saturday, swimmers will be seeded in the finals unless scratched and be subject to the penalties.** Any swimmer seeded in a championship, consolation, or bonus final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, unless the swimmer has properly scratched according to the meet rules.



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On Sunday, July 9, there will be a required positive check in to be seeded into finals. Swimmers who wish to swim in finals will be required to check in at the clerk of course within 30 minutes of the preliminary event results being announced. Swimmers who fail to check in before the deadline will not be seeded into that final event.

At the least, there will be a Championship Final, a Consolation Final, and a Bonus Consolation Final in each event. The number of additional bonus finals will be determined by the Meet Referee at the Friday morning coaches meeting. **The 800 Free, 1500 Free and all relay events will be swum as timed finals. All heats of the 800 Free and 1500 Free will be run fastest to slowest, alternating women and men and may be combined. All heats of the 1500 will be run at the end of Sunday's preliminaries.**

Warm-Up: Thursday, July 6: Warm up 3:30-4:50pm. The competition pool will be open for warm up after the timed final 800m event and until 7:30pm.
Friday – Sunday, July 7-9: Warm up 7:00-8:20am.
The Meet Referee, at his or her own discretion, will open lanes for one way dive sprints and push pace as early as 7:20am.
All swimmers will enter the pool feet first with a three-point entry during warm-up and warm-down.

Rules: The 2023 USA Swimming and CCS rules will apply. All swimmers must be 2023 registered members of USA Swimming. The USA Swimming App is acceptable proof of USA Swimming Membership. Proof that all coach and official membership requirements are met, as of the dates of competition, shall be presented upon request by the Meet Referee. Proof may be in the form of a coach or official membership card or through the USA Swimming App.

Swimmers in 800-meter and 1500-meter freestyle events must provide their own timers and someone to count laps. A lap counting device will be provided. All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Deck Referee for lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility: Open to 2023 USA Swimming registered swimmers, regardless of LSC and team affiliation.
This is a proof of time meet. The date and location of each entry time achieved by a swimmer must appear in the USA Swimming SWIMS database as of the first day of the meet and will be provided to the referee upon request. Submitted entry times must be equal to or better than the listed time standards, aside from the bonus swims.

Entries: ***Swimmers may enter a maximum of 7 individual events (not including time trials), but may only compete in a total of 3 individual events per day, including Time Trials. (USAS 102.2.6). Seeding will occur in the following order: long course meter qualifying times, short course yard qualifying times, then long course bonus times, then short course bonus times, and No Times (indicated by entering with "NT"). Converted times will not be accepted.***
Entries must be received by **Friday, June 30, 2023**. Email entry (entry .zip file) must be accompanied by a PDF team entry report. Entry updates (added events) will be processed when received by the entry deadline. ***Deck entries are prohibited.*** **E-mail to:** coachmark76@gmail.com

Bonus Swimmers with at least one (1) qualifying time may enter up to (2) bonus events (without exceeding 7 individual entries, not including time trials). Bonus entries must be indicated as yards bonus (YB) or long course meters bonus (LB). **Bonus entries are not permitted in the 200 Free, 200 IM, 400 Free, 400 IM, 800 Free, or 1500 Free.**



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Entry Fees: Entry fees are \$7.00 per individual event, \$12.00 per relay and \$15.00 surcharge per swimmer. Relay-only swimmers must be listed on an individual entry and must pay the \$15.00 surcharge by the meet entry deadline. Full payment (single team check) for a team entry must be postmarked within 48 hours of the email entry, or permission must be obtained in advance to allow payment to be given to the Clerk of Course before the start of the first event. **Please make all checks payable to Clovis Swim Club. No Refunds**

Mail Fees to: Clovis Swim Club
1690 David E Cook Way
Clovis, CA 93611-0573

USAS

Registration: All swimmers will need to be registered for the 2023 season at least 36 hours before the beginning of this competition. Any athlete who is not registered before 12:00 p.m. on Wednesday, July 5 will be removed from the meet by the Admin Official.

Relays: All relay entries must be submitted by the entry deadline. **DECK-ENTERED RELAYS WILL NOT BE PERMITTED.** Relays may be entered as part of the emailed CL2 entry file. Teams may also email relay entries to the Admin Referee, Jennifer McDougal (jenmcdougal@sbcglobal.net) – include event number, entry time, and respective individual athlete relay assignments by the meet entry deadline. There are NO relay time standards provided for this meet. All relays will be swum in finals on Friday and Saturday. Relay cards will be due as determined by the Meet Referee on the day of the event. **Relay cards for Sunday's relays will be due by the conclusion of finals on Saturday.** Teams will have an option to declare A.M. or P.M. for Sunday's relays. Sunday A.M. relays will be swum before the 1500 Free.

Time Trials: Time trials will be held daily at a cost of \$10.00 for each swim; the time will be determined by the Meet Referee. Time trials will be run according to the procedures followed at National Championship Meets. Swimmers must provide their own timers and, when appropriate, lap counters. Lap counting devices will be provided. Time trials are available only for swimmers entered in the meet. The total number of individual events (regular and time trial) cannot exceed three for any day.

Awards: Team awards for first through third places and overall high point for male and female.

Scoring: Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
(Teams may have only two scoring relays).

Officials: Meet Referee:
Administrative Referee: Jen McDougal – jenmcdougal@sbcglobal.net
Meet Director: Doug Lambert - doug_lambert@sbcglobal.net

All Certified officials with current USA Swimming registration from any LSC are welcome to work this meet. Trials and Finals dress for this meet will be white polo shirts and khaki shorts/pants/skirts.

It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



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Order of Events and Time Standards

Thursday, July 6

Women			Men			
Event #	Yards	Meters	Event	Meters	Yards	Event #
1	11:50.79	10:35.39	800 M. Freestyle	10:00.09	11:02.59	2

Friday, July 7

Event #	Yards	Meters	Event	Meters	Yards	Event #
3	2:08.09	2:26.19	200 M. Freestyle	2:14.89	1:56.99	4
5	1:17.69	1:29.09	100 M. Breaststroke	1:21.39	1:10.79	6
7	1:07.89	1:16.59	100 M. Butterfly	1:09.89	1:01.49	8
9	5:04.99	5:49.69	400 M. Ind. Medley	5:20.59	4:40.29	10
11	NTS	NTS	800 M. Free Relay	NTS	NTS	12

Saturday, July 8

Event #	Yards	Meters	Event	Meters	Yards	Event #
13	2:22.99	2:44.49	200 M. Ind. Medley	2:31.38	2:10.09	14
15	28.69	32.49	50 M. Freestyle	29.09	25.89	16
17	2:46.89	3:12.09	200 M. Breaststroke	2:57.09	2:34.29	18
19	1:08.09	1:17.89	100 M. Backstroke	1:12.59	1:02.29	20
21	5:43.39	5:07.29	400 M. Freestyle	4:46.09	5:17.69	22
23	NTS	NTS	400 M. Med. Relay	NTS	NTS	24

Sunday, July 9

Event #	Yards	Meters	Event	Meters	Yards	Event #
25	2:27.09	2:47.49	200 M. Backstroke	2:35.19	2:15.29	26
27	1:02.29	1:10.49	100 M. Freestyle	1:04.79	56.49	28
29	2:28.69	2:48.39	200 M. Butterfly	2:35.29	2:16.89	30
31	19:40.39	20:20.49	1500 M. Freestyle	18:59.09	18:23.89	32
33	NTS	NTS	400 M. Free Relay	NTS	NTS	34

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