

2023 WINTER SHORT COURSE B/C CHAMPIONSHIP MEET

Hosted by Hanford TNT

Saturday and Sunday, February 4-5, 2023

Held under the Sanction of USA Swimming/Central California Swimming #S17123TL

Entries due by Sunday, January 29, 2023

Late entries will be accepted up to Wednesday, February 1, 2023 with a \$10 late fee

WARM-UP TIME: 8:30 AM (Sat. & Sun) MEET START TIME: 10:00 AM (Sat. & Sun)

MEET DIRECTOR: Lisa McIlwaine 559-380-8264

ADMIN OFFICIAL: Julie Rodriguez

MEET REFEREE: Paul Olson

Swimmers achieving new 2023 CCS Age Group Championship short course time standards at this meet (as published in the 2023 CCS Short Course Age Group Championships fact sheet) will be eligible to swim those events at the CCS Short Course Age Group Championships. Newly achieved times (not improved times that already qualified) from this meet can ONLY be submitted by the Meet Referee to the CCS Short Course Age Group Championships Admin Ref (Ashlee Coleman) by February 12, 2023, by 11:59 p.m. for late entry into the 2023 CCS Short Course Age Group Championships being held February 17-20, 2023. It is the swimmer's responsibility to forward these new times to the Meet Referee by the conclusion of this meet.

LOCATION:

SIERRA PACIFIC HIGH SCHOOL POOL: 1259 13th Avenue. Hanford, CA 93230 Directions from the North: From the North, exit Freeway 41 at the Excelsior Ave. off ramp and turn left. Proceed approximately 5.5 miles west and turn right onto 14th Avenue. Proceed for approximately 3 miles and turn left onto Fargo Avenue. Proceed approximately one (1) mile and turn right onto 13th Avenue. After one and a half miles turn left into the school. From the South, exit Freeway 99 at the CA-198 exit. Proceed for approximately 16 miles and then take exit 84 for 13th Avenue. Keep right at the fork in the road and follow signs for 13th Ave N. Merge onto 13th Ave for approximately 1.4 miles and then turn right into the school.

FACILITY:

A 22-lane, 25-yard heated outdoor pool with a minimum depth of 7 FT and warm up/warm down area. The competition course has not been certified according to article 104.2.2C (4) USAS rules and regulations. The Colorado timing system and scoreboard will be used. This meet will run eight (8) lanes for competition and 12 lanes for continuous warm-up and cool-down throughout the duration of the meet.

No Propane heaters. No RV overnight parking is permitted on the property of the Sierra Pacific High School. **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.** For Athlete Protection, Central California Swimming prohibits the use of photography and audio or visual recording devices, including a cell phone, behind the

starting blocks during the entire meet. *Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.*

FORMAT:

This is a timed-finals, short course yards meet.

WARM-UP RULES:

All warm-ups must be supervised by a USAS registered coach. Swimmers who do not have a USAS registered coach at the meet must report to the Meet or Deck Referee for lane and coach assignment. Dive and pace lanes will be assigned at the discretion of the Meet Referee. **All swimmers must use a 3-point entry during warm-up and warm-down.**

RULES:

Current USA Swimming and CCS Rules will apply. All swimmers must be registered with USA Swimming for 2023. Deck Pass is an acceptable form of proof. Verification of entered times should be available upon request of the Meet Referee. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. Events will be seeded according to submitted times. This is a **timed final** swim meet. **Swimmers may compete in up to four (4) individual events each day.** Events may be combined regardless of age, gender, distance, or stroke at the discretion of the Meet Referee. This meet will be **PRE-SEEDED** by the admin official. There will be **NO CHECK-IN** required for any event. Heats will be run fastest to slowest. Swimmers in the distance freestyles (1650 and 500) must provide a timer, a lap counter, and a lap counting device. The 1650 and 500 freestyle events will swim fastest to slowest, alternating girls and boys.

ADDITIONAL RULE: No technical suits shall be worn by any 12 & Under athlete member in competition at any sanctioned, approved, or observed USA Swimming Meet. This includes any suit with bonded or taped seams regardless of its fabric or silhouette or any suit with woven fabric extending past the hips. (Note: Woven Fabric – A suit with woven fabric and sewn seams that does not extend below the hips is permitted. Knit fabric – A suit with knit fabric and sewn seams not extending below the knees is permitted). [CLICK HERE](#) for the USA Swimming FAQ page regarding technical suits and 12&Under athletes.

UNACCOMPANIED ATHLETE:

All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition, and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Meet or Deck Referee for lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY:

All swimmers currently registered with USA Swimming for 2023 are eligible. On-deck USAS membership registration will be not be allowed. **Athletes not registered by 7:00 p.m. on February 3, 2023, will be scratched from the meet.**

AWARDS:

Medals: 1st – 3rd and Ribbons 4th – 8th in age group/gender for ages 11-12 and below. No Awards for ages 13 and up.

ENTRIES:

All entries must be submitted electronically. Team entries should be sent in a Hy-Tek CL2 entry file to the following email address: jcanales8@me.com Unattached swimmers affiliated with CCS may enter this meet on the CCS website, as long as the swimmer had registered on the CCS site for their USA Swimming membership. **CCS Outreach swimmers who are entered into this meet will have their fees deducted by the Host Club. The Home Club or responsible individual of the Outreach Swimmer is responsible for communicating with the Host Team of their roster and fees that need to be deducted. Names of the athletes who are receiving the Outreach incentive may be kept confidential at the discretion of the athletes' Home Club. On-line entries are due by 11:59 p.m. Sunday, January, 29, 2023. Late entries will be accepted until 11:59 p.m. Wednesday, February 1, 2023, with a \$10 late fee per swimmer. Team entries have the same deadlines as individual events. Deck entries will not be permitted.**

ENTRY FEES:

\$4.00 per individual event; \$15.00 surcharge per swimmer. Full payment (single team check) for an email entry must be postmarked within 48 hours of the email entry (see address below). **Please make all checks payable to: HANFORD SWIM CLUB**

NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE. ENTRIES AND FEES RECEIVED AFTER THE DUE DATE WILL INCUR A \$10 LATE FEE PER SWIMMER. MAIL-ONLY TEAM ENTRIES TO: Lisa McIlwaine, 554 W. Julia Ct., Hanford, CA 93230

OFFICIALS:

All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring.

SATURDAY, FEBRUARY 4, 2023

Girls	Slower than	Age Group	Event	Slower Than	Boys
1	1:11.19 1:09.39	13-14 15-18	100 Back 100 Back	1:06.39 1:03.19	2
3	35.39	11-12	50 Back	34.99	4
5	41.89	9-10	50 Back	42.29	6
7	NTS	8-under	25 Back	NTS	8
9	3:06.59 2:57.29 2:52.79	11-12 13-14 15-18	200 Breast	3:00.19 2:43.99 2:36.19	10
11	39.99	11-12	50 Breast	39.49	12
13	47.49	9-10	50 Breast	46.59	14
15	56.79	8-under	50 Breast	56.79	16
17	30.19 29.49	13-14 15-18	50 Free	27.79 26.39	18
19	31.29	11-12	50 Free	30.29	20
21	35.19	9-10	50 Free	34.49	22
23	NTS	8-under	25 Free	NTS	24
25	2:47.19 2:36.89 2:33.49	11-12 13-14 15-18	200 Fly	2:40.79 2:26.89 2:20.49	26
27	1:17.59	11-12	100 Fly	1:16.09	28
29	1:39.09	10 under	100 fly	1:37.09	30
31	52.69	8-under	50 Fly	52.69	32
33	2:37.59 2:34.89	13-14 15-18	200 IM	2:26.89 2:20.89	34
35	1:18.09	11-12	100 IM	1:14.99	36
37	1:31.69	10 under	100 IM	1:28.89	38
39	6:26.29 6:07.39 6:00.89	11-12 13-14 15-18	500 Free	6:15.89 5:48.29 5:33.79	40
41	22:25.69 21:04.09 21:47.69	11-12 13-14 15-18	1650 Free	21:56.79 20:05.89 19:26.89	42

“It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event”.

SUNDAY, FEBRUARY 5, 2023

Girls	Slower Than	Age group	Event	Slower Than	Boys
43	2:21.29 2:18.69	13-14 15-18	200 Free	2:12.59 2:06.79	44
45	2:28.99	11-12	200 Free	2:23.49	46
47	2:57.19	10-under	200 Free	2:47.99	48
49	1:36.39	8 under	100 Free	1:36.39	50
51	1:21.69 1:19.39	13-14 15-18	100 Breast	1:15.49 1:11.09	52
53	1:27.19	11-12	100 Breast	1:24.49	54
55	1:44.99	9-10	100 Breast	1:41.69	56
57	NTS	8-under	25 Breast	NTS	58
59	1:10.89 1:09.39	13-14 15-18	100 Fly	1:06.09 1:02.69	60
61	33.89	11-12	50 Fly	34.19	62
63	41.79	9-10	50 Fly	40.09	64
65	NTS	8-under	25 Fly	NTS	66
67	2:43.99 2:34.89 2:31.39	11-12 13-14 15-18	200 Back	2:39.69 2:25.09 2:17.49	68
69	1:18.09	11-12	100 Back	1:15.69	70
71	1:30.69	10 under	100 Back	1:29.29	72
73	49.49	8under	50 Back	49.49	74
75	5:46.09 5:27.49 5:20.59	11-12 13-14 15-18	400 IM	5:36.09 5:07.59 4:54.59	76
77	2:47.29	11-12	200 IM	2:43.99	78
79	3:15.59	10 under	200 IM	3:13.19	80
81	1:47.89	8-under	100 IM	1:47.89	82
83	1:05.49 1:03.99	13-14 15-18	100 Free	1:00.89 57.89	84
85	1:08.29	11-12	100 Free	1:05.89	86
87	1:19.99	9-10	100 Free	1:18.79	88
89	40.49	8-under	50 Free	40.49	90
91	13:19.99 12:38.39 12:26.89	11-12 13-14 15-18	1000 Free	13:05.89 12:01.59 11:36.29	92

