

2024 SUMMER LONG COURSE ABC CHAMPIONSHIP QUALIFIER

CCS B/C CHAMPIONSHIPS

HOSTED BY Clovis Swim Club and TNT

Held under the sanction of USA Swimming and Central California Swimming #S02424JO

SATURDAY & SUNDAY JULY 20 & 21, 2024

Entry deadline is 11:59PM Wednesday July 10, 2024

FACILITY:

CLOVIS NORTH AQUATICS COMPLEX (CLOVIS NORTH HIGH SCHOOL) 2770 E

International Ave. Fresno, CA 93730. Two 50 M x 25 Y outdoor pools. The main competition pool has a uniform depth of 7 ft with one 8 lane course available. The adjacent multi-purpose pool has an 8 lane 50 M course available for continuous warm up/warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Use of audio or visual recordings devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

For Athlete Protection, Central California Swimming prohibits the use of photography and audio or visual recording devices, including a cell phone, behind the starting blocks throughout the meet.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

From the North: From Highway 99 exit onto Herndon Avenue. Go east on Herndon to Willow, north on Willow to the corner of Willow & International. Continue on Willow to the north end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.

From the South: From Highway 99, go north on Highway 41. Exit from Highway 41 onto Herndon Avenue. Go east on Herndon to Willow, north on Willow to the corner of Willow & International. Continue on Willow to the north end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.

Overnight parking is not allowed on CUSD property.

Propane heaters are prohibited. Smoking and the use of tobacco products are prohibited on the pool deck, locker rooms, spectator areas and all areas used by swimmers. Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms or locker rooms. Operation of a drone, or other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open ceiling locker rooms) at any time. For Athlete Protection, Central California Swimming prohibits the use of photography and audio or visual recording devices, including cell phones, behind starting blocks during the start sequence throughout the meet. No deck changes allowed.

FORMAT:

This is a long course, timed final age group meet. The competition course will be modified to fit a 4-hour timeline. Events will be ***"pre-seeded,"*** meaning there is no check-in necessary for these events. Heats will be seeded fastest to slowest. No deck entries will be allowed. Swimmers in the 800 and 1500 meter freestyle events must provide their own timer, lap counter, and a lap counting device.

Swimmers may compete in up to 4 individual events per day. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. Events may be combined regardless of age or gender at the discretion of the Meet Referee.

TIME:

Warm-ups start at 7:00AM and the Meet starts at 8:30am for both days.

RULES:

Current USA Swimming and CCS Rules will govern the meet:

- All swimmers must be registered with USA Swimming for 2024.
- All entrants' membership will be verified through the USA Swimming database. USAS Membership card is acceptable proof of USA Swimming membership.
- USAS Registration: All swimmers will need to be registered for the 2024 season at least 36 hours before the beginning of this competition (by noon July 18th).
- All USA Swimming registered swimmers are welcome regardless of team and/or LSC affiliation.

- All coaches and officials must be able to show proof that USA Swimming membership requirements are met as of the date of competition. Such proof shall be presented upon request to the Meet Referee and may be in the form of USAS membership card.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Any disputed calls should first channel through coaches, then the Meet Referee.
- **TECHNICAL SUITS:** No technical suits shall be worn by any 12 & Under athlete member in competition at any sanctioned, approved, or observed CCS Meet. This includes any suit with bonded or taped seams regardless of its fabric or silhouette or any suit with woven fabric extending past the hips. (Note: Woven Fabric – A suit with woven fabric and sewn seams that does not extend below the hips is permitted. Knit fabric – A suit with knit fabric and sewn seams not extending below the knees is permitted). [CLICK HERE](#) for the USA Swimming FAQ page regarding technical suits and 12&Under athletes.

WARM-UPS: All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition, and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Deck Referee for lane and coach assignment. It is the swimmers responsibility to make such arrangements prior to the start of the meet. Dive and pace lanes will be assigned at the discretion of the Meet Referee. Warm-up procedures will be posted on deck and continuously announced by the Deck and Starter Referees. **Swimmers must use “3-point” entries when entering the water for warm-up and warm-down.**

ENTRIES: Team entries should be sent in a Hy-Tek CL2 entry file to the following email address: jcanales8@me.com . Unattached swimmers affiliated with CCS may enter this meet on the CCS website, as long as the swimmer had registered on the CCS site for their USA Swimming membership. **CCS Outreach swimmers who are entered in this meet will have their fees deducted by the Host Club. The Home Club or responsible individual of the Outreach swimmer is responsible for communicating with the Host Team of their roster and fees that need to be deducted. Names of the athletes who are receiving the Outreach incentive may be kept confidential at the discretion of the athletes' Home Club.** Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry (see address below).

In the event the timeline exceeds the limits of the USA Swimming “4-hour rule,” swimmers who enter the maximum number of events on either day must indicate with the Clerk of Course one event to scratch on their entry. If the swimmer does not indicate an event to scratch, the last event of the day will be scratched by the Clerk of Course. Any questions regarding entries, please contact Jessica Bean at (559) 381-8155.

ENTRY FEE: \$5.00 per individual event, surcharge of \$15.00 per swimmer. CCS also requires a \$10.00 surcharge for all out-of-LSC swimmers competing in CCS meets. Entry fees are **non-refundable**. Full payment must accompany all entries. **There will be a bank fee for all returned checks. Make checks payable to: Hanford Swim Club. Mail to Hanford Swim Club c/o Jessica Bean 961 W Quail Rock Way Hanford, CA 93230. No refunds.**

DEADLINE: Entries must be received by 11:59 PM Wednesday, July 10, 2024.

AWARDS: Age groups for awards will be 8-UN, 9-10, 11-12. Medals will be awarded for 1st-3rd to swimmers in the B/C division in each event. Ribbons will be awarded for 4th-8th in the B/C division for each event. **The B/C division is made up of swimmers who have not yet achieved a CCS Age-Group Championship qualifying time in that event.** Ribbons will be awarded for 1st-8th to swimmers in the A division. Note: 8 & Under will swim with the 10 & Under but will be scored and awarded separately. Other age groups combined for seeding purposes will be scored and awarded separately. There will be no high point awards.

MEET DIRECTOR: Jessica Bean 559-381-8155 jcanales8@me.com

ADMINISTRATIVE OFFICIAL: Chris Lewis 805-440-2822 lewis.chris05@gmail.com

MEET REFEREE: Jason Minch

SCHEDULE OF EVENTS

Saturday, July 20, 2024

Sunday, July 21, 2024

Girls	Age	Event	Boys			Girls	Age	Event	Boys
1	13/over	200m Free	2			37	13/over	100m Free	38
3	11/12	200m Free	4			39	11/12	100m Free	40
5	10/under	200m Free	6			41	10/under	100m Free	42
7	13/over	100m Fly	8			43	11/over	200m Fly	44
9	11/12	100m Fly	10			45	11/12	50m Fly	46
11	10/under	100m Fly	12			47	10/under	50m Fly	48
13	11/over	200m Breast	14			49	13/over	100m Breast	50
15	11/12	50m Breast	16			51	11/12	100m Breast	52
17	10/under	50m Breast	18			53	10/under	100m Breast	54
19	13/over	100m Back	20			55	11/over	200m Back	56
21	11/12	100m Back	22			57	11/12	50m Back	58
23	10/under	100m Back	24			59	10/under	50m Back	60
25	13/over	50m Free	26			61	13/over	200m IM	62
27	11/12	50m Free	28			63	11/12	200m IM	64
29	10/under	50m Free	30			65	10/under	200m IM	66
31	11/over	400 IM	32						
33	11/over	400 Free	34			67	11/over	800m Free	68
35	11/over	1500m Free	36						

It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.