

2025 Summer Long Course ABC Championship Qualifier CCS B/C Championships

Held under the Sanction of CCS and USAS
#S05125JO

DATE OF MEET: July 12th & 13th, 2025

SPONSORED BY: **TULE NATION TRITONS**
MEET DIRECTOR: **Danny De Ochoa**
ADMIN Official: **Julie Rodriguez**
MEET REFEREE: **TBD**
MEET START TIME: **9:00 A.M. (Sat. & Sun.)**
WARM UP TIME: **7:30 A.M. (Sat. & Sun.)**

ENTRIES RECEIVED BY: **July 6th 2025 at 11:59 P.M.**
LATE ENTRIES UNTIL: **July 9th, 2025 at 11:59 P.M.**
with \$10 late fee

****All out of area teams are eligible to enter**
For More Info Visit: www.centralcalswim.org

Location: **MISSION OAK HIGH SCHOOL 3442 E Bardsley Ave, Tulare, Ca 93274**

Directions from the North: Take 99 FWY to Exit 86 for Bardsley ave. Turn left onto E Bardsley Ave. Continue driving straight (Heading East) on E Bardsley ave for 1.8Miles. Pool be will located on the left hand side Approx 700feet after crossing Morrison St.

Directions from the South: Take 99 FWY to Exit 86 for Bardsley ave. Turn Right onto E Bardsley Ave. Continue driving straight (Heading East) on E Bardsley ave for 1.8Miles. Pool will be located on the left hand side Approx 700feet after crossing Morrison St.

Facility: 8-lane 50 meter heated outdoor pool with minimum depth of 7 FT and warm up/warm down area (separate pool). The competition pool has not been certified according to article 104.2.2C (4) of the USAS rules and regulations.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. For Athlete Protection, Central California Swimming prohibits the use of photography and audio or visual recording devices, including a cell phone, behind the starting blocks throughout the meet. Operation of drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and opening ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited, including deck changes.

Format: This is a long course, timed final age group meet. The Competition course will be modified to fit a 4-hour timeline. Events will be "**pre-seeded**," meaning there is no check-in necessary for these events. Heats will be seeded **fastest to slowest**. No Deck Entries will be allowed.
Swimmers in the 800 & 1500 meter freestyle events must provide their own timer, lap counter, and a lap counting device.

Swimmers may compete in up to 4 individual events per day. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. Events may be combined regardless of age or gender at the discretion of the Meet Referee.

Warm Up Rules: Warm-up will begin at 7:30 a.m. on both Saturday and Sunday. All warm-ups must be supervised by a USAS registered coach. Swimmers who do not have a USAS registered coach at the meet must report to the Meet or Deck Referee for lane and coach assignment. Dive and pace lanes will be assigned at the discretion of the Meet and/or Deck Referee. **NO DIVING** will be permitted. **All Swimmers must use a 3-point entry during warm-up and warm-down.**

Rules: Current USA Swimming and CCS Rules will apply. All swimmers must be registered with USA Swimming for 2025. USAS APP for acceptable proof of registration. Verification of entered times should be available upon request of the Meet Referee. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. Events will be seeded according to submitted times. This is a **timed finals** swim meet. Events may be combined regardless of age, gender, distance, or stroke at the discretion of the Meet Referee. This meet will be **PRE-SEEDED** by the admin official. There will be **NO CHECK-IN** required except for the 800m & 1500m free. Heats will run fastest to slowest. Swimmers in the distance 800m & 1500m freestyle must provide a timer, a lap counter, and a lap counting device.

The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. **ANY DISPUTED CALLS SHOULD FIRST CHANNEL THROUGH COACHES, THEN THE MEET REFEREE.**

In the event the timeline exceeds the limits of the USA Swimming "4-hour rule," COACHES WILL BE EMAILED ON July 11th, 2025, to inform their swimmers, who entered the maximum number of events on either day, that they must check-in with the Meet Director and Admin Official to scratch one of their events 30 minutes before the start of the meet. If the swimmer does not indicate an event to scratch, the last event of the day will be scratched by the Admin Official.

ADDITIONAL RULE:

Per Central California Swimming policy, swimmers 12 years old and younger are not permitted to wear "Technical" suits at any CCS sanctioned or approved meets. For a detailed definition of the suits included in this policy:

https://www.teamunify.com/wzccslsc/UserFiles/Image/QuickUpload/ccs-suit-restriction-for-swimmers_079631.pdf

Unaccompanied Athlete:

All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Deck Referee for lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Officials:

All USAS Officials are welcomed and encouraged to work this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. If an insufficient number of officials are present to allow for rest breaks, a ten-minute break will be taken every two hours.

Eligibility

All swimmers currently registered with USA Swimming for 2025 are eligible. On-deck USAS membership registration will be not be allowed. All swimmers will need to be USAS registered by noon on July 10th to be eligible for the meet.

Entries:

All entries must be submitted electronically. Team entries should be sent in a Hy-Tek CL2 entry file to the following email address: tritonswim.treasurer@gmail.com. Unattached swimmers affiliated with CCS may enter this meet on the CCS website, as long as the swimmer had registered on the CCS site for their USA Swimming membership. **CCS Outreach swimmers who are entered into this meet will have their fees deducted by the**

Host Club. The Home Club or responsible individual of the Outreach Swimmer is responsible for communicating with the Host Team of their roster and fees that need to be deducted. Names of the athletes who are receiving the Outreach incentive may be kept confidential at the discretion of the athletes' Home Club.

On-line entries are due by 11:59 PM Sunday, July 6th, 2025. Late entries will be accepted until 11:59 PM Wednesday, July 9th, 2025 with \$10 late fee per swimmer. Team entries have the same deadlines as individual events. Deck entries will not be permitted.

Entry fees:

\$4.00 per individual event; \$15.00 surcharge per swimmer. There is an additional \$5 Surcharge fee for non-CCS swimmers, total non-CCS swimmer surcharge \$20.00 Full payment (single team check) for an email entry must be postmarked within 48 hours of the email entry (see address below). **NO REFUNDS. RETURNED CHECKS WILL INCURE A SERVICE FEE. ENTRIES & FEES RECEIVED AFTER DUE DATE WILL INCURE A \$10 LATE FEE PER SWIMMER.**

**MAIL ONLY TEAM ENTRIES TO:
(ENTRY CORDINATOR)**

**TNT SWIMMING/MEET ENTRIES
PO BOX 2064
TULARE, CA 93275**

MAKE TEAM CHECKS PAYABLE TO: TNT SWIM TEAM

**For additional information contact: Julie Rodriguez @ tritonswim.treasurer@gmail.com
(559) 284-8466**

**Danny De Ochoa @ TntSwimPresident@gmail.com
(559) 417 -4572**

Receipt of entry will not be verified by phone.

SCHEDULE OF EVENTS

Saturday, July 12th, 2025

Sunday, July 13th, 2025

Girls	Age	Event	Boys			Girls	Age	Event	Boys
1	13/over	200m Free	2			37	13/over	100m Free	38
3	11/12	200m Free	4			39	11/12	100m Free	40
5	10/under	200m Free	6			41	10/under	100m Free	42
7	13/over	100m Fly	8			43	11/over	200m Fly	44
9	11/12	100m Fly	10			45	11/12	50m Fly	46
11	10/under	100m Fly	12			47	10/under	50m Fly	48
13	11/over	200m Breast	14			49	13/over	100m Breast	50
15	11/12	50m Breast	16			51	11/12	100m Breast	52
17	10/under	50m Breast	18			53	10/under	100m Breast	54
19	13/over	100m Back	20			55	11/over	200m Back	56
21	11/12	100m Back	22			57	11/12	50m Back	58
23	10/under	100m Back	24			59	10/under	50m Back	60
25	13/over	50m Free	26			61	13/over	200m IM	62
27	11/12	50m Free	28			63	11/12	200m IM	64
29	10/under	50m Free	30			65	10/under	200m IM	66
31	11/over	400 IM	32						
33	11/over	400 Free	34			67	11/over	800m Free	68
35	11/over	1500m Free	36						

It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.