

Altitude Conversion Table

| Altitude | 3,000-4250 ft | 4251-6500 ft | Above 6500 ft |
|--------------|---------------|--------------|---------------|
| Event | | | |
| 50 FR | n/c | n/c | n/c |
| 100 FR | n/c | n/c | n/c |
| 200 FR | .5 | 1.2 | 1.6 |
| 400/500 FR | 2.5 | 5.0 | 7.0 |
| 800/1000 FR | 5.0 | 10.0 | 15.0 |
| 1500/1650 FR | 11.0 | 23.0 | 32.5 |
| 100 BK | n/c | n/c | n/c |
| 200 BK | .5 | 1.2 | 1.6 |
| 100 BR | n/c | n/c | n/c |
| 200 BR | .5 | 1.2 | 1.6 |
| 100 FLY | n/c | n/c | n/c |
| 200 FLY | .5 | 1.2 | 1.6 |
| 200 IM | .5 | 1.2 | 1.6 |
| 400 IM | 2.5 | 5.0 | 7.0 |

*Conversion: sea level + seconds listed.