2014 Fall IES House of Delegates Meeting

Tri-City Court Club, Kennewick, WA Sunday, October 5, 2014 MINUTES

The meeting was called to order at 1:05 by Todd Stafek, General Chair

Welcome and Roll Call

IES Board and Committee Members in attendance: Todd Stafek - General Chair & Records Chair, John Pringle -Administrative Vice Chair, David Dolphay - Senior Chair, Amy Thorpe-Age Group Chair, John Bergstrom - Treasurer, Pam Wilson - Secretary, Bob Wood - Coaches Rep, Izzy Madill - Senior Athlete Rep, Maggie DeTar - Junior Athlete Rep, Doug Wertz - Officials Chair, Jack Griffith - Safety Chair, David Cutter - Sanctions Chair Chris Engledow-Open Water Chair, Corrine Dutto - Safe Sport Chair, Dan Lawson-Coaches Safety Training

Other Members in attendance:, Kathy Kern-TCCC, Deanna Goguen-SAS, Karen Darling-SAS, Matt Bruggman-VS, Stephanie Semenko-MRA, Alechsey Semenko-MRA,, Holly Howard-WWSA, Karen Watson-WWSC, Natalie Turner-SWAT, Michael Woodward-SWAT, Chris Miller-LGSC, Darren Dutto-LGSC, Mark Sowa - VAN, Robert Broyles-UN, Tony Nelson-PSA, Pat -YAC, Sarah Lien-BST. Teri Madill-SWAT

Approval of Minutes

The minutes from the April 13, 2014 House of Delegates meeting held in Moses Lake were available at the HOD meeting and on the IES website.

A motion was made and seconded to approve the minutes from the Spring HOD meeting. Motion passed.

Report of Officers/Committees

Todd Stafek-General Chair: Thanked everyone for attending. Discussed the positive experience of Convention for all who attended. Announced that Roger Boyles has been elected to the position of Technical Vice President for USA Swimming, an honor for him as an individual and a representative of IES. Lisa Bratton has been selected as a member of the US National Team. Discussed perceived problem with IES Scholarship award to Lisa Bratton and Texas A&M. School first looked at this as Bratton receiving funds from a team that she swam for which is against NCAA rules. Stafek explained the relationship between Bratton as a TCCC swimmer and IES and it was decided that Bratton could accept the scholarship and the \$250 will be sent directly to Texas A&M. There were no male applicants for the IES scholarship. Stafek encouraged all in attendance to remind swimmers to apply for the annual scholarship.

David Dolphay - Senior Vice Chair: Discussed the allocation of Senior Travel funds and possible changes for next year with National meets being located in different places, namely SC National will be held in Federal Way in 2015.

A motion was made and seconded to reduce the points for Short Course Nationals to 3 points, from 4, for the 2015 year. Motion passed.

Amy Thorpe-Age Group Chair: Discussed the great experience of 2014 Age Group Zones experience in Federal Way. Complemented Genie Lutz as Team Manager, and Keith Lambert and Pam Wilson as Chaperones for making this trip the most enjoyable Zones trip she has been involved with yet. Discussed the 2015 AG Zones trip being in Maui. Expenses for Maui trip will be higher and kids will need to commit to attending sooner due to travel plans. Discussed the option of kids flying only one way with the team so they can stay in Maui and vacation with family after the event if that works, however the swimmers attending Zones must travel to Maui with the IES Team and stay in Maui with the team.

Bob Wood - Coaches Representative: Discussed attending the US Swimming Convention in Jacksonville, FL. COMPLETE REPORT ATTACHED. Thanked IES for allowing him to attend and appreciated the information he was able to gather. Highlights of the report - Izzy Madill and Maggie deTar were great Athlete Representatives for IES. Robert Boyles elected to Tech VP. Discussed the information gathered over the last five years on CO2 levels. Discussed need for brand improvement for USA Swimming. Discussed need for dress code for coaches to present themselves in a more professional manner. Additional attached meeting reports — Western Zone General Chair Meeting, Steering Committee, Club Development Committee, Coaches Meeting, and Parent Education. Wood also discussed Montana Swimming and IES Cooperative Growth Effort. COMPLETE REPORT ATTACHED. Wood also distributed a questionnaire regarding the growth potential of each individual team within IES. There are very few teams that could not benefit from growth of team members. With this information Wood can formulate plans for club development. QUESTIONNAIRE ATTACHED.

John Bergstrom - Treasurer: See report in New Business (2014-2015 Budget)

Izzy Madill and Maggie deTar - Athlete Representatives: Thanked IES for allowing them the benefit of attending Convention. They reported on their main takeaways. REPORT ATTACHED. Highlights of the report - Triple Impact Competitor: Make themselves, their team and the game better. Mistake Rituals - Mistakes happen, accept them and move past. Hazing - Break the 'traditions', don't participate and don't tolerate. The Plan - encourage involvement of swimmers; Facebook page, Clinic at spring HOD, community service project. Also discussed Deck Changing. This has been banned in USA Swimming and includes any form of taking any part of your suit off on deck.

Doug Wertz - Officials Chair: Reported Chris Miller, Teri Madill, Genie Lutz and Sean Murphy have been working together and Teri Madill has been selected as the new Officials Chair since Doug is stepping down from that position. The budget for this year was underspent because we did not bring in a National Observer, but we will do this in the future. IES currently has about 140 officials, constant turnover. Constant push for deck and office officials. Jack Griffith has earned National N3 Certified Referee credential. Wertz discussed the need for teams to make lane lines with adequate 15 meter marks a priority with their equipment upgrades plans.

Jack Griffith - Safety Chair: COMPLETE REPORT ATTACHED. Griffith discussed the survey on the IES website and asked all to complete the survey. He also discussed the potential issues IES faced with the fire and smoke issues for the Wenatchee LC Champs. This was a first for a major event, but all the behind the scenes work and planning allowed the meet to go as

planned. Griffith announced the new Safety Swimmer Representative is Bryce Ebel from La Grand Swimming.

Corrine Dutto Safe Sport Chair: Dutto announced she has a video available for presenting to swimmers (12+ yr olds) that is about 1 - 1 1/2 hours long. She is going to present it to her team swimmers to gage the effectiveness of the presentation. The video is based on all real life scenarios and is good for life skill information, not just swimming. Todd Stafek also reported that IES will no longer have a Review Committee to review reports of problems. At Convention it was decided that Review Committees will be at the Zone level and each LSC will have rep representative that will be selected to review complaints. For IES the Review Committee representatives will be comprised of the Safe Sport Chair, the Coaches Representative and the Senior Athlete Representative.

David Cutter - Sanctions Chair: Discussed the problems with sanction requests including last minute requests, lots of changes and moves and not being notified of changes. Meets need to be sanctioned 60 days prior to the event. Minimum application must list four Stroke and Turn Officials and the Administrative Official.

Todd Stafek - Records Chair: Several IES records were broken this season. COMPLETE REPORT ATTACHED.

Unfinished (old) Business

2015 IES Championship meet sites and time standards - John Pringle
Pringle reported there was a scheduling conflict with Moscow/Pullman hotels and the 2015 IES
Short Course Champs has been moved to the CWU pool. CWU Scheduling will issue official
approval of the meet in mid-November. The CWU facility is not as big so there was discussion
regarding ways to decrease the amount of people at that pool to improve the experience for all
and improve air quality. Bob Wood is going to work with CWU on the air quality control for
that event. Coaches were told to encourage lower family participation for this event. Also
discussed Jr Champs and changes that could be made if it ends up being a very large event.

A motion was made and seconded to institute the following rules for the 2015 SC Champs meet:

*Eliminate Relay Only Swimmers from the meet

*Institute BB Time Standards for 15 - 18 yr old athletes

*Eliminate Bonus Events

Along with the approval of the Committee to further investigate other options to reduce the number of people and/or increase time standards if needed. Motion passed.

Election of Officers

Three positions will up for election at the Spring HOD Meeting—Administrative Vice Chair, Age Group Vice Chair and Treasurer. These are all two year terms and will start with the 2015 - 2016 season. John Pringle, Amy Thorpe and John Bergstrom hold those positions currently and are eligible for re-election.

New Business

2014 - 2015 Budget - Todd Stafek and John Bergstrom

Budget was presented and discussed. There is a budget shortfall due to the Hawaii Zone additional expenses budget at \$15,000. Discussion regarding option for dealing with this shortfall included increasing meet surcharge fees, taking funds from savings, and allocating excess operating funds to Zones meets in the future.

A motion was made and seconded to increase the meet surcharges from \$10 to \$12 to cover the \$13,333 2014 - 2015 IES Budget shortfall. This increase will apply to meets not yet sanctioned through August 31. Motion passed.

A motion was made and seconded for any extra profit for the 2014 - 2015 fisal year that is remaining will be transferred to the Zones Fund for reimbursement to the Aug 2015 Zones participants.

Motion passed.

Bergstrom reported that TCCC uses a standard expense reimbursement form which is clear and concise and needs to be used by all of IES. This will allow the Treasurer more accurate accounting and record keeping. Todd Stafek reported he would post this document on the IES website.

Stafek discussed possibility of allocating Senior Points to swimmers who attend the Legends Meet (above Sr Sectional time standards but below Jr Nationals cuts). A decision on including this meet in the Senior Points budget allocation will be obtained once more information is gathered on the Legends Meets.

Suspension of the 4 hour rule for IES Short Course Meets - Todd Stafek

IES needs to do what is best for IES. IES submitted a variance request to Dan McCowen and it was passed. Stafek will post this on the IES website and Karen Byers can send it out. This is for the Short Course Season for Invitational events for the 2014 - 2015 season. Additional variances have to be requested in future years.

IES Autopay through Team Unify - John Pringle

At this point we are just looking at this, but two or three other LSCs are trying this out for team registrations. Mailing checks would continue to be an option. This would be Team Unify on an LSC level. It could streamline payments for clubs.

Tri-LSC Status - Bob Wood

COMPLETE REPORT ATTACHED. Discussed information he gathered at Convention regarding the Mighty 2500 Group. South Carolina doubled in number of swimmers from 800 to 1600 and now over 2500 participants with the help of a Marketing Director they hired. That Director secured corporate sponsorships for every team. The Director was paid on a commission basis.

Exploring a joint venture for a similar position with the Montana LSC. Looking to do a one year pilot program with a young experienced high level swimmer. The base pay would be low, but would include a profit share program for corporate sponsorships. This share is generally a 20 - 30% cut. One of the challenges is the vast geographic region IES/Montana LSCs cover, so travel expenses for this position would be high. Wood will continue to work on this and will present more information at the Spring HOD.

Summary of CO2 - Bob Wood (see Coaches Report)

Survey of IES club needs - Bob Wood (see Coaches Report)

Announcements - Todd Stafek

Jack Griffith - Official of the Year Genie Lutz - Volunteer of the Year

Next meeting will be the Spring HOD on Sunday April 19th in Moses Lake. There will be a Swimposium on Saturday, April 18th. Details to follow.

Meeting Adjourned at 3:10

Respectfully Submitted,

Pam Wilson IES Secretary

REPORTS ATTACHED

- *Fall 2014 Sanctioned Meets David Cutter
- *Treasurers Report John Bergstrom

Senior Travel Accounting

*IES Scholarship and Scholastic All American Report – Todd Stafek

2013-2014 SAA Team

*Office/Membership Report – Karen Byers

IE Membership Statistics

*Safety Report – Jack Griffith

IES Safety Survey

- *Safe Sport Report Corrine Dutto
- *Diversity Report Jennifer Tonlyn

(this report was erroneously left out of the HOD meeting packet)



INLAND EMPIRE SWIMMING

Fall 2014 SANCTIONS REPORT

IMX FALL CHALLENGE	VERY SCARY	TRICK OR TREAT	SPRINT SHOOTOUT	OCTOBERFEST	HARVEST	SPOOKTACULAR	LAST CHANCE FOR CHAMPS	IE LONG COURSE CHAMPS	SIZZLIN SUMMER	STARLIGHT	PSA OPEN	SAS END OF LONG COURSE	CAST DEVELOPMENTAL	WINE COUNTRY	MAYFLOWER DEVELOPMENTAL	MEET
SWAT	VS	GMSC	MRA	EAST	YYST	GMSC	SAS	S	MRA	VS	PSA	SAS	CAST	YAC	VS	НОЅТ
Open	Developmental	Open	Open	Open	Open	Open	Developmental	Open	Open	Open	Open	Developmental	Developmental	Open	Developmental	MEET TYPE
October 18-19	October 4	October 25	September 27	October 10	November 8-9	October 25	July 15	July 25-27	July 18-20	July 11-13	July 11-13	August 14	May 10	June 20-22	May 10	DATES
IE-14-1245	IE-14-1244	IE-14-1243	IE-14-1242	IE-14-1241	IE-14-1240	IE-14-1239	IE-14-1238	IE-14-1237	IE-14-1236	IE-14-1235	IE-14-1234	IE-14-1233	IE-14-1232	IE-14-1231	IE-14-1230	SANCTION #
issued 9/29/14	issued 9/20/14	issued 9/17/14	issued 9/10/14	issued 9/4/14	issued 9/1/2-14	issued 7/26/14	issued 7/8/14	issued 6/29/14	issued 5/18/14	issued 5/18/14	issued 5/5/2014	issued 5/4/2014	issued 4/15/2014	issued 4/15/2014	issued 4/14/2014	Status

INLAND EMPIRE SWIMMING

Statement of Revenue & Expenses									
for the year ended 9/30/14									
	Actuals	Annual Budget	Variance	% of Budget (100% expired)					
Revenues:									
Meet Fees-General	\$ 92,914	\$ -	\$ -						
Olympic Trial Surcharge	1,847								
Equipment Surcharge	371								
Official's National Surcharge	1,805								
Subtotal	\$ 96,937	\$105,826	\$ 8,889	92%					
Registration Fees	27,238	27,831	593	98%					
Sanction Fees	843	950	107	89%					
Total	125,018	134,607	9,589						
Operating Expenses:			THE RESERVE	STATE OF THE PARTY.					
Administration	18,137	16,440	(1,697)	110%					
Equipment & Software	899	3,050	2,151	29%					
Seminars & Conventions	11,092	15,000	3,908	74%					
Official's National Fund Resv	1,440	- 1	(1,440)						
General Chair	221	1,200	979	18%					
Vice-Chair	- 1	200	200	0%					
Treasurer	768	1,300	532	59%					
Safety Chair	500	500		100%					
Officials Chair	3,323	5,700	2,377	58%					
Records Chair	860	1,000	140	86%					
USA Seminars	695	1,500	805	46%					
Subtotal	37,935	45,890	7,955	10,0					
Operating Revenues (Expenses)	87,083	88,717	1,634						
Program Expenses:	A STATE OF THE PARTY.	Balling Street	Case Market						
College Scholarships	250	500	250	50%					
Senior	23,999	24,000	1	100%					
Age Group	52,796	56,500	3,704	93%					
Coaches	-	-		0%					
Other	1,221		(1,221)	0%					
Subtotal	78,266	81,000	2,734						
Net Revenues (Expenses)	\$ 8,817	\$ 7,717	\$ (1,100)						

Balance, Beg of Fiscal Year-10/01/13 Additions To General Fund	\$ 48,668 7,498			
Balance as of 09/30/14	\$ 56,166			
Equipment Reserve				
Balance, Beg of Fiscal Year-10/01/13	\$ 66,090			
Additions to reserve -				
Meets	371			
Subtractions from reserve -				
Equipment Expenditures	(899)			
	(528)			
Balance as of 09/30/14	\$ 65,562			
Olympic Trial Fund	Ψ 00,002			
Balance, Beg of Fiscal Year-10/01/13	\$ 2,676			
Additions to reserve -				
Meets	1,847			
	1,847			
Balance as of 09/30/14	\$ 4,523			
Total Funds	\$126,251			
Walla Fama Barla Barla de Control de	0.100.051	Main Acct	Debit Card	Savings Acc
Wells Fargo Bank Balances as of 09/30/14	\$126,251	= \$ 72,592	+ \$ 2,960	+ \$ 50,700
Investment Account-American Funds	\$124,240			
(as of last stmt rec'd - dated 9/30/13)				
Total Cash & Investments	\$250,491			
Property & Equipment				
Timing Systems/Trailers	\$ 18,555			
Accum. Depreciation (St/Ln 7yr-End of yr2)	(5,305)			
Book Value as of 9/30/14	\$ 13,250			
Total - Net Position	\$263,741			

Name	SC Nationals (4)	SC JR Nationals (4)	NCSA/NASA JR Nationals (4)	LC Nationals	Summer JR Nationals (4)	Grand Prix/Open Water(2)	Fall Can/Am Disability Meet (4)	Spring Can/Am Disablity Meet (4)	US Paralympic Trials (4)	TOTAL
Coach (SWAT)		4			4	2			111010 (11)	10
Emma Schanz (SWAT)		4			4	2		-		10
Coach (CAST)		4								4
Bryce Kananowicz (UNAT)		4			4					8
Coach (TCCC)			4	4		2				10
Lisa Bratton (TCCC)			4	4		2			-	10
Ashton Pollick (TCCC)			4							4
Lisa Tixier (TCCC)			4							4
William Wertz (TCCC)			4							4
Patrick Giedeman (TCCC)			4							4
Coach (WWSC)			4				-		-	4
Tyler Jones (WWSC)			4					y-1100-1100		4
Taylor McCoy (GMSC)		4	1		4	2			-	10
Wyatt Jager (GMSC)			1			2				711777
Coach (GMSC)		4	-		4	2				2 10
TOTAL										98
\$24,000/98 = \$244.90/share										
CAST 4 shares X \$244.90 = \$97	9.60								-	
TCCC 36 shares X \$244.90 = \$8										
WWSC 8 shares X \$244.90 = \$1										
SWAT 20 shares X \$244.90 = \$									-	
GMSC 22 shares X \$244.90 = \$.									-	
Kananowicz 8 shares X \$244.9										

IES Senior Scholarship

This year's \$250 IES scholarship winner was Lisa Bratton from TCCC, who has been swimming in the LSC for 9 years. There were no male applicants for the award. Lisa is attending Texas A&M this fall. Lisa placed 3rd later on in the 200 backstroke at Nationals and was named to the US National Team. However, due to changing NCAA regulations, we may not be able to award Lisa or any other future college athletes in the future as they cannot receive money from an athletic group and keep their eligibility.

Scholastic All Americans

6 Inland Empire swimmers received Scholastic All-American awards. The requirements are at least a 2011 Junior Nationals bonus cut and at least a 3.5 GPA. There were nearly 1,800 recipients nationwide.

The IES swimmers were: Lisa Bratton and Patrick Geiderman from TCCC (Lisa's second SAA award); Emma Schanz from SWAT (also her second time); Maggie de Tar and Nicole Rozier both from CAST; and Tyler Jones from WWSC.

Office/Membership Report for Inland Empire House of Delegates

October 5, 2014 by Karen Byers

TID BITS:

- 1. USA Swimming approved the addition of a new Club to IES. Vandal Aquatic Team "VAN".
- 2. Swimmers of the Year: Lisa Bratton, TCCC and Bryce Kananowicz, CAST
- 3. Official of the Year: Jack Griffith
- 4. Volunteer of the year: Genie Lutz
- 5. IES Scholarship winner: Lisa Bratton, TCCC. No male applications were received.
- 6. The APT requirement is no longer a yearly requirement, but must be retaken every 2 years and it will expire on the last day of the 2nd year. (12/31/)
- 7. REMINDER: No coach can be on deck at a practice/meet until ALL requirements are met, including a Club Employment check as require by USAS. There is no grey zone.

IES FINAL STATS for 2013-201

Total athletes 2013-2014= 1719. This is about 100 less than 2012-2013 which was 1828 athletes.

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IES Club Counts Report for 2013-2014

Club	Athletes	Season 1 Seas		<i>Individual</i> t	Single	Other NA	Coaches	Officials	Total
BST	23	0	4	13	0	4	3	4	49
CAST	186	0	3	6	ő	9	4	17	225
EAST	45	0	0	7	0	4	3	5	63
GMSC	102	0	0	2	0	0	9	12	125
LCN	46	0	0	4	0	0	2	4	56
LGSC	77	0	0	24	0	4	4	8	116
MRA	61	0	0	10	0	2	3	7	82
PSA	75	0	2	82	0	5	4	3	170
SAS	67	0	2	3	0	3	4	6	85
SWAC	45	0	0	0	0	0	1	2	48
SWAT	224	0	0	2	0	6	12	13	256
TCCC	168	0	0	4	0	7	6	21	206
UN	30	0	0	0	0	1	5	4	40
VAN	11	0	0	0	0	0	3	0	14
VS	138	0	0	21	0	11	7	23	197
WWSC	61	0	0	9	0	3	3	9	80
YAC	37	0	0	0	0	2	2	5	45
YYST	125	0	0	0	0	1	3	10	138
Total	1521	0	11	187	0	62	78	153	1995

IE Annual Athlete Membership Statistics 9/1/2013-8/31/2014

Age Group	Total Female	Total Male	Grand Total
8 & Under	106	78	184
9 Year Olds	64	56	120
10 Year Olds	104	74	178
11 Year Olds	126	73	199
12 Year Olds	108	64	172
13 Year Olds	113	63	176
14 Year Olds	77	66	143
15 Year Olds	59	45	104
16 Year Olds	47	52	99
17 Year Olds	38	33	71
18 Year Olds	20	23	43
19 and Over	19	11	30
Totals	881	638	1521

PLUS SEASONAL(198)= 1719 TOTAL ATHLETES 2013 -2014. This is less than 2012-2013 by about 100 athletes, 1828 athletes.

9/21/2014 1:50:50 PM IE Athlete Stats 2013-2014 Individual Season

LSC: IE Year To Date

Age Group	Total Female	Total Male	Grand Total
8 & Under	18	22	40
9 Year Olds	5	11	16
10 Year Olds	9	15	24
11 Year Olds	12	10	22
12 Year Olds	8	4	12
13 Year Olds	8	10	18
14 Year Olds	12	3	15
15 Year Olds	14	5	19
16 Year Olds	5	7	12
17 Year Olds	1	1	2
19 and Over	3	4	7
Totals	95	92	187

USAS Florida Convention Report:

I have one year remaining of my 6 year term on the Registration and Membership Committee. At the USA-S Convention we discussed the proposal for online registrations for both athletes and non-athletes .APT will be a 2 year requirement and not every year. It will expire on the last day of the year. Background Checks will remain a 2 year requirement.

The best part of the convention is spending time with other IES members and athletes.

2013-2014 Scholastic All America Team By the Numbers

Successful Applicants

1782

Girls

917

Boys

865

Three-Timers 187 Open Water 2 Disability 4

Central Zone

373

Eastern Zone

483

Southern Zone

515

Western Zone

411

There were two perfect scores this year: Simone Manuel of GU First Colony Swim Team achieved a 4.0 GPA and won national championship titles. She was also a three-time SAA team member. Kathleen (Katie) Ledecky of PV Nation's Capital Swim Club achieved a 4.0 GPA and won national championship titles. Congratulations to Simone and Katie for outstanding achievements.

SAA team members will receive three certificates and a bag tag. Those with a 4.0 GPA will receive a special bag tag denoting the honor. Three-timers will receive a special memento. Awards will be shipped in the Fall.

USA Swimming is proud to recognize the scholar-athletes and congratulates the swimmers, as well as their coaches, and parents for their outstanding support.

Top LSCS		Top Clubs	
North Carolina Swimming	102	Swim MACCarolina-NC	37
Pacific Swimming	99	Nation's Capital Swim Club-PV	32
Southern California Swimming	99	Lakeside Swim Team-KY	25
Middle Atlantic Swimming	92	Dynamo Swim Club-GA	23
Virginia Swimming	75	Y-Spartaquatics Swim Club-SC	21
Florida Swimming	74	Palo Alto Stanford Aquatics-PC	20



IES 2014 Fall Safety Report

The 2014 long course season has come and gone. For the most part it was a successful year with only a few accidents & injuries. The third quarter USAS injury report has not been distributed yet, although July did have a few heat related issues along with smoke from the fires that may have contributed to some breathing issues at times. The IES BOD was faced with many questions regarding would the



IES Long Course Championships be moved from Wenatchee to another location due to the fires or would they be cancelled. As it turned out the host team played an important role by communicating with all agencies monitoring the conditions. As it turned out the LC meet was not impacted by the fires, the winds were favorable and no accidents or injuries were reported.

Girls High school swimming is in full swing for those who are officiating at their meets, in many cases they use the same pool as IES. As a reminder we need to keep the pools safe no matter which swimmers are using them by marking slick spots, covering communication wires etc.



The IES Safety Committee got a new Swimmer Representative this year: Bryce Ebel of LaGrande Oregon. In addition the Committee developed a safety survey that got posted on the web page and distributed my email. They survey had poor participation; we will attempt to make the survey available at swim meets throughout the month of October. A new deadline has been established October 31, 2014.

With the start of the short course season and teams moving to indoor pools it would be prudent to look at the facility emergency plan. This is important especially if there's a need to evacuate the facility in the middle of winter. Example: 8 & under just finished the 50 free the fire alarm goes off and your instructed to leave the facility immediately and stage outdoors in 10 degree weather, the swimmer only has on their swim suit "WHAT" are you going to do?. The answer is simple- plan it will happen and prepare for it.

Parents should have blankets, towels and clothing ready for when they have leave the facility. With that said they need to gather those items in less than a minute and get out of the building. If it's a 2 story building and you're on the first floor; there's no time to go upstairs and get your things—you're too late-- get out while you can. Then ask other if they can help you to keep your swimmer warm.

Indoor pools-Fall and winter hazards we may have forgotten about:

- Slick floors-barrier off, wipe up or cover (Watch out for the black ice)
- Tripping Hazards-communication, console and electrical wires (cover to protect or suspend from overhead)
- No running
- No standing on chairs or tables- use ladders or other approved elevating devices
- Use handrails when ascending or descending stairs
- Keep exits clear(do not allow swimmers to block with personal items)
- Host teams- comply with facility maximum capacities
- Air & water quality issues

Jack Griffith
IES Safety Chairperson



IES Survey



This survey is for IES swimmers coaches and officials. Four \$25 gift cards will be drawn from each group submitting entries. Only one entry per person will be accepted.

<u>Deadline for entries October 31, 2014</u> Email completed form to: <u>jack e griffith@rl.gov</u>

Or send to: Jack Griffith, 4205 Rd 111 Pasco, WA 99301

Name:

Address:

Phone number:

Circle group 8 & under

9-12

13-15

16 & Over

Coaches/Officials

*Did you get injured in 2013-2014 Yes No If yes please comment:

*Do you visit the IES web page

Yes No

*Have you looked at the safety topics under the safety tab on the web page Yes No

*Did you identify and report any unsafe conditions Yes No If yes please comment:

*Have you seen anyone injured at practice,

Yes No

If so did it get reported?

*Do you have any recommendations for the IES Safety Committee.

Thank You

IES Safety Committee

IES Safe Sport Report Fall, 2014 Corrine Dutto, Chair

- Karen Byers and I attended Safe Sport meeting in Denver in April. Focus of that meeting
 was on training LSC representatives to conduct Safe Sport training for the swimmers.
 These training sessions for the swimmers help them to identify boundaries for what are
 appropriate and inappropriate behaviors; how to respond to those behaviors; and
 actual scenarios to discuss.
- Planned first training session for LGSC in mid-November
- Karen or I are available to conduct Safe Sport sessions with teams upon request.
- Teams have been pretty good with posting Safe Sport flyers at the meets and having them available in the heat sheets.
- Karen has placed a tab on the IES web site for Safe Sport. This includes links to: parent training, athlete training, athlete protection training for USA Swimming members, the Best Practices guidelines for teams and the handbook.

First ever WZ Diversity Camp and summit: June 26-29, 2014.

I traveled out of Spokane with 2 athletes: Daniel Roy from SAS and Dana Lu from GMSC. We stayed and ate on campus at Cal State East Bay. We arrived over 2 hours later than expected and meetings had already started for the athletes. I recommend in the future arriving before 2pm to settle in and be able to handle any delays or snafu's. There was a pool session scheduled for Thursday about which I had no idea. It was not in the original information that told us to arrive late afternoon. Our kids missed check in and that first session. Hence my recommendation to arrive earlier if attended in the future.

The camp for the kids was organized and filled with swim sessions, motivational and educational talks and team building activities. The kids were busy and happy. The kids can better report on their portion as I (and all the Summit participants) rarely saw them. The Summit participants (Diversity Chairpersons and coaches) however did not have a schedule that was full and engaging. No agenda handed out and quite a few changes to the original plan.

Two classroom sessions for the Diversity Chairs and attending coaches were held on Friday. Manny Banks from USA Swimming went over the "history" of diversity in our sport from 2006 (very bad) on to today (much better). In 2012 sexual orientation was discussed as not being addressed in the language anywhere, so the word INCLUSION was added to the title. This helps account for LGBT athletes. He also explained that in some cultures learning how to "speak to the culture" is important. For example, Native Americans have tribes based on fish, or hunting and gathering. The tribes relating to fish are more likely to consider kids swimming then the others. Time for Native Americans is also an estimate. 2:00 might actually be 2:15, 2:30, or such. In approaching a Chief for a meeting, one is to wait in their car to be collected...do not just get out and walk around on your own. I find this very interesting and may help some teams in our area who do try to use pools on tribal land.

He then spoke to outreach. Does our LSC offer reduced fees? Do we help send kids to faster swim meets outside our LSC?

He recommended car dealerships and rental car agencies for donations or deals. Miriam, a coach and USA Swimming rep from the DC area spoke of her "tool box" for Diversity and Inclusion. She has done a fair amount to promote D & I in her area and there are some areas that host a Black Heritage Meet. It is well attended on the East coast. She HIGHLY recommends all LSC's have a committee for Diversity and Inclusion. This committee should include but not be limited to Age Group Chair and Senior Chair. She also suggested a one-day "water safety camp" getting the fire departments and police departments involved as well as Dive Rescue. Make it FREE, use LSC kids to assist. Get the word out and get visibility up. Have food vendors there as well as local lesson groups with their fliers.

Kent Yoshiwara spoke to the troubles of Diversity and Inclusion in the Western Zone but also alluded to the fact that we will need to be dealing with this in the near future. (Some of you may know that a high profile international athlete has "come out". My guess is this was related to the timing of that information.) The fact is, athletes of all backgrounds, ethnicities and personal preferences are out there and we need things in place to be sure they are included as well as treated fairly.

The Saturday meeting had a guest speaker John Murphy. He started a team in West Oakland. For those who do not know, the area is a very diverse but also a very scary area of San Francisco. He gets grants to help get kids in the water. He keeps costs WAY down and uses support from local places like the police department as well as other local businesses. Kids in low-income areas often cannot afford the cost of anything extra like being involved in a sport. Finding ways to help cover their cost helps two things:

- 1) This potentially gives the kids in these areas something to do. Sometimes having a place to go keeps them away from the people and places they should not go.
- 2) It provides them a chance to be on a team! Kids get to learn and experience the benefits of that. It also helps families afford the cost of participation in our sport (in particular attending meets). Transportation and hotel costs often are an issue for lower income families.

In summary, the camp for the kids was fun and engaging. One of our athletes commented when I asked about being in a non-Caucasian setting that it was no big deal. He sees most of these kids at Sectionals anyway. The other camper enjoyed it.

As for having a coach and the Diversity and Inclusion Chair, I felt it was not so successful. The best part was round table discussions. Having others I can contact and brain-storm with regarding ideas and such. I feel a big push was for outreach. What USA Swimming accomplished with the Summit aspect of this weekend was to obtain written goals on what our LSC's plan is to do from here on out. Our IES goal for 2014-2015 is to host a Diversity and Inclusion camp (we may join PNS for a Washington State Camp) and if possible find some grant \$ to help outreach athletes.

Respectfully Submitted,

Jennifer Tonlyn

IES Diversity and Inclusion Chairperson