

2025 Idaho HS Swimming 5A State Championships
November 7-8, 2025

Results - 5A State Championships Prelims

Event 1 Women 200 Yard Medley Relay				
Team		Relay		Prelim Time
Preliminaries				
1	Idaho Falls			1:54.33
	1) Mahealani Grimes 12	2) Ann Hunsicker 12		
	3) Abigail Balsmeier 11	4) Stella Briggs 10		
	27.49 32.66	27.40 26.78		
2	Sandpoint			1:58.67
	1) Halle Wyman 11	2) Summer Loutzenhiser 11		
	3) Mia Driggs 12	4) Rachel Aylward 12		
	31.59 34.01	26.75 26.32		
3	Moscow			2:01.36
	1) Claire Bernards 11	2) Addy Quist 11		
	3) Emmi Quist 09	4) Suzka Martin 12		
	31.23 32.72	31.39 26.02		
4	Wood River			2:02.90
	1) Emily Niven 09	2) Isabella Tognoni 12		
	3) Mylie Smith 12	4) Scarlet Pringle 12		
	33.75 30.81	35.68 22.66		
5	Minico			2:04.78
	1) Lainey Condie 09	2) Darah Thomson 12		
	3) Penelope May 09	4) Grace Chen 12		
	29.73 33.95	37.33 23.77		
6	Skyline			2:04.79
	1) Julia Daniel 11	2) Emmalyn Taufer 12		
	3) Delila Martin 11	4) Noelle Shick 12		
	29.68 36.82	30.13 28.16		
7	Pocatello			2:07.41
	1) Alea Doerr 11	2) Olivia Ashby 11		
	3) Ryan Eberle 12	4) Kennedy Gibbons 10		
	33.40 36.04	29.69 28.28		
8	Middleton			2:09.37
	1) Addison Corcoran 11	2) Giavanna Pesanti 11		
	3) Abby Roach 12	4) Malarie Clough 12		
	32.26 36.77	31.25 29.09		
9	Century			2:10.18
	1) Mette Peterson 09	2) Norah O'Donnell 09		
	3) Payton Permann 09	4) Sienna Swan 10		
	33.86 42.34	25.88 28.10		
10	Jerome			2:14.49
	1) Sydnee Bickford-Thorpe 12	2) Zada Larsen 11		
	3) Sadie Dimond 12	4) Hannah Hyde 12		
	35.46 39.26	31.87 27.90		
11	Nampa Christian			2:16.07
	1) Savannah Shaner 11	2) Phoebe Mitchell 11		
	3) Lily Edmonds 11	4) Sydney Kinzler 11		
	38.84 42.14	26.14 28.95		
12	Declo			2:16.35
	1) Paige Webb 12	2) Jayci Knowles 11		
	3) Zenna Stapelman 12	4) Zabree Stapelman 10		
	35.58	29.51		

Event 2 Men 200 Yard Medley Relay				
Team		Relay		Prelim Time
Preliminaries				
1	Idaho Falls			1:45.92
	1) Hiro Quan 10	2) Deacon Labrum 12		
	3) Nick Ravsten 11	4) Rangi Grimes 10		
	27.48 31.24	25.69 21.51		
2	Century			1:47.58
	1) Deacon Major 10	2) Asher Farrell 12		
	3) Noah Hunt 09	4) Parker Jensen 12		
	24.86 30.97	25.65 26.10		
3	Pocatello			1:47.69
	1) JW Schwartz 10	2) Zander Enslinger 10		
	3) Gavin Hill 12	4) Kaiden Irwin 12		
	29.05 28.96	26.09 23.59		
4	Sandpoint			1:48.32
	1) Bodi Demmons 10	2) Andrew Ford 09		
	3) Maximus Brown 10	4) Bo Zeller 09		
	28.48 28.02	26.24 25.58		
5	Skyline			1:48.49
	1) Peter McKee 12	2) Zachary Dustin 10		
	3) Jacob Hart 12	4) Eric Couch 09		
	27.82 31.27	25.81 23.59		
6	Columbia			1:51.67
	1) Alex Williams 12	2) Landon Hammer 12		
	3) Jade Anderson 12	4) Ben Williams 10		
	27.78 32.63	26.40 24.86		
7	Hillcrest			1:53.26
	1) Weston Harris 09	2) Griffin May 12		
	3) Sawyer Gilman 12	4) Jace Kelly 11		
	29.02 32.49	25.51 26.24		
8	Lakeland			1:53.91
	1) Brock Raebel 12	2) Garrett Snyder 12		
	3) Sam Harrell 10	4) Silas Ragan 10		
	28.69 32.03	28.26 24.93		
9	Twin Falls			1:54.23
	1) Samuel Halverson 12	2) Darren Su 12		
	3) Marshall Savage 12	4) Nolan Hymas 11		
	30.01 34.22	25.40 24.60		
10	Moscow			1:54.26
	1) Noah Crossler 12	2) Jackson Young 09		
	3) Tremain Vandenbos 10	4) Benton Brown 10		
	26.08 34.62	26.83 26.73		
11	Kimberly			1:59.64
	1) Miles Wight 10	2) Kyler Brown 10		
	3) Evan Allen 12	4) Carson Lott 10		
	32.88 29.98	29.89 26.89		
12	Mountain Home			2:04.40
	1) Orion Rienstra 12	2) Cole Kuntz 10		
	3) John Howard 9	4) Barrett Brown 9		
	36.99 32.49	26.73 28.19		
Event 3 Women 200 Yard Freestyle				
Name		YrSchool		Prelim Time
Preliminaries				
1	Josie Fernald	10	Cole Valley	2:01.77
	28.47 30.11	31.37 31.82		

2025 Idaho HS Swimming 5A State Championships
November 7-8, 2025

Results - 5A State Championships Prelims

Preliminaries ... (Event 3 Women 200 Yard Freestyle)				
Name		YrSchool	Prelim Time	
2	Ryan Eberle	12 Pocatello	2:05.55	
	29.62 31.86	32.15 31.92		
3	Kyran Patterson	12 Century	2:05.97	
	28.97 31.86	32.80 32.34		
4	Ryann Schraufnagel	11 Lewiston	2:06.14	
	28.61 31.82	32.84 32.87		
5	Lina Budge	10 Skyline	2:07.40	
	29.32 32.02	33.39 32.67		
6	Sophia Carr	11 Lewiston	2:07.84	
	29.03 32.35	32.73 33.73		
7	Darah Thomson	12 Minico	2:08.34	
	29.71 32.13	33.34 33.16		
8	Marya Zahradnicek	12 Nampa	2:10.43	
	29.11 32.55	33.80 34.97		
9	Hailey Larsen	12 Columbia	2:14.25	
	30.89 33.86	34.70 34.80		
10	Lily Wang	10 Cole Valley	2:14.43	
	30.45 34.41	35.25 34.32		
11	Lillian Cook	12 Wood River	2:15.70	
	29.98 33.30	36.21 36.21		
12	Katie Davis	09 Century	2:18.57	
	32.36 35.56	36.36 34.29		
13	Alex Rodgers	12 Columbia	2:19.48	
	31.51 34.56	36.72 36.69		
14	Chloe Gibby	11 Burley	2:20.09	
	31.17 35.01	37.08 36.83		
15	Alexandrea Paul	12 Gooding	2:20.64	
	30.15 34.56	37.64 38.29		
16	Grace Craw	11 Skyline	2:20.79	
	32.33 35.70	36.35 36.41		
17	Chaise Crus	12 Wood River	2:21.19	
	31.87 35.59	37.05 36.68		
18	Brylee Garvin	09 Sandpoint	2:28.14	
	33.97 38.20	37.99 37.98		

Event 4 Men 200 Yard Freestyle

Name			YrSchool		Prelim Time
Preliminaries					
1	Zander Enslinger		10	Pocatello	1:48.33
	24.91	27.87		28.04 27.51	
2	Zeke Burgi		10	Columbia	1:49.02
	24.45	27.30		28.56 28.71	
3	Noah Crossler		12	Moscow	1:52.72
	24.80	27.94		29.85 30.13	
4	Kaiden Irwin		12	Pocatello	1:53.71
	26.13	28.77		29.53 29.28	
5	Eric Couch		09	Skyline	1:56.34
	26.63	29.56		30.22 29.93	
6	Kian Bennett		10	Pocatello	1:56.56
	26.40	29.42		30.98 29.76	
7	Tyler Abenroth		11	Burley	2:01.58
	28.06	30.28		31.75 31.49	

8	Jack Pernsteiner	11 Lewiston	2:02.20	
	27.09 30.38	32.38 32.35		
9	Marshall Savage	12 Twin Falls	2:03.50	
	27.53 31.09	32.98 31.90		
10	Tim Kress-Weitenhagen	11 Skyline	2:04.85	
	27.21 30.34	32.56 34.74		
11	Ashten Clark	10 Declo	2:07.07	
	30.46 33.02	32.88 30.71		
12	Jace Kelly	11 Hillcrest	2:08.50	
	29.40 32.04	33.32 33.74		
13	Christian Peck	12 Lakeland	2:09.13	
	28.04 32.03	35.00 34.06		
14	Bo Zeller	09 Sandpoint	2:10.84	
	30.66 33.85	33.71 32.62		
15	Matt Wilson	9 Twin Falls	2:12.26	
	30.74 32.95	35.06 33.51		
16	Brandon Neal	10 Burley	2:14.81	
	30.47 34.67	35.30 34.37		
17	Liam Roach	10 Middleton	2:15.16	
	28.76 34.43	36.12 35.85		
18	Carter Hills	10 Idaho Falls	2:17.71	
	30.33 34.95	36.81 35.62		

Event 5 Women 200 Yard IM

Name			YrSchool		Prelim Time
Preliminaries					
1	Abigail Balsmeier		11	Idaho Falls	2:15.95
	28.85	34.34		40.73 32.03	
2	Suzka Martin		12	Moscow	2:22.30
	31.50	37.93		38.98 33.89	
3	Isabella Tognoni		12	Wood River	2:23.50
	30.52	38.70		39.13 35.15	
4	Laura Johnson		12	Skyline	2:26.50
	31.81	35.85		45.38 33.46	
5	Bailey Oram		10	Hillcrest	2:26.52
	31.91	37.87		43.51 33.23	
6	Julia Daniel		11	Skyline	2:27.34
	31.38	35.01		47.44 33.51	
7	Alivia Storms		09	Sandpoint	2:27.67
	33.36	37.02		42.40 34.89	
8	Oakley VanWagoner		09	Jerome	2:29.17
	32.12	36.66		45.54 34.85	
9	Ann Hunsicker		12	Idaho Falls	2:29.19
	34.50	38.84		38.82 37.03	
10	McKenna Sept		11	Moscow	2:29.95
	32.78	37.87		42.11 37.19	
11	Athena de Leeuw		09	Sandpoint	2:35.89
	35.82	39.80		45.21 35.06	
12	Emmi Quist		09	Moscow	2:38.22
	34.36	41.24		47.85 34.77	
13	Raleigh Rasmussen		10	Idaho Falls	2:40.73
	35.41	40.73		47.18 37.41	
14	Zenna Stapelman		12	Declo	2:41.08
	34.45	39.89		50.50 36.24	

2025 Idaho HS Swimming 5A State Championships
November 7-8, 2025

Results - 5A State Championships Prelims

Preliminaries ... (Event 5 Women 200 Yard IM)				
Name		YrSchool		Prelim Time
15	Alea Doerr	11	Pocatello	2:41.09
	33.65	40.46	49.95	37.03
16	Phoebe Mitchell	11	Nampa Christian	2:48.91
	40.66	44.50	45.78	37.97
17	Jacquelle Peterson	09	Burley	2:51.37
	35.64	42.59	53.02	40.12
18	Holly Erickson	12	Kimberly	3:04.52
	42.01	42.62	56.83	43.06
Event 6 Men 200 Yard IM				
Name		YrSchool		Prelim Time
Preliminaries				
1	Deacon Major	10	Century	1:58.45
	26.23	27.96	35.58	28.68
2	McCoy Jensen	12	Sandpoint	2:04.37
	25.33	31.41	37.25	30.38
3	Malachi Guinotte-Cordero	10	Middleton	2:07.92
	26.76	32.36	37.72	31.08
4	Andrew Ford	09	Sandpoint	2:08.72
	28.67	34.94	33.77	31.34
5	Jacob Hart	12	Skyline	2:09.79
	27.31	35.08	37.44	29.96
6	Jax Durtschi	10	Idaho Falls	2:10.35
	29.11	31.82	38.51	30.91
7	Kaden Antonich	12	Lewiston	2:11.44
	27.57	33.37	39.51	30.99
8	Gavin Hill	12	Pocatello	2:15.38
	28.17	34.37	40.74	32.10
9	Nate Nichols	11	Idaho Falls	2:17.69
	30.27	35.76	39.68	31.98
10	Deacon Labrum	12	Idaho Falls	2:17.93
	29.26	37.06	38.20	33.41
11	Brayden Melni	12	Twin Falls	2:19.18
	28.56	36.95	42.42	31.25
12	Parker Wilkins	12	Minico	2:20.02
	29.53	36.21	42.11	32.17
13	JW Schwartz	10	Pocatello	2:21.75
	28.78	36.08	42.23	34.66
14	Levi Ladwig	11	Twin Falls	2:27.65
	31.65	35.71	46.89	33.40
15	Zachary Dustin	10	Skyline	2:27.86
	31.55	38.18	42.34	35.79
16	Brody Johnson	11	Homedale	2:28.14
	30.37	39.07	44.13	34.57
17	Miles Wight	10	Kimberly	2:30.49
	33.69	37.80	45.47	33.53
18	David Johnson	10	Jerome	2:40.60
	35.43	39.64	48.64	36.89
Event 7 Women 50 Yard Freestyle				
Name		YrSchool		Prelim Time
Preliminaries				
1	Rylan Holcomb	11	Parma	25.41
2	Mia Driggs	12	Sandpoint	25.81

3	Megan Kester	10	Vallivue	25.98
4	Reina Montecchi	12	Sandpoint	26.37
5	Camille Barrus	11	Jerome	26.65
6	Alivia Reno	09	Burley	26.83
7	Luca Pitale	12	Cole Valley	26.94
8	Rachel Aylward	12	Sandpoint	26.96
9	Abby Roach	12	Middleton	27.22
10	Stella Briggs	10	Idaho Falls	27.31
11	Delila Martin	11	Skyline	27.43
12	Alexandrea Paul	12	Gooding	27.53
13	Aubrey Davis	12	Century	27.72
14	Scarlet Pringle	12	Wood River	27.85
15	Sienna Swan	10	Century	28.07
16	Faith Powell	11	Cascade	28.46
17	Lyndee Larsen	09	Columbia	28.57
18	Emily Niven	09	Wood River	28.70
Event 8 Men 50 Yard Freestyle				
Name		YrSchool		Prelim Time
Preliminaries				
1	Rangi Grimes	10	Idaho Falls	21.80
2	Kale Wright	12	Sandpoint	21.90
3	Ikaika Leavitt	12	Sandpoint	21.96
4	Kyler Brown	10	Kimberly	22.28
5	John Howard	9	Mountain Home	23.23
6	Alex Williams	12	Columbia	23.42
7	Jade Anderson	12	Columbia	23.45
8	Sawyer Gilman	12	Hillcrest	23.49
9	Asher Farrell	12	Century	23.52
10	Marshall Savage	12	Twin Falls	24.12
11	Canyon Von Lindern	10	Lewiston	24.85
12	Csurf Hansen	09	Declo	24.87
13	Tremain Vandenbos	10	Moscow	24.88
14	Boston Langer	12	Middleton	25.07
15	Sam Harrell	10	Lakeland	25.29
16	Jack Mirly	12	Pocatello	25.33
17	Tristan Hargrave	12	Jerome	25.94
---	Miller Mendenhall	10	Skyline	DQ
Event 9 Women 100 Yard Butterfly				
Name		YrSchool		Prelim Time
Preliminaries				
1	Mahealani Grimes	12	Idaho Falls	59.61
	27.87 31.74			
2	Abigail Balsmeier	11	Idaho Falls	1:00.81
	28.22 32.59			
3	Mia Driggs	12	Sandpoint	1:05.04
	29.19 35.85			
4	Kyran Patterson	12	Century	1:05.15
	30.14 35.01			
5	Megan Kester	10	Vallivue	1:06.23
	30.71 35.52			
6	Lainey Condie	09	Minico	1:06.74
	31.10 35.64			

2025 Idaho HS Swimming 5A State Championships
November 7-8, 2025

Results - 5A State Championships Prelims

Preliminaries ... (Event 9 Women 100 Yard Butterfly)			
Name		YrSchool	Prelim Time
7	Lillian Sawyer	10 Lewiston	1:07.19
	31.10 36.09		
8	Claire Bernards	11 Moscow	1:07.46
	30.92 36.54		
9	Delila Martin	11 Skyline	1:08.91
	33.05 35.86		
10	Chaise Crus	12 Wood River	1:08.99
	32.53 36.46		
11	Ali Hemsley	12 Burley	1:10.12
	33.64 36.48		
12	Lily Edmonds	11 Nampa Christian	1:10.16
	32.26 37.90		
13	Kennedi Gibbons	10 Pocatello	1:10.74
	33.45 37.29		
14	Alice Masiello	09 Wallace	1:11.24
	33.49 37.75		
15	Sadie Dimond	12 Jerome	1:12.00
	33.24 38.76		
16	Faith Powell	11 Cascade	1:12.64
	33.19 39.45		
17	Sydnee Bickford-Thorpe	12 Jerome	1:13.38
	34.62 38.76		
18	Lillian Cook	12 Wood River	1:13.58
	33.12 40.46		
Event 10 Men 100 Yard Butterfly			
Name		YrSchool	Prelim Time
Preliminaries			
1	Zeke Burgi	10 Columbia	52.74
	24.68 28.06		
2	Noah Crossler	12 Moscow	53.06
	24.73 28.33		
3	Ikaika Leavitt	12 Sandpoint	54.95
	25.56 29.39		
4	Sawyer Gilman	12 Hillcrest	57.09
	26.54 30.55		
5	Jacob Hart	12 Skyline	57.11
	27.61 29.50		
6	Noah Hunt	09 Century	58.23
	26.53 31.70		
7	Gavin Hill	12 Pocatello	59.66
	27.82 31.84		
8	Maximus Brown	10 Sandpoint	59.69
	27.36 32.33		
9	Jade Anderson	12 Columbia	1:00.47
	28.00 32.47		
10	Austin Hemsley	10 Burley	1:00.49
	27.62 32.87		
11	Hunter Halverson	11 Minico	1:00.69
	28.50 32.19		
12	Nick Ravsten	11 Idaho Falls	1:01.03
	29.30 31.73		

13	Jack Nussbaum	12 Twin Falls	1:01.37
	27.67 33.70		
14	Parker Wilkins	12 Minico	1:01.94
	28.83 33.11		
15	Case Zitzman	11 Bonneville	1:03.20
	29.20 34.00		
16	Hudson Graves	12 Hillcrest	1:03.97
	29.42 34.55		
17	Emerson Dawson	12 Middleton	1:05.61
	29.41 36.20		
18	Max Halverson	09 Minico	1:10.30
	32.78 37.52		
Event 11 Women 100 Yard Freestyle			
Name		YrSchool	Prelim Time
Preliminaries			
1	Rylan Holcomb	11 Parma	55.46
	26.65 28.81		
2	Josie Fernald	10 Cole Valley	55.91
	26.91 29.00		
3	Laura Johnson	12 Skyline	57.99
	28.30 29.69		
4	Sarah Toribau	12 Oakley	58.29
	27.92 30.37		
5	Reina Montecchi	12 Sandpoint	58.32
	27.87 30.45		
6	Oakley VanWagoner	09 Jerome	58.65
	28.27 30.38		
7	Alivia Reno	09 Burley	59.00
	28.53 30.47		
8	Camille Barrus	11 Jerome	59.43
	28.40 31.03		
9	Stella Briggs	10 Idaho Falls	1:00.66
	29.33 31.33		
10	Rachel Aylward	12 Sandpoint	1:00.70
	29.30 31.40		
11	Luca Pitale	12 Cole Valley	1:01.03
	29.34 31.69		
12	Alex Rodgers	12 Columbia	1:01.33
	30.04 31.29		
13	Addy Quist	11 Moscow	1:01.34
	29.38 31.96		
14	Aubrey Davis	12 Century	1:01.37
	29.66 31.71		
15	Claire Ballard	09 Sandpoint	1:01.60
	29.75 31.85		
16	Abby Roach	12 Middleton	1:01.67
	29.17 32.50		
17	Sierra Shaw	10 Gooding	1:03.64
	30.36 33.28		
18	Emmi Quist	09 Moscow	1:03.76
	30.31 33.45		

2025 Idaho HS Swimming 5A State Championships
November 7-8, 2025

Results - 5A State Championships Prelims

Event 12 Men 100 Yard Freestyle				
Name		Yr	School	Prelim Time
Preliminaries				
1	Rangi Grimes	10	Idaho Falls	47.63
	22.77	24.86		
2	Kale Wright	12	Sandpoint	49.11
	23.95	25.16		
3	Kyler Brown	10	Kimberly	49.43
	23.72	25.71		
4	Alex Williams	12	Columbia	50.85
	24.48	26.37		
5	Hiro Quan	10	Idaho Falls	52.19
	24.97	27.22		
6	John Howard	9	Mountain Home	52.25
	24.29	27.96		
7	Weston Harris	09	Hillcrest	53.46
	25.52	27.94		
8	Noah Hunt	09	Century	54.08
	26.05	28.03		
9	Asa Northrup	12	Pocatello	54.38
	25.79	28.59		
10	Miller Mendenhall	10	Skyline	54.73
	26.69	28.04		
11	Tim Kress-Weitenhagen	11	Skyline	55.25
	26.25	29.00		
12	Csurf Hansen	09	Declo	55.88
	26.23	29.65		
13	Ben Williams	10	Columbia	55.96
	26.39	29.57		
14	Tremain Vandenbos	10	Moscow	56.68
	27.18	29.50		
15	Pierce Welch	9	Twin Falls	57.60
	27.08	30.52		
16	Christian Peck	12	Lakeland	58.28
	28.21	30.07		
17	Kyle Wyma	12	Skyview	58.62
	27.59	31.03		
18	Zeke Koch	09	Wood River	1:00.18
	28.55	31.63		
Event 13 Women 500 Yard Freestyle				
Name		Yr	School	Prelim Time
Preliminaries				
1	Ryann Schraufnagel	11	Lewiston	5:34.83
	29.74	32.98	33.65	34.18
	34.04	34.68	34.18	34.61
	34.21	32.56		
2	Darah Thomson	12	Minico	5:42.43
	30.86	32.96	34.12	34.89
	35.58	35.07	34.70	35.72
	34.67	33.86		
3	Lina Budge	10	Skyline	5:43.42
	31.10	33.26	34.59	35.36
	34.73	34.97	34.53	35.69
	35.44	33.75		

4	Ryan Eberle	12	Pocatello	5:45.95
	31.39	34.58	35.51	35.27
	35.08	35.39	35.19	35.04
	34.97	33.53		
5	Sophia Carr	11	Lewiston	5:46.93
	29.95	33.65	35.34	35.46
	35.07	35.45	36.32	35.75
	35.40	34.54		
6	Claire Bernards	11	Moscow	5:47.91
	31.28	33.71	34.04	34.73
	35.50	35.36	35.99	35.88
	36.00	35.42		
7	Norah O'Donnell	09	Century	5:55.74
	32.78	35.64	36.33	37.19
	37.21	36.56	36.01	36.25
	34.60	33.17		
8	Lily Edmonds	11	Nampa Christian	5:59.40
	33.12	35.86	36.50	36.64
	36.60	36.54	36.71	36.74
	35.77	34.92		
9	Bria Rocke	12	Sandpoint	6:02.00
	32.19	36.78	37.13	36.75
	36.43	36.82	37.23	37.00
	36.53	35.14		
10	Lily Wang	10	Cole Valley	6:04.30
	32.60	36.50	36.60	37.76
	37.10	37.36	37.80	36.82
	37.44	34.32		
11	Maggie Johnson	11	Idaho Falls	6:05.42
	31.94	34.97	36.31	37.51
	38.02	38.07	37.26	37.36
	37.66	36.32		
12	Malarie Clough	12	Middleton	6:06.91
	31.69	35.95	37.62	37.84
	37.32	36.32	37.21	37.89
	38.64	36.43		
13	Megan Vickers	11	Bonneville	6:12.62
	31.62	36.67	37.80	38.22
	38.67	38.59	38.50	38.83
	38.06	35.66		
14	Athena de Leeuw	09	Sandpoint	6:18.01
	33.03	36.36	37.66	38.58
	37.58	38.51	38.26	38.27
	36.16	43.60		
15	Zenna Stapelman	12	Declo	6:21.49
	32.80	36.86	38.24	39.08
	39.50	39.49	39.06	39.55
	38.47	38.44		
16	Codie Rivas	11	Twin Falls	6:30.78
	34.27	37.70	39.64	40.33
	40.63	39.85	40.01	40.37
	40.65	37.33		

2025 Idaho HS Swimming 5A State Championships

November 7-8, 2025

Results - 5A State Championships Prelims

Preliminaries ... (Event 13 Women 500 Yard Freestyle)				
Name		YrSchool		Prelim Time
17	Bailey King	12	Twin Falls	6:33.16
	35.71	39.33	40.16	39.94
	40.23	39.87	40.37	39.88
	39.56	38.11		
18	Jayci Knowles	11	Declo	6:37.63
	35.40	38.33	39.05	39.72
	40.59	40.74	41.31	41.57
	41.85	39.07		
Event 14 Men 500 Yard Freestyle				
Name		YrSchool		Prelim Time
Preliminaries				
1	Zander Enslinger	10	Pocatello	4:54.51
	26.23	28.68	29.53	30.02
	30.11	30.43	30.46	30.81
	29.68	28.56		
2	Lou Foust	10	Sandpoint	5:04.63
	26.48	29.62	30.57	30.86
	31.12	31.08	31.21	31.54
	31.54	30.61		
3	Kaiden Irwin	12	Pocatello	5:14.09
	27.26	30.63	31.42	32.36
	31.62	31.90	32.18	32.06
	33.04	31.62		
4	Kaden Antonich	12	Lewiston	5:17.91
	26.82	29.96	31.37	32.02
	32.69	32.97	33.72	33.50
	33.06	31.80		
5	Kian Bennett	10	Pocatello	5:20.60
	28.40	32.43	34.03	33.89
	35.04	33.30	31.67	31.50
	31.05	29.29		
6	Brock Raebel	12	Lakeland	5:21.15
	28.76			
		33.66		
	1:01.56			
7	Eric Couch	09	Skyline	5:21.21
	28.47	31.37	32.39	32.39
	32.47	32.98	32.96	33.24
	33.36	31.58		
8	Jax Durtschi	10	Idaho Falls	5:22.92
	28.89	31.68	32.14	32.63
	33.04	32.73	33.16	32.94
	33.16	32.55		
9	Peter McKee	12	Skyline	5:23.30
	28.75	31.21	31.94	33.21
	33.22	33.41	33.13	33.18
	32.93	32.32		
10	Bodi Demmons	10	Sandpoint	5:30.32
	28.38	31.74	33.29	33.48
	34.29	34.82	33.88	33.92
	33.65	32.87		

11	Jack Pernsteiner		11	Lewiston	5:38.55
	29.40	32.80		33.67	34.63
	35.12	34.60		36.58	34.34
	34.22	33.19			
12	Ashten Clark		10	Declo	5:46.05
	31.86	35.20		34.59	35.79
	35.37	35.16		35.91	35.26
	34.63	32.28			
13	Case Zitzman		11	Bonneville	5:49.18
	30.72	34.19		34.40	35.41
	36.58	36.31		35.85	35.98
	36.33	33.41			
14	Nolan Hymas		11	Twin Falls	5:54.84
	29.35	33.08		34.62	36.38
	36.86	36.83		36.95	37.92
	37.65	35.20			
15	Brody Johnson		11	Homedale	5:56.30
	31.95	34.86		35.82	36.38
	36.65	37.11		36.91	36.94
	36.34	33.34			
16	Matt Wilson		9	Twin Falls	5:59.94
	31.71	34.69		35.48	37.00
	37.03	37.10		38.41	37.74
	36.91	33.87			
17	Hunter Halverson		11	Minico	6:04.69
	30.43	34.23		36.64	37.58
	38.39	37.36		38.39	38.55
	37.62	35.50			
18	Brandon Neal		10	Burley	6:13.10
	33.51	36.65		37.00	37.78
	38.32	38.96		38.53	38.54
	38.40	35.41			
Event 15 Women 200 Yard Freestyle Relay					
Team		Relay		Prelim Time	
Preliminaries					
1	Sandpoint				1:48.38
	1) Alivia Storms 09			2) Claire Ballard 09	
	3) Rachel Aylward 12			4) Reina Montecchi 12	
	27.63	28.38		26.68	25.69
2	Skyline				1:49.50
	1) Julia Daniel 11			2) Emmalyn Taufer 12	
	3) Lina Budge 10			4) Laura Johnson 12	
	26.38	28.14		28.29	26.69
3	Lewiston				1:49.71
	1) Ari Roy 10			2) Lillian Sawyer 10	
	3) Sophia Carr 11			4) Ryann Schraufnagel 11	
	26.96	28.17		27.83	26.75
4	Century				1:49.88
	1) Aubrey Davis 12			2) Katie Davis 09	
	3) Sienna Swan 10			4) Kyran Patterson 12	
	27.72	28.60		28.01	25.55
5	Moscow				1:49.99
	1) Suzka Martin 12			2) Addy Quist 11	
	3) Emmi Quist 09			4) Claire Bernards 11	
	26.18	28.21		28.38	27.22

2025 Idaho HS Swimming 5A State Championships

November 7-8, 2025

Results - 5A State Championships Prelims

Preliminaries ... (Event 15 Women 200 Yard Freestyle Relay)

Team	Relay		Prelim Time	
6 Jerome			1:50.62	
1) Oakley VanWagoner 09	2) Sydnee Bickford-Thorpe 12			
3) Hannah Hyde 12	4) Camille Barrus 11			
31.37	24.54	28.20	26.51	
7 Wood River			1:52.71	
1) Scarlet Pringle 12	2) Chaise Crus 12			
3) Mylie Smith 12	4) Lillian Cook 12			
28.10	28.26	28.05	28.30	
8 Cole Valley			1:52.88	
1) Josie Fernald 10	2) Luca Pitale 12			
3) Eliana Haygood 12	4) Madison Syndergaard 10			
27.05	28.25	29.86	27.72	
9 Middleton			1:53.44	
1) Giavanna Pesanti 11	2) Addison Corcoran 11			
3) Malarie Clough 12	4) Abby Roach 12			
29.19	29.34	28.38	26.53	
10 Burley			1:53.64	
1) Ali Hemsley 12	2) Jacqueline Peterson 09			
3) Chloe Gibby 11	4) Alivia Reno 09			
28.26	29.73	28.70	26.95	
11 Pocatello			1:53.70	
1) Olivia Ashby 11	2) Alea Doerr 11			
3) Kennedy Gibbons 10	4) Ryan Eberle 12			
29.63	29.30	35.43	19.34	
12 Idaho Falls			1:58.68	
1) Ann Hunsicker 12	2) Scarlett Rix 11			
3) Raleigh Rasmussen 10	4) May Munday 09			
29.01	30.01	30.39	29.27	

Event 16 Men 200 Yard Freestyle Relay

Team	Relay		Prelim Time	
Preliminaries				
1 Sandpoint				1:29.74
1) McCoy Jensen 12		2) Lou Foust 10		
3) Ikaika Leavitt 12		4) Kale Wright 12		
22.63	23.88	21.86	21.37	
2 Middleton				1:38.70
1) Malachi Guinotte-Cordero 10		2) Boston Langer 12		
3) Liam Roach 10		4) Drew Melander 11		
23.88	24.64	25.39	24.79	
3 Lakeland				1:39.28
1) Silas Ragan 10		2) Brock Raebel 12		
3) Sam Harrell 10		4) Garrett Snyder 12		
25.66	25.18	24.40	24.04	
4 Skyline				1:39.81
1) Miller Mendenhall 10		2) Eddie Cramer 12		
3) Maximus Mosquera 09		4) Tim Kress-Weitenhagen 11		
24.85	25.75	24.79	24.42	
5 Moscow				1:40.52
1) Noah Crossler 12		2) Jackson Young 09		
3) Benton Brown 10		4) Tremain Vandenbos 10		
21.97	27.20	26.89	24.46	
6 Pocatello				1:40.67
1) JW Schwartz 10		2) Asa Northrup 12		
3) Kian Bennett 10		4) Jack Mirly 12		
25.66	24.89	25.36	24.76	

7 Kimberly			1:41.24	
1) Carson Lott 10	2) Evan Allen 12			
3) Miles Wight 10	4) Tyler Brown 10			
26.71	26.49	25.94	22.10	
8 Twin Falls			1:42.94	
1) Brayden Melni 12	2) Jared Crandall 12			
3) Jack Nussbaum 12	4) Levi Ladwig 11			
25.82	26.72	25.56	24.84	
9 Idaho Falls			1:42.96	
1) Nick Ravsten 11	2) Carter Hills 10			
3) Nate Nichols 11	4) Jax Durtschi 10			
25.42	28.30	25.05	24.19	
10 Lewiston			1:43.34	
1) Canyon Von Lindern 10	2) Julian Lentz 12			
3) Jack Pernsteiner 11	4) Kaden Antonich 12			
25.12	27.38	26.32	24.52	
11 Burley			1:45.40	
1) Tyler Abenroth 11	2) Kenden Dial 11			
3) Brandon Neal 10	4) Austin Hemsley 10			
24.68	29.37	26.97	24.38	
12 Hillcrest			1:46.94	
1) Thomas Macedo 11	2) Henry Graves 09			
3) Hudson Graves 12	4) Griffin May 12			
26.78	28.61	25.80	25.75	

Event 17 Women 100 Yard Backstroke

Name	Yr	School	Prelim Time
Preliminaries			
1 Mahealani Grimes	12	Idaho Falls	58.83
28.58	30.25		
2 Lainey Condie	09	Minico	1:03.56
30.94	32.62		
3 Julia Daniel	11	Skyline	1:04.77
31.37	33.40		
4 Sarah Toribau	12	Oakley	1:04.79
31.20	33.59		
5 Ari Roy	10	Lewiston	1:06.64
32.07	34.57		
6 Hailey Larsen	12	Columbia	1:07.75
33.00	34.75		
7 Taylor Daniel	09	Skyline	1:08.78
33.46	35.32		
8 Tavianne McShane	12	Columbia	1:08.97
33.18	35.79		
9 Addison Corcoran	11	Middleton	1:09.04
32.98	36.06		
10 Halle Wyman	11	Sandpoint	1:09.09
32.98	36.11		
11 Bria Rocke	12	Sandpoint	1:09.14
33.46	35.68		
12 Lillian Sawyer	10	Lewiston	1:09.73
34.58	35.15		
13 Rachel Sheets	10	Hillcrest	1:10.26
33.51	36.75		
14 Maggie Johnson	11	Idaho Falls	1:11.06
34.61	36.45		

2025 Idaho HS Swimming 5A State Championships

November 7-8, 2025

Results - 5A State Championships Prelims

Preliminaries ... (Event 17 Women 100 Yard Backstroke)				
Name		YrSchool	Prelim Time	
15	Alea Doerr	11 Pocatello	1:12.21	
	35.42 36.79			
16	Addilyn Black	10 Jerome	1:15.73	
	36.84 38.89			
17	Sydnee Bickford-Thorpe	12 Jerome	1:18.51	
	37.01 41.50			
18	Paige Webb	12 Declo	1:18.69	
	37.60 41.09			
Event 18 Men 100 Yard Backstroke				
Name		YrSchool	Prelim Time	
Preliminaries				
1	Deacon Major	10 Century	53.16	
	25.85 27.31			
2	Lou Foust	10 Sandpoint	58.69	
	29.07 29.62			
3	Hiro Quan	10 Idaho Falls	58.72	
	28.20 30.52			
4	Bodi Demmons	10 Sandpoint	58.93	
	29.14 29.79			
5	Canyon Von Lindern	10 Lewiston	59.36	
	29.43 29.93			
6	Peter McKee	12 Skyline	59.62	
	29.09 30.53			
7	Weston Harris	09 Hillcrest	1:00.38	
	29.08 31.30			
8	JW Schwartz	10 Pocatello	1:04.22	
	30.85 33.37			
9	Ben Williams	10 Columbia	1:04.35	
	30.65 33.70			
10	Nolan Hymas	11 Twin Falls	1:04.83	
	31.21 33.62			
11	Asa Northrup	12 Pocatello	1:04.88	
	31.79 33.09			
12	Nick Ravsten	11 Idaho Falls	1:04.94	
	31.41 33.53			
13	Samuel Halverson	12 Twin Falls	1:05.24	
	31.64 33.60			
14	Garrett Snyder	12 Lakeland	1:05.96	
	32.54 33.42			
15	Levi Ladwig	11 Twin Falls	1:06.17	
	32.06 34.11			
16	Jacob Behrmann	10 Idaho Falls	1:06.51	
	31.47 35.04			
17	Austin Hemsley	10 Burley	1:08.09	
	32.71 35.38			
18	Jack Nussbaum	12 Twin Falls	1:08.79	
	33.04 35.75			
Event 19 Women 100 Yard Breaststroke				
Name		YrSchool	Prelim Time	
Preliminaries				
1	Isabella Tognoni	12 Wood River	1:07.05	
	30.91 36.14			

2	Suzka Martin		12	Moscow	1:09.63
	32.95	36.68			
3	Addy Quist		11	Moscow	1:09.64
	32.77	36.87			
4	Ann Hunsicker		12	Idaho Falls	1:10.37
	33.04	37.33			
5	McKenna Sept		11	Moscow	1:11.80
	33.43	38.37			
6	Bailey Oram		10	Hillcrest	1:15.21
	36.41	38.80			
7	Alivia Storms		09	Sandpoint	1:15.99
	36.90	39.09			
8	Marya Zahradnicek		12	Nampa	1:16.11
	35.42	40.69			
9	Summer Loutzenhiser		11	Sandpoint	1:18.17
	34.58	43.59			
10	Ali Hemsley		12	Burley	1:19.13
	38.31	40.82			
11	Giavanna Pesanti		11	Middleton	1:20.62
	38.12	42.50			
12	Olivia Ashby		11	Pocatello	1:21.24
	38.15	43.09			
13	Emmalyn Taufer		12	Skyline	1:22.57
	38.86	43.71			
14	Phoebe Mitchell		11	Nampa Christian	1:22.61
	39.30	43.31			
15	Salem Peterson		09	Minico	1:22.71
	39.85	42.86			
16	Norah O'Donnell		09	Century	1:22.72
	38.83	43.89			
17	Jayci Knowles		11	Declo	1:23.09
	39.02	44.07			
18	Sierra Shaw		10	Gooding	1:24.26
	39.89	44.37			
Event 20 Men 100 Yard Breaststroke					
Name			Yr	School	Prelim Time
Preliminaries					
1	Andrew Ford		09	Sandpoint	1:01.75
	29.92	31.83			
2	Malachi Guinotte-Cordero		10	Middleton	1:02.25
	29.06	33.19			
3	McCoy Jensen		12	Sandpoint	1:04.12
	30.80	33.32			
4	Deacon Labrum		12	Idaho Falls	1:06.52
	31.23	35.29			
5	Maximus Brown		10	Sandpoint	1:09.29
	33.07	36.22			
6	Zachary Dustin		10	Skyline	1:09.83
	32.38	37.45			
7	Tyler Abenroth		11	Burley	1:10.14
	32.79	37.35			
8	Nate Nichols		11	Idaho Falls	1:10.37
	33.49	36.88			

2025 Idaho HS Swimming 5A State Championships
November 7-8, 2025

Results - 5A State Championships Prelims

Preliminaries ... (Event 20 Men 100 Yard Breaststroke)					7 Cole Valley 4:07.67				
Name		Yr	School	Prelim Time	1) Josie Fernald 10		2) Luca Pitale 12		
9	Asher Farrell	12	Century	1:10.71	3) Madison Syndergaard 10		4) Lily Wang 10		
	32.17	38.54			27.91	58.16	29.23	1:02.46	
10	Jack Mirly	12	Pocatello	1:11.89	29.42	1:03.19	30.05	1:03.86	
	33.25	38.64			8 Wood River 4:12.25				
11	Landon Hammer	12	Columbia	1:12.22	1) Lillian Cook 12		2) Emily Niven 09		
	32.95	39.27			3) Scarlet Pringle 12		4) Isabella Tognoni 12		
12	Ethan Taylor	10	Twin Falls	1:12.43	28.96	1:02.82	29.40	1:02.95	
	33.90	38.53			29.50	1:04.03	30.01	1:02.45	
13	Brayden Melni	12	Twin Falls	1:12.87	9 Burley 4:15.48				
	34.60	38.27			1) Chloe Gibby 11		2) Jacquelle Peterson 09		
14	Griffin May	12	Hillcrest	1:14.87	3) Ali Hemsley 12		4) Alivia Reno 09		
	34.44	40.43			31.04	1:04.09	32.16	1:11.93	
15	Calvin Papenfuss	11	Lakeland	1:15.02	26.74	1:00.51	28.42	58.95	
	34.84	40.18			10 Columbia 4:16.79				
16	Darren Su	12	Twin Falls	1:15.27	1) Hailey Larsen 12		2) Olivia Abe 12		
	34.91	40.36			3) Lyndee Larsen 09		4) Alex Rodgers 12		
17	Bradley Hazen	12	Cole Valley	1:17.21	29.85	1:01.78	31.92	1:06.68	
	35.88	41.33			31.00	1:06.84	29.08	1:01.49	
---	Cole Kuntz	10	Mountain Home	DQ	11 Declo 4:36.58				
	33.76	38.87			1) Zabree Stapelman 10		2) Paige Webb 12		
Event 21 Women 400 Yard Freestyle Relay					3) Jayci Knowles 11		4) Zenna Stapelman 12		
Team		Relay		Prelim Time	31.86	1:07.60	33.21	1:09.94	
Preliminaries					34.52	1:13.82	31.26	1:05.22	
1	Sandpoint			3:56.53	--- Jerome DQ				
	1) Reina Montecchi 12	2) Claire Ballard 09			1) Oakley VanWagoner 09		2) Grace Coppin 10		
	3) Alivia Storms 09	4) Mia Driggs 12			3) Sadie Dimond 12		4) Camille Barrus 11		
	27.86	58.01	30.34	1:02.64	29.16				
	28.33	58.73	26.58	57.15	30.55	1:03.36	29.11	1:00.47	
2	Idaho Falls			3:56.68	Event 22 Men 400 Yard Freestyle Relay				
	1) Stella Briggs 10	2) Maggie Johnson 11			Team		Relay		Prelim Time
	3) Mahealani Grimes 12	4) Abigail Balsmeier 11			Preliminaries				
	28.98	1:02.04	30.13	1:03.59	1	Sandpoint			3:20.50
	26.32	55.10	26.36	55.95		1) McCoy Jensen 12	2) Lou Foust 10		
3	Skyline			3:58.85		3) Ikaika Leavitt 12	4) Kale Wright 12		
	1) Delila Martin 11	2) Aunna Reynolds 11			24.80	50.97	24.84	52.01	
	3) Lina Budge 10	4) Laura Johnson 12			23.32	49.17	23.03	48.35	
	28.83	1:00.20	28.69	1:01.09	2	Idaho Falls			3:29.26
	28.42	1:02.77	24.62	54.79		1) Jax Durtschi 10	2) Hiro Quan 10		
4	Century			4:02.72		3) Deacon Labrum 12	4) Rangi Grimes 10		
	1) Kyran Patterson 12	2) Katie Davis 09			25.74	54.02	25.24	52.59	
	3) Norah O'Donnell 09	4) Aubrey Davis 12			26.90	55.27	22.26	47.38	
	27.47	57.29	29.93	1:02.25	3	Pocatello			3:30.24
	30.08	1:02.82	28.62	1:00.36		1) Asa Northrup 12	2) Gavin Hill 12		
5	Lewiston			4:04.92		3) Zander Enslinger 10	4) Kaiden Irwin 12		
	1) Ari Roy 10	2) Lillian Sawyer 10			26.50	55.15	25.60	54.18	
	3) Sophia Carr 11	4) Ryann Schraufnagel 11			23.59	49.15	24.60	51.76	
	28.53	1:00.53	30.35	1:03.02	4	Columbia			3:30.80
	28.86	1:00.80	28.06	1:00.57		1) Alex Williams 12	2) Jade Anderson 12		
6	Minico			4:06.83		3) Ben Williams 10	4) Zeke Burgi 10		
	1) Grace Chen 12	2) Salem Peterson 09			24.84	51.62	25.10	53.74	
	3) Lainey Condie 09	4) Darah Thomson 12			26.62	56.68	23.27	48.76	
	29.98	1:01.79	31.31	1:05.28					
	28.74	1:00.39	28.56	59.37					

2025 Idaho HS Swimming 5A State Championships

November 7-8, 2025

Results - 5A State Championships Prelims

Preliminaries ... (Event 22 Men 400 Yard Freestyle Relay)

Team	Relay		Prelim Time	
5 Century			3:35.10	
1) Noah Hunt 09	2) Parker Jensen 12			
3) Asher Farrell 12	4) Deacon Major 10			
25.35	52.32	27.80	1:00.27	
25.37	52.88	23.53	49.63	
6 Skyline			3:37.05	
1) Jacob Hart 12	2) Miller Mendenhall 10			
3) Tim Kress-Weitenhagen 11	4) Eric Couch 09			
25.57	53.94	27.25	56.06	
25.95	54.98	24.62	52.07	
7 Twin Falls			3:42.04	
1) Brayden Melni 12	2) Levi Ladwig 11			
3) Nolan Hymas 11	4) Marshall Savage 12			
27.29	57.37	26.15	55.63	
26.60	55.73	25.19	53.31	
8 Lakeland			3:42.36	
1) Silas Ragan 10	2) Brock Raebel 12			
3) Sam Harrell 10	4) Garrett Snyder 12			
27.59	57.43		55.72	
25.95	54.78	26.55	54.43	
9 Hillcrest			3:42.55	
1) Weston Harris 09	2) Hudson Graves 12			
3) Jace Kelly 11	4) Sawyer Gilman 12			
26.30	55.33	27.40	58.65	
27.35	57.64	24.53	50.93	
10 Lewiston			3:51.46	
1) Canyon Von Lindern 10	2) Julian Lentz 12			
3) Jack Pernsteiner 11	4) Kaden Antonich 12			
26.47	54.97	30.35	1:06.37	
26.16	56.05	25.68	54.07	
11 Burley			3:58.12	
1) Austin Hemsley 10	2) Cache Ramsey 10			
3) Brandon Neal 10	4) Tyler Abenroth 11			
26.48	56.50	29.89	1:02.70	
30.64	1:03.79	25.84	55.13	
12 Minico			4:00.62	
1) Hunter Halverson 11	2) Max Halverson 09			
3) Craig Harman 09	4) Parker Wilkins 12			
27.42	57.75	29.99	1:02.76	
30.69	1:03.67	26.70	56.44	