



To Develop, Improve, and Support Competitive Swimming in the Inland Empire

October 19, 2022

RE: General Chair Report to Fall 2022 HOD (Corrected)

Inland Empire Swimming HOD:

Wow, we are in exciting times for our LSC. We start our first season without COVID limitations and impacts on our programming. I am excited as we rebuild and review and plan for the future of how IES can best support all of our members by continuing to develop, improve and support competitive Swimming in the Inland Empire.

Highlights:

- This last summer we sent our largest group from the LSC to the Western Zones meet in recent history and are planning to send a potentially larger group next year.
- We started the new swim year with the roll-out of a new USA-S system referred to as Swim 3.0 and while the roll-out may not have been as smooth as hoped we as an LSC have and continue to work through it with the help and support of many with our great LSC.
- This new season also brought us a new Secretary, Noelle Grigsby, and Jr. Athlete Rep of Codi Thomas and Officials Chair, Keith Lambert.
- We have new coaches, Sara Zwink, and Carolyn Peterson, who were selected to attend the USA-S Women Coach in Governance program.
- Keith Lambert at IES LC Championship was honored with a Lifetime Membership to USA Swimming.
- Thank you to Steve Hudlet for many years as our Officials Chair. He will continue to support our IES official as a member of the officials' committee.
- Thank you to Holly Howard for your support of IES in the role of Secretary.
- We have a full meet calendar through the year's end.
- Three IES Athletes were recognized as Scholastic All-Stars
- An IES Coach was selected to attend USA-S Select Camp

News from USA Swimming

- New marketing material toolkit: <https://www.usaswimming.org/coaches-leaders/team-leaders/marketing-toolkit>
- 60-day transfer: This was passed at the USA-S HOD in September and reduces the transfer window to 60-days and is effective for any pending transfers along with any request moving forward.
- "Olympic" has been removed from the rule book and used by LSC or any other USA-S affiliated group.
- Starting Jan 1, 2023, all meets will be required to have two (2) meet marshals (1 of each gender).
- R-15 – the quality control plan requirement was removed from the HOD agenda to be discussed in more detail with US Center for Safe Sport.

News from the Western Zone

- Passed changes to Age Group Meet
 - Change time standards to AAA USA-S motivational standards
 - Moved relays to finals
 - Replace 400M relays with 200 Mixed Gender
- Approved fees change for both SR and AG meet

News from the LSC

- We are planning a Swimposium on April 15 & 16 in Spokane at Whitworth University
 - There will be focus areas for Athletes, Coach, Officials, and Board members
 - Please contact Office Administrator at iesoffice@ieswim.org if you would like help with this planning.
- We are looking for some additional members to fill out our Board of Directors and working committees. Please contact our Office Administrator if you have any questions or interest in any of these opportunities at iesoffice@ieswim.org
 - **Admin Vice Chair:** The main duty of the Admin VC is to assist General Chair, mainly with administrative matters of the LSC, as directed by the General Chair. They shall conduct meetings in the absence of the General Chair and shall conduct the meetings of the House of Delegates. The Administrative Vice-chair shall aid in the development of policy and the coordination of the activities of the officers and committees within the division internally and with other divisions, and committees.
 - **Operational Risk Chair:** The Chair oversees the IES's safety policies and procedures. The Chair also conveys safety information from USA Swimming to Inland Empire Swimming member clubs and individuals for implementation in our day-to-day practices and meets to help make IES a safer place to swim and compete.
 - **Athletes for IES Standing committees:**
 - a. Technical Planning
 - b. Governance
 - c. Safe Sport/Operational Risk
 - d. Officials
 - e. Finance
 - f. Equipment
 - g. DEI
- The LSC championships in the past were funded by up to ~~\$4,000~~ **\$4,500** in facility costs. As facility costs have increased this funding structure was not sustainable for host teams. Moving forward the LSC will cover facility costs, awards, and credentials. The host will provide all other needs. To support these changes in championship fees were required and are reflected in the Appendix of the Policy and Procedures.

As you can see a lot is going and we as an LSC and back to once again be the best and mightiest LSC in USA Swimming.

I hope to see you on deck somewhere soon!

Jeff Sutton