



To Develop, Improve, and Support Competitive Swimming in the Inland Empire

November 2, 2025

RE: General Chair Report to Fall 2025 HOD

Inland Empire Swimming HOD:

This September, I had the honor and privilege of attending the USA Swimming 2025 Summit.

- Attending training and education on various topics and meeting many other GC from other LSCs.
- Vote on legislation as a voting delegate

Based on these, we are a small but mighty LSC. We have a strong passion to do what is best for our members. Sometimes this passion creates conflict, but it is still rooted in doing what we feel is best for our membership.

We welcome to the Board of Directors:

Senior Chair - Talor McCorry is the head coach of Cougar Aquatic and has agreed to fill in for the remaining term through August 31, 2026. We thank Todd Stafek for temporarily filling this role, which allowed the Board time to find the best individual to fill this vacancy.

Secretary – Christina Landford has agreed to fill the remaining term, through August 31, 2026. This was held by Noelle Grigsby. Per our Bylaws, she had to vacate to take the new role as the Finance Vice Chair.

Highlights Since Spring:

- Supported and hosted the LSC-sponsored Long Course Championship meet.
- Offered Official Evaluations of the Championship meets.
- Athletes broke several LSC records.
- Our LSC sent athletes, coaches, and officials to many meets above the LSC Championship level and has had remarkable success.
- We sent the largest in recent history to the Summer Zone meets.
- Continued into year 2 of the Athlete Council by the leadership of our Junior, Senior, and At-Large Reps. They formed several working groups to support several different topics for our LSC and will continue to build on these efforts into the new season.

If you or your club still have questions about this or other matters, please contact our IES Administrator, Jody, and she can answer your questions or direct your questions or concerns to the correct person.

News from USA Swimming

- New marketing material toolkit: <https://www.usaswimming.org/coaches-leaders/team-leaders/marketing-toolkit>

- New Focus on supporting Clubs/Team/Coaches - Team Services areas of:
 - Team performance and business operations
 - Governance
 - Coach/parent education.
 - Athlete development
 - Inland Empire contact – Mike Novell - mnovell@usaswimming.org
- USA Swimming continues to roll out more education within the USA Swimming University
 - Training clinics/tests for Officials are now online for: (free for members)
 - Stroke and Turn
 - Administrative Official
 - Starter
 - Deck Referee
- Rolled out Coaching Network for <https://www.usaswimming.org/coaches-leaders/coaches/coaches-community>

NEW: Anyone registered will be sent a recording post-meeting, so you do not need to wait 3 months for it to be published.

- 10 &U
 - 11-14
 - Sr Group
 - Team Leaders
- Providing Free Webinars on various topics: <https://www.usaswimming.org/coaches-leaders/connect-learn/programs-services#webinars>
- US Center for Safe Sport provided a clean audit of the USA-S and Jr. National Meet
- Launch of National Practice Data and reporting within SWIMS
- The USA Swimming Legislation Summary for 2025 HOD
<https://websitedevsa.blob.core.windows.net/sitefinity/docs/default-source/rules-regulations/2025-actions-taken-by-hod-summary.pdf>

News from the Western Zone

- Check the Website for updates on meets, as some locations have changed for 2025 and 2026.
<https://www.teamunify.com/team/wzone/page/events#/team-events/upcoming>

News from the LSC

- We have refined how we bid on our 3 LSC Championship Meets.
- We are still working to refine our championship meets. Technical Planning has made recommendations to our Coach Committee for their review and comments. Their (Coach Committee) recommendations will be presented to the full HOD body with the following Goals:
 - Best environment for our members (Athletes, Coaches, Officials, parents)

- Best support for host clubs
 - Planning for our clubs/parents
 - Best value and experiences of the USA Swimming Championship Meet for the intended audience of each meet.
 - Opportunities for all LSC clubs to host/support and grow their ability to host swim meets, be it championships or other events.
- We are looking for some additional members to fill our working committees. Please contact our Office Administrator if you have any questions or interest in any of these opportunities at iesoffice@ieswim.org
- **Athletes for IES Standing committees:**
 - a. Technical Planning
 - b. Governance
 - c. Safe Sport/Operational Risk
 - d. Officials
 - e. Finance
 - f. Equipment
 - g. DEI

Please look at the IES website for my contact information, and if there is something we as LSC can do better or something new or different, let me know. It is through innovative ideas that we will continue to grow and continue to be the best LSC for our Membership.

I am truly proud and honored to be the General Chair of this LSC and get the opportunity to share with the greater USA Swimming Community all that we have done and are still doing.

Jeff Sutton