8:00 PM via Blue Jeans App

Call to Order 8:03pm

Roll Call: John Pringle, Don Hougardy, Jody Rash, Holly Howard, Jade Sobek, April Walkley, Todd Stafek, Keith Lambert, Jeff Sutton, Riana Scott, Sean Muncie.

Request for New Items for New Business:

Olympic Trials

Open Water Chair

Consent Agenda:

- 1) Approval of Minutes from August 22, 2019-Distributed by Holly Howard.
 - ❖ Motion to approve the minutes, by Jeff Sutton, seconded by April Walkley, motion passed with change of USA Swim bylaws deadline to be 12/31/19.

Old Business:

- 1) Convention Follow Up
 - John Pringle: Convention was both productive and fun.
 - o good networking at the LSC leadership level.
 - o Swimmer sessions were impressive and informative.
 - Jody Rash:
 - Increased use of LSC portal for stats, enhancing, more views, preview of motivational times, plus registration, equity and inclusion tutorials.
 - o LSC development, combining all the Leap programs into 1, once renewed all level 1, and all focus on enhancement of using LSC portal.
 - o Focus on governance. Suggested IES can be a beta tester in coming year.
 - o Zones meeting in May to have workshops on development.
 - Concussion protocol done by Jan 15, 2020. State law in OR requires annual renewal by coaches/swimmers, not an IES thing. As we have many meets in OR, all coaches need to be up to date.
 - o Club dues sent to be reworked by USA Swim staff, not increased as expected.
 - o Registration fees for non-athlete, and year-round athlete increased by \$2.
 - Seasonal athlete registration rate only allowed once per registration yr.
 - April Walkley: well-attended and fun. Written report follows before HOD mtg.
 - Jade Sobek:
 - Fees for Western zones will change.

- Age Group Development Workshops, options for novice swim programs, what works and what doesn't.
- o Overall club dues increase discussion interesting: where is money going?

• Sean Muncie:

- Treasurer workshops Russell Mark presenter. Informational about USA Swim
 investments and how they have grown 42 million hoping for LSC investments. Publicly
 traded stock. Bond market trends- pointing towards a recession. Should we be
 supporting the USA swim corporation.
- USAS trying to grow the distance swimmers. Create value in the distance events. Double
 the point value- for the mile swim, that would increase people in the distance.
- Coaches trying to save their own programs, -protect coaches jobs. Recruiting in IES not so prevalent.
- o Is there a disconnect on national level where swimmers are coming from.
- o 3 coaches voted onto the national board, which is a good angle for the board.
- 2) Fiscal Outlook and strategy for HOD by Don Hougardy.
 - Budget: not sent out to the LSC board, as the national convention did not finalize new fees.
 - o At the convention major push back from teams for increasing registration fees.
 - A separate option for IES was discussed to increase meet surcharge to \$13, which would produce a surplus for enhanced Safe Sport, and athlete programs.
 - Don discussed not having a IES registration increase. But only to match USAS registration raise and pass that through.
 - o Discussion over increasing the surcharge for meets \$3.00. (SC \$15, LC \$17, Champs \$23)
 - Keith: put forward his though that if pool rates go up for champs meets go to \$25 the extra could help support teams.
 - Todd questioned why should extra rate go only to Champs meets, when pool costs for regular meets were also problematic.
 - Don spoke to the issue of officials going to national meets are not reimbursed for their costs and this is a disincentive to attend, which is a disservice to the LSC.
 - General agreement that increases should be steady and predictable to allow for growth in IES programs and development.
- A motion was made by Keith Lambert for a \$3 registration increase for all meets going to SC \$15, LC \$17 and Champs \$25 effective this 2019-2020 year. The increase from the Champs meets will go half to cover officials travel reimbursement, and half for athlete, and IES development. Shawn seconded the motion, motion passed.
- 3) Build-A-Pool Update: Jeff Sutton
 - o As of Monday, 7 people signed up for the presentation on October 5.

- o Not the attendance we anticipated, though 6 attendees are from outside the LSC.
- 4) 2020 AG Zones Update (TABLED)
- 5) Shared Services Update (TABLED)
- 6) HOD meeting Sunday October 6, in Tri Cities.
 - Keith Lambert requested all reports be sent to him by Thursday at 5pm.
- 7) Policy & Procedures, By-Laws/Leap 1 Progress
 - By Laws have until 1/1/2020 to vote and accept the changes. The changes are primarily not changing the intent, but rather realigning with US Swimming.
 - Keith stated that we are not ready for HOD approval for the By-Laws updates, so either get the approval now or have another HOD meeting in December.
 - April/SS- proposed a working lunch on Saturday to help board work through the bylaws.
- 8) IES Website Update (new format?) (TABLED)
- 9) Safe Sport—MAAPP (TABLED)
- 10) USA SWIM Board Visit
- Jessica Cooper from USAS, coming on Saturday 10/5/19 10am 5pm with a working lunch followed by dinner.
 - Focus on governance committee now required by USAS.
 - How we bring on new board members,
 - Board policy committee
 - Nominating committee
 - Updating by-laws

New Business:

- Diversity, Equity, and Inclusion Chair
 - o An appropriate person in the IES has been approached to become the new Chair.
- Open Water Chair:
 - There was discussion on the inclusion of Open Water Swim events at the 2020 Western Zones.
 - o John P. will talk to current Open Water Chair Chris Engledow, and see if Chris wants to continue and expand his role.
 - April voiced that it would be beneficial to offer Open water at zones and that other
 Open Water Meets this year were well attended,

- o Jody questioned what is the oversight role of our Zone Planning Groups in regard to the Open Water Events as it is a large undertaking.
- Possibility of holding it at Blue Lake near Gresham, make sure water tested and that all the set-up done correctly.

• Athlete Idea and Process

- Athlete idea: At the convention, Riana Scott learned about a leadership summit by athletes for athletes in the LSC to be held at the Spring HOD in Moses Lake. A planning committee was formed with Riana and Laurel Skorina (new board Jr. Athlete Rep.) and will be the focus of the Athlete Meeting on Sunday before the Fall HOD. A possibility of prizes for attending.
- Areas for consideration: governance, personality assessment, breakout swim session,
 Safe Sport, involvement of athlete reps, and more.
- o Proposed to be open for all swimmers 13 over, plus selected younger swimmers,
- Olympic Trials Reimbursement: Todd Stafek brought up that with the Olympic Trials on the horizon and in 2016 athletes who qualified for the trials and their coach were given \$1,500 each to attend. Currently Taylor McCoy and Ryan Foote have qualified, though not sure if either will be primarily representing IES. Don H. stated that there should be \$6,000 in the account set aside and that the fund is in place no matter how many people qualify. This separate has been previously approved and does not require a HOD vote. It is beneficial to create the expectation that we as an LSC, support the chance to make the trials for all swimmers.
- ❖ Adjourned: The meeting was called and seconded at 9:45pm

Reminder for the Saturday retreat at Tri-Cities Court Club beginning at 10 am with access to the rooms by 9:00am.