



Mission: Developing, Improving, and Supporting Competitive Swimming in the Inland Empire

Vision: Provide a safe and positive atmosphere for all swimmers of all abilities to achieve and sustain lifelong success

July 20, 2020

Call to Order: 6:00 pm by Keith Lambert via Blue Jeans Video

Roll Call: Present: April Walkley, Don Hougardy, Holly Howard, Jade Sobek, Jennifer Tonkyn, Jeff Sutton, Jody Rash, John Pringle, Keith Lambert, Laurel Skorina, Riana Scott, Sean Munchie, Todd Stafek, guest, Jeff Walkley. Not present: Russell Whitaker

Request for Additional Items for New Business Consent Agenda:

Approval of June Minutes-Distributed by Holly Howard. Minor wording changes were proposed by Don Hougardy and the minutes were updated and approved. Final minutes will be posted on the website by Jody Rash.

Old Business: Committee Reports

- **2021 AG Zones Update:** No Report Jody Rash
- **P&P, By-Laws/ Progress:** No Report Keith Lambert
- **Leap 1:** Jody Rash
 - Leap 1: Jody Rash reported that IES had been chosen by USA Swimming to be involved in the pilot program for the Leap 1 update. The new version had been test-released and Jody wanted to share it with the board seeking their feedback.
 - The new program is broken into 3 sections: Governance, Programming, Communication. Each covering 10 areas. An additional area had 10 optional sections, where each LSC needed to complete five.
 - USA Swimming is looking to release the final Leap 1 program in early 2021. Jody is seeking board feedback in all areas. Some IES is quite strong and others, our LSC could benefit from additional attention.
- **Senior Scholarships:** The 2020 senior scholarships were awarded to Riana Scott (female) and YYST Alec Bazaldus (male). The scholarship funds will be sent directly to each parent. A write-up on these two swimmers will be highlighted on the IES Website.
- **IES Festival Update:** The festival, which was the reconfigured Long Course Champs Weekend, meet will not be held this summer.
- **Swimming in the time of Covid-19:** Jody reported that at the U. of I. Vandals pool, the teams are working on protocols for having 2 teams, 60 athletes, 12 support staff, officials, for an allowed 80

person maximum on deck. This framework will be for 2-hour shifts which may allow for a college dual meet to take place and potentially high school or club.

- High school swimming in Idaho still is on schedule to begin practices on August 10th. The Kroc center in Coeur D'Alene has been focusing on the upcoming high school meets, though certainly no free-range movement of swimmers through the facility. These are all just potential meet formats for the fall.
- Virtual Swim Meets: USA Swimming has produced guidance links for virtual meets in helping to figure what the fall may look like. Attach copies of the files. Thanks to Jeff Sutton for highlighting the material.
- There was broad discussion about having virtual or sanctioned meets. In general, if swim times are to be officially recognized then the meet needs to have been sanctioned, both by IES and by USA Swimming. It was discussed suspending the 30/60/90-day rule for sanctioning a meet. A Development meet lasts for under 4 hours. David Cutter remains in charge of IES sanctioning.
- A motion was made that IES will temporarily suspend the policy of on sanction timeline, penalties due to the Covid-19. The board will regularly revisit the need to remove the timing motion. The motion passed and will be shared with teams/coaches. If a meet is sanctioned then the regular fees \$7 per swimmer will be charged as the times are recognized.
- **Financial Update:** Don Hougardy reported on the financials and the investments, year to date. The investments for IES are invested in an income fund and a balanced mutual fund.
 - The Income fund is down approximately \$10,000 since 1/1/20, value 120,500. The Balanced Fund is valued about where it was on 1/1/20 value \$54,000.
 - Both funds are trending in the right direction and overall the IES funds are in a good financial position.
- **Safe Sport Update:** April Walkley: April attended (online) the National Safe Sport Meeting and reported back to the board.
 - About 1/3 of LSC clubs have achieved updated Safe Sport Status. 11,000 parents, 9,000 swimmers have taken the online training on the learn platform plus another 6,000 have taken the live webinar series.
 - Upcoming focus of Safe Sport meetings to cover suicide, ACES (Adverse Childhood Experiences) and Resilience Training.
April warned that USA Swimming has updated their page and several links are not working, so stay tuned for more details.
 - Safe Sport Impact Award: USA Swimming is seeking coaches, team leaders, swimmers to be nominated for the award. Application is due July 31. The focus is to highlight folks who have gone above and beyond for Safe Sport activities.
- **Athlete Update:** Riana reported out that she had reached out to Kaitlin Sandeno regarding presenting at an Athlete's zoom meeting. However, she is still waiting to see if schedules and fees will allow it to happen. There is \$1,000 that had been allocated to Athlete's for the leadership conference, that is not being used and will be available.
 - Riana reported that she is already on a national committee, and is applying to be the Western Zone Athlete representative.
 - Upcoming athlete meeting will be a game night.
- **Website and Registration update:** Jody Rash explained that the IES website is being reconfigured. She requested new photos which must be 1,200 x 480 Pixels. Stay posted.
 - Registration: Jody Rash expressed that the new IES registration calendar is being rolled out with the goal of reducing the year-end crush of athlete, non-athletes, and team registrations.
 - Goals: New swimmers must be registered when they begin. Teams and Non-athlete members (board members, officials etc.) should be registered before October. Athletes re-registering should begin in September and be completed by November. Jody stated that all this information will be sent out to the coaches/teams in July.

- **Open Water Swimming:** Jeff Walkley wanted to stress the safety concerns now that more swimmers are exploring open Water options.
 - There is a McCall straight mile Open Water Swim coming up soon and teams are sending swimmers. The Western Zone Open Water Championships will be held in San Diego September 12th. The events will cover 1,3,5 km distances.
 - The USA website Open Water links:
 - Structuring open water workouts - USA Swimming best practices for workouts and safety video: <https://vimeo.com/421248578/1c53399ed7>
 - Open Water Resources and safety information: <https://www.usaswimming.org/docs/default-source/open-water-resources/open-water-safety-checklist-updated.pdf>
 - USA Swimming meet resources: <https://www.usaswimming.org/swimmers-parents/swimmers/open-water/open-water-meet-managment>
 - Open Water standards for officials: <https://www.usaswimming.org/docs/default-source/open-water-resources/usa-swimming-minimum-standards-guidelines-for-officials.pdf>
- **Athlete Representative at Large to the Board:** The expectations are that the makeup of the board and committees, as determined by USA swimming, be comprised of at least 20% athlete participation.
 - Currently IES is below that level. If an athlete representative at large position is added to the board, then IES will be in compliance. There was discussion on how to increase swimmer participation on the board. A swimmer must be at least 16 years old.
 - A motion was made and voted upon to add an at large athlete to a board position. It was also voted to have Riana Scott serve in that capacity for the upcoming year.

New Business:

- **Social Media:** Jody reported that IES has the following social media accounts:
 - FaceBook- April and Jody are Administrators- April does most of the posting
 - Instagram- April and Jody are administrators- Jody does most of the posting.
 - Jody expressed that it would be great if athlete reps were more involved in social media. They would need to be Safe Sport certified and be aware of all the safety guidelines.
 - Riana spoke that Florida Swimming had a well-run social media program where the swimmers were totally engaged. She will research further.
- **General information:** Sean Munchie spoke with David Oar regarding the current way to have more swimmers in a lane. The lesson plan allows for 5 swimmers per lane, while the current allowed system is 3 swimmers. It is still not certain how all the protocols for the upcoming months will unfold. If anyone has different working suggestions please let Sean know.
- John Pringle stated that the Eastmont Pool will now be operated by the City Parks and Recreation of East Wenatchee. This was viewed as a positive changed.

Meeting adjourned 7:29 pm

Next Board meeting scheduled for Monday, August 17th, via Blue Jeans- 6pm subject to change.

*Respectfully submitted,
Holly T. Howard, IES Secretary*